Date: 1 Dec 2024 (Sun)

| Overall osition | Gender position | Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|-----------------|--------------------|----------------------|--|------------|--------------|---|--------------|----------------------|----------------------|-------------|
| 81 | 24 | 1 | 5KM GO RUN Individual Race - Female aged 12-13 | Ш | 7101 | HO KEI YAN YANNETTE | 何其殷 | 00:26:42 | 00:26:32 | |
| 75 | 41 | 2 | 5KM GO RUN Individual Race - Female aged 12-13 | 滝 | 7107 | LEUNG HEI CHING | 梁熹晴 | 00:28:37 | 00:28:31 | |
| 308 345 | 297 321 | 3 4 | 5KM GO RUN Individual Race - Female aged 12-13 5KM GO RUN Individual Race - Female aged 12-13 | JII JII | 7102 7116 | NG YIN SHUEN WEN YUE QI | 溫悅琪 | 00:36:19 00:36:51 | 00:35:37 00:36:38 | |
| 879 | 346 | 5 | 5KM GO RUN Individual Race - Female aged 12-13 | 海 | 7105 | CHUNG HIU TUNG MAVIS | 鍾曉彤 | 00:37:17 | 00:33:37 | |
| 1084 | 503 | 6 | 5KM GO RUN Individual Race - Female aged 12-13 | 海 | 7108 | CHEN TSZ YIN | 陳芷嫣 | 00:40:51 | 00:40:49 | |
| 1101 1199 | 514 592 | 7 8 | 5KM GO RUN Individual Race - Female aged 12-13 5KM GO RUN Individual Race - Female aged 12-13 | 海滝 | 7106 7117 | HUNG TSZ HUEN CHU CHEUK YIU | 洪紫萱 朱卓瑤 | 00:41:31 00:45:37 | 00:41:17 00:45:23 | |
| 1204 | 597 | 9 | 5KM GO RUN Individual Race - Female aged 12-13 | Л | 7119 | WONG MAN YI | 黃敏宜 | 00:45:43 | 00:45:35 | |
| 1210 | 603 | 10 | 5KM GO RUN Individual Race - Female aged 12-13 | 滝 | 7118 | HUI SING YUET | 許星悅 | 00:45:53 | 00:45:40 | |
| 1225 1266 | 615 650 | 11 | 5KM GO RUN Individual Race - Female aged 12-13 5KM GO RUN Individual Race - Female aged 12-13 | JII JII | 7110 7109 | TAM CHING SZE JACY TANG TSZ CHING | 談靜思 鄧紫晴 | 00:46:37 00:50:13 | 00:46:29 00:50:07 | |
| 1267 | 651 | 13 | 5KM GO RUN Individual Race - Female aged 12-13 | 浪 | 7112 | LO HEI LAM | 羅曦琳 | 00:50:13 | 00:50:09 | |
| 1291 | 669 | 14 | 5KM GO RUN Individual Race - Female aged 12-13 | 浪油 | 7115 | PONG YUEN KI | 龐琬琪 | 00:55:10 | 00:55:06 | |
| 1293 1294 | 670 671 | 15 16 | 5KM GO RUN Individual Race - Female aged 12-13 5KM GO RUN Individual Race - Female aged 12-13 | 浪川 | 7113 7111 | CHAN WING KIU CHUI YUEN NING | 陳泳蕎 徐苑甯 | 00:55:15 00:55:15 | 00:55:07 00:55:08 | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 12-13 | 浪 | 7103 | HARMONIE LIANG | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 12-13 | 海浪 | 7104 | HATIN YUET | 夏天悦 | DNS | DNS | |
| 137 | 11 | 1 | 5KM GO RUN Individual Race - Female aged 12-13 5KM GO RUN Individual Race - Female aged 14-15 | 海 | 7114 7136 | SHI PUI YING CHOW JAMIAN MIHARU | 施貝盈 問海晴 | DNS 00:25:23 | 00:25:22 | |
| 141 | 13 | 2 | 5KM GO RUN Individual Race - Female aged 14-15 | 海 | 7139 | CHAN YUI CHING | 陳睿晴 | 00:25:27 | 00:24:50 | |
| 173 209 | 22 | 3 4 | 5KM GO RUN Individual Race - Female aged 14-15 5KM GO RUN Individual Race - Female aged 14-15 | 海海 | 7132 7131 | ZHOU LING WEI LAURA CHU WUN YIN | 周凌薇 朱媛妍 | 00:26:28 00:27:19 | 00:25:58 | |
| 317 | 50 | 5 | 5KM GO RUN Individual Race - Female aged 14-15 | 浪 | 7131 | CHONG HIRAM | 莊晞霖 | 00:27:19 | 00:28:53 | |
| 318 | 51 | 6 | 5KM GO RUN Individual Race - Female aged 14-15 | 滝 | 7135 | CHUNG HEI KIU, OSANNA | 鍾睎嶠 | 00:29:20 | 00:29:18 | |
| 387 | 75 | 7 | 5KM GO RUN Individual Race - Female aged 14-15 5KM GO RUN Individual Race - Female aged 14-15 | 海 | 7133 | ZHOU LING FEI LINDSEY | 周凌菲 龍泰花 | 00:30:16 00:33:45 | 00:29:45 | |
| 639 666 | 193 210 | 9 | 5KM GO RUN Individual Race - Female aged 14-15 5KM GO RUN Individual Race - Female aged 14-15 | 滝 浪 | 7149 7145 | KUNG SUET YIU LEE OI SZE | 襲雪瑤 李藹詩 | 00:33:45 | 00:33:40 00:34:03 | |
| 692 | 227 | 10 | 5KM GO RUN Individual Race - Female aged 14-15 | 滝 | 7148 | YUEN WING YIN | 袁詠妍 | 00:34:26 | 00:34:26 | |
| 775 791 | 273 284 | 11 12 | 5KM GO RUN Individual Race - Female aged 14-15 5KM GO RUN Individual Race - Female aged 14-15 | JII JII | 7141 7142 | TSOI CHEUK YU WONG HOI TING | 蔡卓瑜 黃愷婷 | 00:35:43 00:35:58 | 00:35:30 00:35:45 | |
| 791 | 284 | 13 | 5KM GO RUN Individual Race - Female aged 14-15 5KM GO RUN Individual Race - Female aged 14-15 | 浪 | 7142 | WONG CHEUK CHI PANIZ | 黄綽姿 | 00:35:58 | 00:35:45 | |
| 847 | 322 | 14 | 5KM GO RUN Individual Race - Female aged 14-15 | Л | 7140 | TANG HOI LAM | 鄧愷琳 | 00:36:51 | 00:36:48 | |
| 1121 1154 | 528 556 | 15 16 | 5KM GO RUN Individual Race - Female aged 14-15 5KM GO RUN Individual Race - Female aged 14-15 | 浪滝 | 7154 7150 | YU SUET LING LAU HO YI | | 00:42:18 00:43:12 | 00:42:09 00:43:07 | |
| 1154 | 581 | 17 | 5KM GO RUN Individual Race - Female aged 14-15 | 浪 | 7146 | SO HOI YING | 蘇凱盈 | 00:44:57 | 00:43:07 | |
| 1201 | 594 | 18 | 5KM GO RUN Individual Race - Female aged 14-15 | 浪 | 7144 | SU LOK SZE | 蘇樂詩 | 00:45:39 | 00:45:31 | |
| 1205 | 598 | 19 | 5KM GO RUN Individual Race - Female aged 14-15 5KM GO RUN Individual Race - Female aged 14-15 | 浪海 | 7143 7134 | WONG YUET LAM LAM HOI CHING | 黄悅琳 林暟澄 | 00:45:43 00:36:31 | 00:45:30 00:35:21 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 14-15 | 浪 | 7137 | KONG WAN SZE | 江韻詩 | DQ | DQ | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 14-15 | 滝 | 7147 | WONG KITLING | 黃傑玲 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 14-15 5KM GO RUN Individual Race - Female aged 14-15 | 浪浪 | 7152 7153 | AU MING WAI KAM CHARLENE | 駅銘慧 甘焯琳 | DNS DNS | DNS | |
