

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Female aged 16-19

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	川	2305	CHAN NGA TING	陳雅婷	00:48:30
2	海	2302	NG YAM MAN	吳鑫敏	00:57:41
3	浪	2304	PHIEU CAMILLE	Cecile	01:01:05

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Female aged 20-24

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	浪	2430	CHAN WAI YAN ALISON	陳蔚忻	00:44:28
2	浪	2431	LEUNG FUK YEE	梁馥而	00:45:11
3	川	2351	HUI WAN TUNG	Kristy	00:46:47

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Female aged 25-29

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	2534	LAU IN TUNG	劉彥彤	00:44:36
2	海	2600	ZHOLDANOVA MADIYA		00:44:58
3	海	2478	FAN SHUN HIM		00:45:07

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Female aged 30-34

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	川	2897	LAI WING YAN		00:41:57
2	海	2812	CHEUNG PAK YAN	張栢妍	00:44:38
3	川	2720	LI CAROL	利嘉露	00:47:38

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Female aged 35-39

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	6587	GAN YING		00:42:33
2	海	6568	LAI WAI CHUN	賴惠珍	00:45:17
3	海	6466	LAI SZE LAI	黎詩麗	00:45:24

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Female aged 40-44

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	川	6794	BAJE BERNADETTE		00:47:18
2	川	6806	KAM HAY		00:48:04
3	浪	6757	TSUN HOI YAN TIFFANY		00:48:38

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Female aged 45-49

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	6947	KAN WINNIE		00:47:04
2	海	6970	CHEUNG WAI YAN		00:47:29
3	浪	6908	WONG MAGGIE		00:47:48

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Female aged 50 or above

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	浪	2978	TAM SIU YIN	譚小燕	00:44:50
2	川	3062	WONG HIU FAI	黃曉暉	00:50:49
3	淹	3059	LEUNG GLORIA		00:51:21

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Male aged 16-19

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	淹	1004	CHAN CHIU SEN	陳釗辰	00:45:02
2	浪	1022	HO CHEUK LAAM	何卓嵐	00:47:29
3	川	1020	DENG KAM HUNG	鄧錦鴻	00:48:20

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Male aged 20-24

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	川	5112	YEUNG JASON CHUN HO	楊雋濠	00:34:47
2	川	5161	YEUNG KAK	楊格	00:35:16
3	川	5113	YIP CHUN KIU	葉駿翹	00:35:18

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Male aged 25-29

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	淹	1063	TANG TSZ SENG	鄧梓惺	00:34:45
2	淹	1217	KAM YUK CHUK	金育竹	00:35:15
3	海	1220	CHEUNG TSUNHO	張峻豪	00:36:08

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Male aged 30-34

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	浪	1682	HO YUNG YIN	何雍賢	00:34:27
2	海	1645	LAM YU GIT	林子喆	00:37:02
3	海	1680	LEE TSZ KIT	李子傑	00:37:03

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Male aged 35-39

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	浪	1942	HUI MAN LUNG	許文龍	00:37:32
2	浪	2186	LAU KAI CHUNG	劉啟聰	00:37:36
3	浪	2061	KO TSZ YEUNG	高梓揚	00:37:54

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Male aged 40-44

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	川	5517	AU YEUNG WANG KIN		00:37:15
2	海	5187	LOK YIU HONG	駱耀康	00:37:25
3	淹	5312	KAN ROY	簡智傑	00:37:37

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10KM GO RUN Individual Race - Male aged 45-49

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	5851	TAM TONY	譚錫棠	00:37:21
2	川	5733	LAI KAT	賴吉	00:38:38
3	淹	5718	CHENG CHI PUM	鄭智斌	00:41:04

Pocari Sweat Run Fest 2024

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10KM GO RUN Individual Race - Male aged 50-54

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	6139	CHAN WAI KAY	陳偉琪	00:41:28
2	川	6088	IWANABE TAKAZUMI		00:41:31
3	浪	6068	WONG DAVID	王大維	00:43:20

Pocari Sweat Run Fest 2024

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10KM GO RUN Individual Race - Male aged 55-59

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	6253	LEE CHI KEUNG	李志強	00:41:40
2	浪	6241	CHAN WAI MAN	Wai	00:43:40
3	海	6303	HO KA WAH		00:43:49

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

10KM GO RUN Individual Race - Male aged 60 or above

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	淹	6323	TSE TIT HO ANTHONY	謝鐵豪	00:42:53
2	海	6370	PANG HON HUNG		00:43:16
3	淹	6344	HO WING KAI		00:47:15