

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Female aged 8-9

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	9174	CHAN SZE YIN	陳詩然	00:14:55
2	川	9177	黃 奕詩		00:15:49.85
3	浪	9180	KWOK SHING YAN		00:15:50.16

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Female aged 10-11

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	9215	CHUNG CHEUK LAM	鍾焯琳	00:12:26
2	海	9210	COLIN-JONES LYLA	Geraldine	00:13:26
3	海	9204	CHAN NOK YIN	陳諾妍	00:13:34

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Female aged 12-13

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	9232	IP HEUNG CHING	葉向晴	00:12:23
2	浪	9233	NGAN LOK YI	顏樂誼	00:12:24
3	海	9238	LI TSZ YAU AUDREY		00:13:37

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Female aged 14-15

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	浪	9274	WONG LOK TUNG	王樂彤	00:12:18
2	川	9275	LI HOI MING	李凱明	00:14:20
3	淹	9277	LEE YAN KIU	李欣蕎	00:14:58

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Female aged 16-29

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	浪	8651	Cheng Chak Yan	鄭澤恩	00:13:42
2	海	8601	FONG PUI LING	方珮鈴	00:13:48
3	浪	8617	LAI PUI LING	黎佩伶	00:14:37

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Female aged 30-39

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	浪	8809	HO LOK LAM	何樂琳	00:14:28
2	淹	8912	TSANG WAI YIN APRIL	曾惠賢	00:14:48
3	海	8780	TSE KEI YAN YAMMY	謝琦茵	00:15:17

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Female aged 40 or above

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	川	9459	CHAN LILY		00:12:53
2	川	9294	CHENG YUK MEI GRACE	鄭玉媚	00:13:16
3	海	9347	LAM KA YEE	林嘉儀	00:14:40

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Male aged 8-9

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	浪	9020	WONG YUEN	黃元	00:12:05
2	海	9003		劉曉立	00:12:19
3	海	9017	ZHANG LOGAN		00:13:40

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Male aged 10-11

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	淹	9077	CHAN PAK LONG	陳柏朗	00:11:16
2	海	9071	SHAM KWAN LOK	沈鈞諾	00:11:26
3	浪	9046	CHAN KAI LIM CYRIL		00:11:54

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Male aged 12-13

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	9101	WONG CHUEK TANG	黃卓騰	00:10:12
2	川	9103	WONG TSZ WA	黃梓華	00:11:11
3	川	9114	NG TSZ HIM	吳子謙	00:11:38

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Male aged 14-15

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	9150	CHUM TSZ HO	覃子皓	00:10:23
2	海	9142	COLIN-JONES JACK		00:11:26
3	川	9157	CHU HO TING		00:11:27

Pocari Sweat Run Fest 2024

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3KM GO RUN Individual Race - Male aged 16-29

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	海	8008	YAU HIN LUN	邱顯倫	00:09:58
2	海	8075	FUNG HEI HO	馮希昊	00:10:08
3	浪	8127	CHEUNG YU CHING	張裕程	00:10:37

Pocari Sweat Run Fest 2024

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3KM GO RUN Individual Race - Male aged 30-39

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	浪	8207	TSOI WING WAI	蔡永威	00:10:43
2	海	8160	CHOI CHI KAN	蔡智勤	00:10:59
3	川	8196	FU HON CHIN		00:11:42

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Male aged 40-49

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	浪	8400	TSIA KIN MAN	謝堅文	00:11:05
2	淹	8359	YEUNG CHIU YEUNG	楊超陽	00:11:32
3	海	8322	WONG MIKE	王	00:11:45

Pocari Sweat Run Fest 2024

Date: 1 Dec 2024 (Sun)

3KM GO RUN Individual Race - Male aged 50 or above

Rank	Club	BIB	English Name	Chinese Name	Official Time
1	川	8691	WONG YIU FAI	myfamily	00:12:22
2	川	8741	CHENG KAM CHOI	鄭錦材	00:15:33
3	浪	8681	CHENG ROBERT		00:15:45