| 30 | 1 | 1 | 5KM GO RUN Individual Race - Female aged 14-13 | 浪 | 7248 | KWONG WING KEI | 鄺詠淇 | 00:19:41 | 00:19:41 | |
| 111 | 6 | 2 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7273 | CHIN CHING TUNG | Chin Tung | 00:24:37 | 00:24:37 | |
| 121 | 9 | 3 4 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7387 7323 | LAW TSZ TING WONG PIK WA | 羅芷婷 | 00:24:52 | 00:24:47 | |
| 134 | 10 | 5 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7179 | PANG SIN YING STELLA | 彭倩瑩 | 00:25:00 | 00:24:55 | |
| 148 | 14 | 6 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7383 | TSANG SHUK TING | 曾淑婷 | 00:25:38 | 00:25:00 | |
| 151 153 | 15 16 | 7 8 | 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7264 7246 | WONG TSZ CHING JOCELYN HUNG SUET CHING | | 00:25:41 | 00:25:41 00:25:32 | |
| 156 | 18 | 9 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7245 | LEE CHEUK YU | | 00:25:50 | 00:25:32 | |
| 160 | 19 | 10 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7255 | YEUNG SHUK YIN KEREN | | 00:25:58 | 00:25:55 | |
| 169 | 21 | 11 | 5KM GO RUN Individual Race - Female aged 16-29 | Ш | 7417 | CHEUNG YUK YU | 張玉如 | 00:26:24 | 00:26:04 | |
| 177 206 | 23 26 | 12 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | JII JII | 7196 7427 | WONG WING YAN TAM SZE YU | 黄詠欣 譚詩渝 | 00:26:38 00:27:16 | 00:26:36 00:27:16 | |
| 220 | 30 | 14 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7358 | LO SIN MAN | 羅倩文 | 00:27:34 | 00:27:24 | |
| 226 | 32 | 15 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7177 | CHEUNG PO YUE WINSOME | 張寶如 | 00:27:42 | 00:27:35 | |
| 248 256 | 36 37 | 16 17 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7284 7365 | LAM HAU YING WONG YUET TUNG | 林巧盈 黄鉞潼 | 00:28:05 00:28:16 | 00:27:28 | |
| 269 | 40 | 18 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7247 | WONG HO YAN | 黃皓欣 | 00:28:32 | 00:27:34 | |
| 289 | 44 | 19 20 | 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7263 7165 | LUI TSZ TSUN NATALIE | 雷芷臻 | 00:28:48 | 00:28:48 | |
| 301 | 47 | 21 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7326 | CHOW CHUI SHAN | 177月1年 | 00:28:57 | 00:28:23 | |
| 310 | 49 | 22 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7176 | FONG VICTORIA | | 00:29:08 | 00:28:32 | |
| 329 | 53 | 23 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪海 | 7412 | TSEUNG YAN YI | 蔣欣怡 吳蒨婷 | 00:29:26 | 00:28:50 | |
| 330 331 | 54 55 | 24 25 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7228 7343 | NG SIN TING SALIMBANGON GABRIELLIE | 大调炉 | 00:29:28 | 00:28:22 00:29:11 | |
| 334 | 56 | 26 | 5KM GO RUN Individual Race - Female aged 16-29 | Ш | 7265 | LEE HIU YAN | 李曉欣 | 00:29:31 | 00:28:44 | |
| 339 341 | 57 59 | 27 28 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7415 7187 | LI WING YEE CHAN HING YI | 李泳儀 | 00:29:35 00:29:35 | 00:28:58 00:29:21 | |
| 341 | 60 | 28 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7283 | LAI TSZ KWAN | | 00:29:35 | 00:29:21 | |
| 349 | 65 | 30 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7350 | WONG WING CHI | 王詠姿 | 00:29:40 | 00:29:24 | |
| 358 382 | 67 73 | 31 32 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7422 7298 | CHAN MEI SIN YU PUI SZE | 陳美倩 余佩思 | 00:29:56 00:30:11 | 00:29:48 | |
| 383 | 74 | 33 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 川 | 7303 | TSANG HING KIU | 一一一一一一一 | 00:30:11 | 00:29:05 | |
| 398 | 77 | 34 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7290 | CHAN HO YI | 陳可頤 | 00:30:27 | 00:30:10 | |
| 401 424 | 79 85 | 35 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 浪 | 7420 7399 | HWANG EUGENE | | 00:30:28 00:30:47 | 00:30:08 00:29:50 | |
| 424 | 85 88 | 36 37 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7399 | LEUNG CHEUNG PING LIN KA LEE | 林嘉利 | 00:30:47 | 00:29:50 | |
| 439 | 91 | 38 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7327 | LAM YAN YI | 林恩宜 | 00:30:59 | 00:30:20 | |
| 448 | 94 | 39 | 5KM GO RUN Individual Race - Female aged 16-29 | 海油 | 7234 | HO KA WING | 何珈穎 | 00:31:06 | 00:30:01 | |
| 466 470 | 98 101 | 40 41 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪滝 | 7314 7204 | CHEUNG LOK CHING MAK YAN TING | 張樂晴 麥欣婷 | 00:31:30 00:31:32 | 00:31:01 00:31:19 | |
| 479 | 105 | 42 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7296 | LI SHUN HEI | 李信希 | 00:31:41 | 00:30:53 | |
| 485 | 107 | 43 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7173 | LEE EUGENIA | 李芷瑩 | 00:31:47 | 00:30:32 | |
| 502 507 | 112 114 | 44 45 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海浪 | 7277 7240 | CHUNG WAI SZE LAW TSZ SHSN | 羅芷珊 | 00:32:00 00:32:05 | 00:31:08 00:31:07 | |
| 512 | 117 | 46 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7217 | KO LING YAN | | 00:32:09 | 00:31:50 | |
| 513 | 118 | 47 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7361 | KOK SUEN TUNG | 郭宣彤 | 00:32:10 | 00:31:47 | |
| 515 517 | 119 120 | 48 49 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7360 7161 | LEUNG KA SIN WONG YING YI JULIA | 黃映誼 | 00:32:12 00:32:14 | 00:31:49 00:31:34 | |
| 518 | 121 | 50 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7381 | CHU HOI WAI | 朱凱瑋 | 00:32:14 | 00:31:34 | |
| 539 | 129 | 51 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7212 | CHAN JOSEPHINE | | 00:32:33 | 00:31:56 | |
| 542 | 132 | 52 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪川 | 7334 | HO YUAN SHENG | 何元生 法加蔚 | 00:32:35 | 00:32:12 | |
| 547 | 135 141 | 53 54 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | JII | 7444 7352 | SIN KA WAI AGNES TING KA WAI | 洗珈蔚 丁嘉惠 | 00:32:39 00:32:45 | 00:32:28 00:32:21 | |
| 556 | | | | | | | 2 204 701 | | | |
| 556 560 | 145 | 55 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7340 | CHEUNG HAU WING | | 00:32:48 | 00:31:55 | |

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| verall sition | Gender (| Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|---------------|------------|----------------------|--|---------------|--------------|---|--------------|----------------------|----------------------|---------|
| 565 | 149 | 58 | 5KM GO RUN Individual Race - Female aged 16-29 | Л | 7354 | TING KA YAN | 丁嘉欣 | 00:32:56 | 00:32:32 | |
| 570 | 151 | 59 | 5KM GO RUN Individual Race - Female aged 16-29 | Ш | 7448 | IP TSZ SHAN | 葉芷珊 | 00:32:59 | 00:32:47 | |
| 72 74 | 152 154 | 60 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪川 | 7253 7344 | HUI SIN YAU CHEUNG HAU YING | 許善 張巧盈 | 00:33:02 00:33:03 | 00:31:51 00:32:11 | |
| 75 | 155 | 62 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7400 | CHEUNG WAI | 張瑋 | 00:33:04 | 00:32:59 | |
| 78 | 156 | 63 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7184 | SZE SUEN YI | 05-44-14 | 00:33:05 | 00:32:29 | |
| 80 81 | 158 159 | 64 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7169 7183 | HUNG TSZ CHING LEUNG WING YAN | 熊芷靖 梁詠欣 | 00:33:06 00:33:07 | 00:32:49 | |
| 83 | 160 | 66 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7295 | TSOI SUM YI SAMMI | 3KB3//K | 00:33:09 | 00:32:23 | |
| 87 | 162 | 67 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7182 | HO PUI YING | 何佩盈 | 00:33:10 | 00:32:34 | |
| 93 05 | 167 173 | 68 69 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海滝 | 7408 7397 | WONG CHEE YING LEUNG WING LAM | 梁詠琳 | 00:33:17 00:33:24 | 00:32:34 | |
| 11 | 176 | 70 | 5KM GO RUN Individual Race - Female aged 16-29 | Л | 7456 | LAM HIU MAN | 林曉雯 | 00:33:25 | 00:33:14 | |
| 16 | 180 | 71 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7302 | MA YAN CHING | 馬炘晴 | 00:33:29 | 00:33:03 | |
| 38 43 | 192 195 | 72 73 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7414 7229 | LAU HOI YI LEE MAN YI | 劉凱怡 李敏兒 | 00:33:45 00:33:49 | 00:32:33 | |
| 51 | 197 | 74 | 5KM GO RUN Individual Race - Female aged 16-29 | JII | 7281 | WONG KA MAN | 3 9070 | 00:33:59 | 00:33:55 | |
| 52 | 198 | 75 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7338 | LI JOY SZE | 李載思 | 00:34:01 | 00:33:39 | |
| 56 57 | 200 | 76 77 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7266 7347 | FAN TSZ KIU KIKO CHEUK HIU TING | 卓曉婷 | 00:34:02 00:34:02 | 00:33:35 00:33:36 | |
| 58 | 202 | 78 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7403 | CHEUNG HOI SHAN | 張愷珊 | 00:34:05 | 00:33:26 | |
| 63 | 207 | 79 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7411 | TO WEN WAI | 杜昀蔚 | 00:34:07 | 00:32:47 | |
| 64 72 | 208 | 80 81 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝 浪 | 7189 7362 | WONG MIU CHUN LAU NGA TING | 劉雅婷 | 00:34:08 00:34:12 | 00:33:41 | |
| 75 | 215 | 82 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7330 | CHAN WAI LAM | 陳瑋霖 | 00:34:14 | 00:33:35 | |
| 76 | 216 | 83 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7331 | HO TIK LAM DEBBIE | 何迪琳 | 00:34:14 | 00:33:36 | |
| 77 82 | 217 | 84 85 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海浪 | 7328 7301 | NG TSZ YING LEE NAYOUNG | | 00:34:20 00:34:23 | 00:33:41 | |
| 85 | 224 | 86 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7405 | TO KA MAN | 杜嘉敏 | 00:34:24 | 00:34:03 | |
| 88 | 225 | 87 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝油 | 7458 | CHANG LAI TING | 鄭麗婷 | 00:34:26 | 00:34:26 | |
| 91 96 | 226 229 | 88 89 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7423 7262 | BUT TIN YIU CHENG YI TING | 鄭伊婷 | 00:34:26 00:34:35 | 00:34:07 00:34:08 | |
| 97 | 230 | 90 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7239 | MUI TSZ YAU | 梅子悠 | 00:34:35 | 00:34:00 | |
| 03 | 233 | 91 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7180 | NGAI WING YAN | | 00:34:39 | 00:34:12 | |
| 08 09 | 236 237 | 92 93 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7345 7243 | CHAN PUI WAH WONG YUET KWAI | 黃悦桂 | 00:34:42 | 00:34:06 00:34:41 | |
| 12 | 238 | 94 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7388 | HEUNG SIN TING | 香蒨婷 | 00:34:47 | 00:34:06 | |
| 20 | 244 | 95 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7175 | FOK YIN TUNG BAKHITA | GH 7 10 | 00:34:51 | 00:34:27 | |
| 22 24 | 245 246 | 96 97 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝 川 | 7174 7370 | LAU SUM YUET JOYCE KU CHING SUM | 劉心悅 顧正琛 | 00:34:52 00:34:53 | 00:34:29 00:34:40 | |
| 26 | 248 | 98 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7409 | KWOK CHING KIU | MAY ALL THE | 00:34:55 | 00:34:23 | |
| 33 | 251 | 99 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7198 | WONG HIU YING | 黄曉盈 | 00:34:58 | 00:33:53 | |
| 34 35 | 252 253 | 100 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7233 7410 | LEE YIK SUM LAW HOI CHING | 李奕心羅鎧澄 | 00:34:59 00:34:59 | 00:34:30 00:33:38 | |
| 38 | 255 | 102 | 5KM GO RUN Individual Race - Female aged 16-29 | JII | 7259 | CHEN YUEN YEE | 陳沅儀 | 00:35:02 | 00:34:20 | |
| 40 | 257 | 103 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7310 | CHAN SHUN NAM ALICE | 陳淳楠 | 00:35:04 | 00:34:02 | |
| 14 57 | 259 265 | 104 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海浪 | 7392 7315 | NG SING PING MA HOI CHING JOYCE | 吳聲平 馬凱晴 | 00:35:07 00:35:23 | 00:34:44 | |
| 58 | 270 | 106 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7384 | NG SIN YING SHIRLEY | 吳倩盈 | 00:35:35 | 00:34:20 | |
| 59 | 271 | 107 | 5KM GO RUN Individual Race - Female aged 16-29 | Ш | 7278 | KWOK HO CHING | m 14-11 | 00:35:36 | 00:34:44 | |
| 73 94 | 272 287 | 108 109 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7280 7421 | LAW TSZ LAM LEE YING YEE KRINSKY | 羅梓琳 李盈嬑 | 00:35:41 00:36:02 | 00:34:49 00:35:20 | |
| 95 | 288 | 110 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7372 | LAI YUN YI | 黎潤兒 | 00:36:03 | 00:35:12 | |
| 05 | 295 | 111 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7190 | LAM SZE WING | \II +> 7+ | 00:36:16 | 00:35:40 | |
| 06 14 | 296 301 | 112 113 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海浪 | 7268 7351 | HUNG WING CHUN CONNIE SZE ELEANOR JANE | 洪詠臻 | 00:36:16 00:36:22 | 00:35:18 00:35:15 | |
| 16 | 302 | 114 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7225 | CHAN CHING YI | 陳晴兒 | 00:36:23 | 00:35:47 | |
| 49 | 323 | 115 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7379 | WONG TSUN YEE SABRINA | 王蓁兒 | 00:36:53 | 00:36:38 | |
| 51 53 | 324 326 | 116 117 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7398 7402 | LIU KA MAN WONG LOK MAN | 黃樂雯 | 00:36:54 00:36:56 | 00:35:59 00:36:18 | |
| 55 | 328 | 118 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7270 | CHAN HEI TUNG FION | WW.X | 00:37:01 | 00:35:27 | |
| 57 | 329 | 119 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7377 | CHAN MAN YAN | 陳文欣 | 00:37:02 | 00:35:56 | |
| 54 55 | 335 | 120 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7439 | BOOK SZE WAN | ト詩韻 黃希燁 | 00:37:05 | 00:37:01 | |
| 56 | 336 337 | 121 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | JII | 7455 7251 | WONG HEI TUNG WONG CHEUK YING | 州市 | 00:37:05 00:37:08 | 00:37:01 00:36:08 | |
| 59 | 339 | 123 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7166 | LEUNG TUNG YING | 梁東盈 | 00:37:10 | 00:36:28 | |
| 32 90 | 348 354 | 124 125 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | JII JII | 7357 7207 | SIN HO YI TSANG YUEN KI | 曾沅淇 | 00:37:22 00:37:29 | 00:36:59 00:36:55 | |
| 90 | 354 | 126 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7217 | LAU HO CHING | 日ルボ | 00:37:29 | 00:36:55 | |
| 94 | 358 | 127 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7218 | LEE YAN KIU | 李昕蕎 | 00:37:31 | 00:37:15 | |
| 96 97 | 360 361 | 128 129 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7260 7261 | KEI HIU TUNG OLIVIA MOK KACEY | 祁曉彤 | 00:37:33 00:37:33 | 00:36:47 00:36:48 | |
| 98 | 362 | 130 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7346 | LI TSZ CHING | 李芷晴 | 00:37:33 | 00:36:48 | |
| 00 | 363 | 131 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7395 | MAN KA KI | 萬嘉淇 | 00:37:36 | 00:37:13 | |
| 08 10 | 369 | 132 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪 海 | 7333 7275 | LEUNG VALERIE | 梁凱盈 | 00:37:42 | 00:37:20 00:37:18 | |
| LO L4 | 370 371 | 133 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 川 | 7275 | YEUNG NOK SUM HO TIN WAI | 何天蕙 | 00:37:43 00:37:44 | 00:37:18 | |
| 19 | 374 | 135 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7297 | SANU JO ANN ROSE | | 00:37:47 | 00:37:29 | |
| 24 | 379 | 136 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪油 | 7306 | WONG HIU NAM CHRISTIE | 王曉嵐 | 00:37:52 | 00:37:24 | |
| 25 28 | 380 383 | 137 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪川 | 7438 7320 | LEE HIU TUNG HO WAI TING | 李曉桐 何葦婷 | 00:37:54 00:37:55 | 00:37:44 00:36:57 | |
| 30 | 385 | 139 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7406 | CHAN TSZ MAN | | 00:37:55 | 00:36:45 | |
| 3 | 388 | 140 | 5KM GO RUN Individual Race - Female aged 16-29 | 海油 | 7272 | CHOW HIU SHAN | 周曉珊 | 00:37:57 | 00:36:32 | |
| 34 35 | 389 390 | 141 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪海 | 7337 7380 | TRAN KA YAN WONG TSZ YAN | 陳嘉欣 黄芷焮 | 00:37:58 00:38:02 | 00:37:30 00:36:52 | |
| 37 | 392 | 143 | 5KM GO RUN Individual Race - Female aged 16-29 |)II | 7416 | NG HIU LAM | 伍曉琳 | 00:38:05 | 00:37:48 | |
| 39 | 394 | 144 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7359 | LEUNG PUI KI | 梁珮琪 | 00:38:07 | 00:36:57 | |
| 10 11 | 395 | 145 | 5KM GO RUN Individual Race - Female aged 16-29 | 海川 | 7308 | LAI YIG YEN | 賴亦殷 | 00:38:08 | 00:37:20 | |
| 41 45 | 396 400 | 146 147 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7367 7288 | NG MING WAI 沈寶恩 | | 00:38:08 00:38:11 | 00:38:02 00:38:00 | |
| 53 | 405 | 148 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7172 | WU TSZ CHING | 胡梓澄 | 00:38:24 | 00:38:04 | |
| 57 | 408 | 149 | 5KM GO RUN Individual Race - Female aged 16-29 | 海油 | 7428 | NG YUEN CHING | | 00:38:26 | 00:37:21 | |
| 58 61 | 409 411 | 150 151 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7305 7378 | SZE HIU LAM LO WAI KI | 盧煒棋 | 00:38:28 | 00:38:01 00:37:25 | |
| 70 | 411 | 151 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7407 | SO SIN NI | 蘇倩妮 | 00:38:31 | 00:37:25 | |
| 75 | 422 | 153 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7325 | HO SUET YING | 何雪盈 | 00:38:42 | 00:38:03 | |
| 78 | 424 | 154 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7335 | HO LOK CHING | 何諾晴 | 00:38:46 | 00:38:22 | |
| 93 94 | 433 434 | 155 156 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7435 7286 | CHUI TSZ KIU LAM YUEN KIU | 徐子喬 | 00:39:08 00:39:10 | 00:38:59 00:38:20 | |
| | | -50 | | 海 | . 200 | LEUNG ON YEE EDITH | 梁安怡 | 00:39:11 | | |

Date: 1 Dec 2024 (Sun)

| Overall | | Category | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|-----------------|-----------------|-----------------|--|---------------------------------------|--------------|---|------------------------|----------------------|----------------------|----------------------------------|
| osition 1009 | position 444 | position 158 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7376 | YIP KA SIN | 葉加倩 | 00:39:26 | 00:39:12 | |
| 1013 | 448 | 159 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7171 | LAW KA WING | 羅嘉詠 | 00:39:35 | 00:38:55 | |
| 1014 | 449 | 160 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7170 | CHOI HIU TING | 蔡曉婷 | 00:39:35 | 00:38:55 | |
| 1015 | 450 451 | 161 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7216 7371 | LI YIN TUNG YAU CHEUK YIN | 邱焯然 | 00:39:38 00:39:43 | 00:38:46 00:38:33 | |
| 1029 | 459 | 163 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7431 | YUEN WING SUM | 袁詠心 | 00:39:54 | 00:39:45 | |
| 1030 | 460 | 164 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7430 | KWOK KEI CHING | 郭己晴 | 00:39:54 | 00:39:45 | |
| 1032 | 462 463 | 165 166 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7221 7219 | LAM SZE YEUNG LAM SZE YAN | 林思陽林詩恩 | 00:39:56 00:39:56 | 00:39:22 00:39:21 | |
| 1035 | 465 | 167 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7366 | WONG BETTINA | 黃景楠 | 00:39:57 | 00:39:35 | |
| 1038 | 467 | 168 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7426 | LOK WING LAM | 駱穎琳 | 00:40:01 | 00:39:11 | |
| 1047 1048 | 473 474 | 169 170 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7341 7394 | CHAN HOI KA NGAN TSZ YI | 原海嘉 顏子貽 | 00:40:11 00:40:12 | 00:38:50 00:38:48 | |
| 1049 | 475 | 171 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7449 | CHAN TSZ KWAN | 陳芷筠 | 00:40:13 | 00:40:11 | |
| 1052 | 478 | 172 | 5KM GO RUN Individual Race - Female aged 16-29 | Ш | 7447 | LAW PO YING | 羅寶盈 | 00:40:14 | 00:40:07 | |
| 1055 1056 | 479 480 | 173 174 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | JII JII | 7312 7313 | LAU KA HIU KWONG KAM YUNG | 鄺錦蓉 | 00:40:19 00:40:20 | 00:39:36 00:39:37 | |
| 1058 | 482 | 175 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7192 | CHUI NATALIE | | 00:40:21 | 00:39:37 | |
| 1059 | 483 | 176 | 5KM GO RUN Individual Race - Female aged 16-29 | · · · · · · · · · · · · · · · · · · · | 7167 7224 | CHAN HUEN TING | 陳暄婷 陳綺婷 | 00:40:22 | 00:40:00 | |
| 1063 1064 | 485 486 | 177 178 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7162 | CHAN YEE TING KO WAI YAN ALICIA | P | 00:40:25 00:40:26 | 00:39:33 00:39:31 | |
| 1066 | 487 | 179 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7163 | MA MAN LING | | 00:40:26 | 00:39:31 | |
| .068 | 489 | 180 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7386 | YEUNG WING KI | 楊泳其 | 00:40:32 | 00:39:40 | |
| 1069 1073 | 490 493 | 181 182 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7373 7425 | HUNG TSZ HEI LAU PUI YUNG | 熊子希 劉佩容 | 00:40:32 00:40:35 | 00:39:40 00:39:32 | |
| 075 | 495 | 183 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7342 | ALAMO SONIA | 安以德 | 00:40:40 | 00:39:19 | |
| 076 | 496 | 184 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7203 | SIN PUI KA | 冼貝嘉 | 00:40:40 | 00:39:43 | |
| .079 .081 | 498 500 | 185 186 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海浪 | 7324 7429 | TANG LAI YING LAI HIU CHING | 部 開 盤 報 時 晴 | 00:40:45 | 00:40:13 00:40:39 | |
| 091 | 507 | 187 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7429 | TING LOIS | 75000000 | 00:40:49 | 00:40:39 | |
| .098 | 512 | 188 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7193 | YUEN WING TUNG | 44-1771- | 00:41:19 | 00:40:34 | |
| 119 | 526 529 | 189 190 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7231 7433 | WONG HUI TUNG LAI TSZ YAU | 黄栩燁 黎芷攸 | 00:42:12 | 00:41:58 00:42:19 | |
| 124 | 530 | 191 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7393 | TAM SZE NGA | 譚詩雅 | 00:42:19 | 00:42:19 | |
| 132 | 537 | 192 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7451 | WONG TAT KEI | 黃達琦 | 00:42:31 | 00:42:24 | |
| 133 | 538 541 | 193 194 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7445 7223 | LI TSZ YAN YING MEI SUET | 李梓甄 邢美雪 | 00:42:31 00:42:34 | 00:42:24 | |
| 139 | 543 | 195 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7267 | FELIX ROMINELLE IRA | /PA= | 00:42:34 | 00:41:34 | |
| 140 | 544 | 196 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7269 | CORTEZ GAYL | | 00:42:38 | 00:42:23 | |
| 1141 1148 | 545 550 | 197 198 | 5KM GO RUN Individual Race - Female aged 16-29 | 海浪 | 7424 7339 | CHEUNG LING SUM WAN CHEUK KI | 温焯祈 | 00:42:41 00:42:58 | 00:42:22 | |
| 159 | 561 | 198 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7339 | WAN CHIT YEE | 温捷儀 | 00:42:58 | 00:42:34 | |
| 160 | 562 | 200 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7241 | WONG SIN YAN | 黃羨殷 | 00:43:18 | 00:42:05 | |
| 161 | 563 | 201 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7242 | NG HOI KEI | 吳凱琦 | 00:43:18 | 00:42:06 | |
| 165 167 | 566 568 | 202 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7292 7309 | KWOK YU SUM HO CHEUK LAAM | 郭如芯 何焯嵐 | 00:43:29 | 00:42:31 | |
| 173 | 570 | 204 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7317 | CHOI HAU YING | 1371104 | 00:43:52 | 00:40:22 | |
| 176 | 572 | 205 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7356 | TING YU | 丁俞 | 00:44:04 | 00:42:56 | |
| .190 .192 | 584 585 | 206 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7318 7329 | XU JIAXIN LAU HOI KEI | 劉海琦 | 00:45:05 00:45:19 | 00:41:37 00:44:16 | |
| 194 | 587 | 208 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7244 | KOO YERIN | 9-37-93 | 00:45:20 | 00:44:37 | |
| 1197 | 590 | 209 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7271 | JIN CHEUK LUN | 詹卓綸 | 00:45:24 | 00:44:18 | |
| 1202 1203 | 595 596 | 210 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7401 7396 | GUNAWAN RIANITA KARTONO ERLY AMETHYA | | 00:45:41 | 00:45:08 00:45:08 | |
| 1207 | 600 | 212 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7254 | NG SUET LUI | 伍雪蕾 | 00:45:45 | 00:44:31 | |
| 211 | 604 | 213 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7168 | KOK WING YAN VIVIAN | 郭詠欣 | 00:45:57 | 00:44:43 | |
| 214 | 607 610 | 214 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝 浪 | 7432 7419 | HUANG YEE WAH YIP TSZ CHING | 黄綺鏵 葉芷晴 | 00:46:02 00:46:16 | 00:45:54 | |
| 221 | 612 | 216 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7413 | CHOI SUM YI | 蔡芯儀 | 00:46:29 | 00:44:33 | |
| 222 | 613 | 217 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7200 | CHAN HING NING | 陳馨寧 | 00:46:32 | 00:45:41 | |
| 224 | 614 | 218 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7311 | HO CHEUK YIU | 何焯堯 | 00:46:33 | 00:45:35 | |
| 227 | 616 618 | 219 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海浪 | 7363 7210 | LO YIN HANG CHAN HOLYIU | 盧彥杏 陳凱瑤 | 00:46:39 | 00:45:28 | |
| 230 | 619 | 221 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7227 | RUAN SI YU | 阮思瑜 | 00:46:49 | 00:46:11 | |
| 231 | 620 | 222 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7208 | LAM YU SZE | | 00:46:49 | 00:46:13 | |
| 238 243 | 627 631 | 223 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海浪 | 7191 7186 | CHIU CHING YIU LEUNG WING SHUEN | | 00:47:35 00:48:40 | 00:46:19 00:47:46 | |
| 245 | 633 | 225 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7188 | SHEK WING SEE | | 00:48:40 | 00:47:46 | |
| 247 | 635 | 226 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7368 | LO HIU CHING | 羅曉晴 | 00:48:53 | 00:47:43 | |
| 248 252 | 636 638 | 227 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7195 7293 | TANG WING YAN CHAN YUEN HEI | 鄧穎茵 | 00:48:55 00:49:13 | 00:48:11 | |
| 252 257 | 642 | 229 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7235 | MA CHING WA | 馬菁華 | 00:49:13 | 00:45:45 | |
| 258 | 643 | 230 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7214 | TSE TSOI YING | 謝采螢 | 00:50:01 | 00:48:44 | |
| 260 262 | 645 646 | 231 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7215 7238 | WAN WING SZE HUI CHEUK YING | 尹穎斯 | 00:50:01 | 00:48:45 00:48:46 | |
| 263 | 647 | 232 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7237 | LEUNG TSZ YUE | 梁芷瑜 | 00:50:03 00:50:03 | 00:48:45 | |
| 264 | 648 | 234 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7220 | YEUNG TSZ CHING JADE | 楊芷晴 | 00:50:03 | 00:48:46 | |
| 265 | 649 | 235 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7304 | TSANG SHU SIN | 曾舒倩 | 00:50:04 | 00:49:08 | |
| 270 271 | 654 655 | 236 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海滝 | 7199 7441 | LUK HOI CHING WONG ALICE | 陸愷程 王紫儀 | 00:50:17 00:50:20 | 00:50:07 00:50:12 | |
| 272 | 656 | 238 | 5KM GO RUN Individual Race - Female aged 16-29 | Л | 7459 | LAI SZE LAM | 賴施霖 | 00:50:23 | 00:50:12 | |
| 273 | 657 | 239 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7294 | WONG SZE MAN | 71 war-11 | 00:50:25 | 00:46:58 | |
| 276 300 | 659 677 | 240 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 川 滝 | 7440 7452 | XUE PO LAM TSANG MEI WAN | | 00:50:40 00:59:00 | 00:50:21 00:58:56 | |
| 301 | 678 | 242 | 5KM GO RUN Individual Race - Female aged 16-29 | Л | 7453 | CAI KA YI | 蔡嘉怡 | 00:59:01 | 00:58:56 | |
| 302 | 679 | 243 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7434 | SU NAN | 蘇楠 | 00:59:24 | 00:59:19 | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7164 7178 | CHU CHUN YI CHAN HOI CHING | 朱俊怡 陳海晴 | 00:37:40 DNS | 00:36:53 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7178 | WONG WING YU | 黄詠榆 | DNS DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7185 | WU HONG RU | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7197 | LAI HIU CHING | 黎曉晴 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7201 7202 | LEUNG NGA LEUNG HOI YI | 梁雅 梁海怡 | 01:58:22 DQ | 01:42:31 DQ | Wrong Start DQ Miss Checkpoin |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7205 | FONG PING NA | 213/ 19 114 | DNS | DNS | D Q33 CHECKPOIN |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | Ш | 7206 | CHUA DENISE MAE | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7209 | YAU YUET YI | 松亭 | 00:37:44 | 00:36:52 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | ——海 川 | 7211 7222 | YIP LAM WONG HIU LAM | 葉霖 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7226 | WUKELLY | | DNS | DNS | |
| | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | Л | 7230 | FUNG SZE KEI | 馮思琦 | 01:59:32 | 00:31:33 | Wrong Start |

Date: 1 Dec 2024 (Sun)

| verall osition | | Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|----------------|------------|-------------------|--|---------------------------------------|--------------|--|----------------|----------------------|----------------------|--------------------|
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7232 | MAK KIT YEE | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7236 | CHUNG LOK MAN | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | JII JII | 7249 | CHAN HIU CHING | 辛蕙君 | DNS 00:32:19 | DNS | Mrana Chark |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7250 7252 | SUN LAUREN WONG TSZ NING | 干悉有 | DNS | 00:31:29 DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7256 | LEUNG HOI CHING | 梁凱程 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7257 | HAO WEI VANESSA LEUNG | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪海 | 7258 7274 | FONG MADELINE NG MICHELLE | | 00:40:33 DNS | 00:39:55 DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7276 | YEUNG SUI SUM | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7279 | YUE YUI YAN CHARIS | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7287 | CHAN KWAN YEE | ** /= ** | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | JII JII | 7289 7291 | WONG YICK TUNG LEE CHUI SHAN | 黄輝瞳 李翠山 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7299 | CHAN KA YING | 陳嘉凝 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7300 | YIP BRIANNA | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7307 | HO TSZ HIU | 何子曉 | DQ | DQ | DQ Miss Checkpoint |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝川 | 7316 7319 | CHEUNG WING SUM KU WING GI VINGI | 張詠心 古穎姿 | DNS DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | Л | 7321 | LAM TINKEI | 林天淇 | 00:26:42 | 00:26:37 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7322 | LEUNG KA MAN | 梁加敏 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪浪 | 7336 | WONG WAI SHAN | 王慧珊 | DNS | DNS | M/rong Chork |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7348 7349 | SZETO XUAN CHAN JASMINE | 司徒昍 | DQ DNS | DQ DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7353 | WONG SHUK YI | | 00:39:02 | 00:38:01 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7355 | LAM HOI YING | 林海盈 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 海 | 7364 | TANG YUEN SHUEN | 鄧琬璇 | DNS | DNS | Minage Co. |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 海海 | 7374 7375 | HO WUN YAN COCO YEUNG WAI LAM | 楊慧琳 | 01:54:55 DNS | 01:54:55 DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 |)II | 7373 | ILAGAN ARIELLE MAE NASIS | NO VENTTY | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7385 | LEUNG SHARON | 梁雪盈 | 00:33:45 | 00:33:07 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | Ш | 7389 | LI TSZ SHUN | 李芷純 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7390 7404 | LO LILIAN YAU HOI CHING | 丘鎧澄 | DNS DQ | DNS | DQ Miss Checkpoin |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7418 | CHENG TSZ FONG | 鄭芷芳 | 00:31:55 | 00:31:29 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7436 | SO WING YAU | 蘇詠柔 | DNS | DNS | • |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7437 | FU WAI YAN CHRISTY | 傅煒恩 用喜印 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7442 7443 | CHAU KA YAN TSANG LOK CHING | 周嘉欣 曾鉻澄 | DNS DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | JII | 7446 | LAM YUET TING | 林釔婷 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 浪 | 7450 | WONG TSZ KI | 黃芷琪 | DNF | DNF | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 16-29 | 滝 | 7457 | HO KA WING | 何嘉詠 | DNS | DNS | |
| 00 | 5 | 2 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7494 7670 | WONG MEI PO WONG KA LEE | Mabel Wong | 00:19:46 00:24:10 | 00:19:46 00:24:10 | |
| 40 | 12 | 3 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7612 | JENNINGS CAROLINE | | 00:25:27 | 00:25:13 | |
| 82 | 25 | 4 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7618 | PERKINS SOPHIE | | 00:26:43 | 00:26:07 | |
| 83 | 43 | 5 | 5KM GO RUN Individual Race - Female aged 30-39 | Ш | 7588 | LEUNG TAN NING | | 00:28:42 | 00:28:10 | |
| 05 23 | 48 52 | 7 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪浪 | 7620 7527 | LYONS LJUBIJANKA WONG WAI SUM, VICKIE | 黄蕙心 | 00:29:03 | 00:28:48 | |
| 40 | 58 | 8 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7476 | HA MAN YING | 夏文映 | 00:29:35 | 00:29:19 | |
| 43 | 61 | 9 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7474 | MUI LAI TUNG | | 00:29:36 | 00:28:53 | |
| 47 | 63 | 10 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7528 | FUNG HOI NING | ****** | 00:29:37 | 00:28:32 | |
| 48 50 | 64 66 | 11 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7649 7580 | MOK KA YAN TAM KIT YING | 莫家欣 | 00:29:39 | 00:29:34 | |
| 59 | 68 | 13 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7586 | CHEUNG SZE WAN | | 00:29:56 | 00:29:42 | |
| 63 | 70 | 14 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7584 | HUI KA YAN | Jason | 00:29:58 | 00:29:28 | |
| 77 | 72 | 15 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7680 | CHEUK KA YIU | 卓珈瑤 | 00:30:09 | 00:30:05 | |
| 16 20 | 81 83 | 16 17 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7525 7652 | TAM CHO HEI MELODY MO CHUN YAN | 毛雋恩 | 00:30:37 00:30:40 | 00:30:07 00:30:33 | |
| 27 | 86 | 18 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7552 | YEUNG PUI HANG | -CM/K | 00:30:47 | 00:30:33 | |
| 31 | 87 | 19 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7581 | CHOI WAI YI MICHELLE | 蔡慧怡 | 00:30:52 | 00:30:02 | |
| 33 | 89 | 20 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7488 | POON SAU YEE | 10 tx 400 | 00:30:54 | 00:29:53 | |
| 47 62 | 93 96 | 21 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪川 | 7522 7657 | NG WING MEI LIU YAN YIN | 吳穎媚 廖昕然 | 00:31:06 | 00:30:05 00:31:06 | |
| 68 | 99 | 23 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7592 | CHENG TERESA | 180. 44 1 51/1 | 00:31:27 | 00:31:06 | |
| 69 | 100 | 24 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7610 | KWOK TANG WAI | 郭騰蕙 | 00:31:31 | 00:30:34 | |
| 72 | 102 | 25 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7605 | KUN YO YO MAN CHIN | 新汶芊 | 00:31:36 | 00:31:04 | |
| 86 89 | 108 | 26 27 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | JII JII | 7589 7579 | IP SZE LONG FION LAM TOK LING | 葉思朗 林鐸靈 | 00:31:47 00:31:49 | 00:31:16 00:31:02 | |
| 89 24 | 123 | 28 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7579 | CHAN CHI YAN | 陳紫茵 | 00:31:49 | 00:31:02 | |
| 25 | 124 | 29 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7591 | TSANG SIN YING CYAN | | 00:32:20 | 00:31:27 | |
| 30 | 125 | 30 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7672 | KONG HOI YING | 江凱盈 | 00:32:23 | 00:31:24 | |
| 31 35 | 126 127 | 31 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪海 | 7582 7506 | CHAN KA MAN CHAN HONG WING | 陳嘉敏 康穎 | 00:32:26 | 00:31:37 00:31:50 | |
| 41 | 131 | 33 | 5KM GO RUN Individual Race - Female aged 30-39 |)II | 7690 | ZHENG WENWEN | 鄭雯雯 | 00:32:35 | 00:31:30 | |
| 43 | 133 | 34 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7596 | LUK CHING YEE | 陸靜怡 | 00:32:36 | 00:32:07 | |
| 44 | 134 | 35 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7678 | YAU KA HEI CANNEY | 丘嘉晞 | 00:32:37 | 00:31:44 | |
| 48 50 | 136 137 | 36 37 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海川 | 7660 7578 | YEUNG HIU MAN LEUNG HOI MAN | 梁凱雯 | 00:32:41 00:32:43 | 00:31:48 00:31:55 | |
| 52 | 138 | 38 | 5KM GO RUN Individual Race - Female aged 30-39 | JII | 7693 | TSE PUI PUI | 水则文 | 00:32:43 | 00:31:55 | |
| 54 | 140 | 39 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7699 | YAU LAI SHAN | 邱麗珊 | 00:32:45 | 00:32:36 | |
| 58 | 143 | 40 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7632 | LEUNG KA MAN | 梁嘉敏 | 00:32:46 | 00:31:31 | |
| 59 73 | 150 153 | 41 42 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | ——海 川 | 7597 7691 | LEE PUI KWAN KITTY WONG KA YAN | 李佩荺 王家欣 | 00:32:58 00:33:02 | 00:32:29 00:32:14 | |
| 73 79 | 153 | 42 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7576 | LAM YUK MAN | 林玉雯 | 00:33:02 | 00:32:14 | |
| 89 | 164 | 44 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7637 | CHAN HO TING | 陳浩婷 | 00:33:14 | 00:32:43 | |
| 92 | 166 | 45 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7499 | CHAN MELISSA SUE ANN | 陳詩恩 | 00:33:16 | 00:32:55 | |
| 09 | 175 | 46 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7535 | TAI YUEN TING | 戴婉婷 | 00:33:24 | 00:32:32 | |
| 14 15 | 178 179 | 47 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | · · · · · · · · · · · · · · · · · · · | 7650 7546 | WONG PUI MAN HUNG TAN NI | 黄佩雯 洪丹妮 | 00:33:28 00:33:29 | 00:32:44 | |
| 18 | 181 | 49 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7682 | TSE KING YAU | 7/17/0 | 00:33:31 | 00:32:37 | |
| 22 | 183 | 50 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7644 | LO WING YIN | 盧穎妍 | 00:33:35 | 00:32:51 | |
| 34 | 189 | 51 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7529 | WONG SIN YUNG | 黄善溶 | 00:33:42 | 00:33:03 | |
| 35 36 | 190 191 | 52 53 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7503 7548 | HUI YIN TING LAU KA YAN | 許燕婷 | 00:33:43 00:33:43 | 00:33:06 00:32:53 | |
| 36 49 | 191 | 53 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 |)II | 7638 | MATSUMURA KANA | | 00:33:43 | 00:32:53 | |
| 59 | 203 | 55 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7477 | LAM CHUI YING | | 00:34:06 | 00:33:22 | |
| 80 | 219 | 56 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7601 | LI CHI KWAN | | 00:34:22 | 00:33:19 | |
| 81 | 220 | 57 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7486 | SO CHING YIN | | 00:34:23 | 00:33:08 | |

Date: 1 Dec 2024 (Sun)

| Overall osition | Gender position | Category position | Category | Club | ВІВ | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|-----------------|-----------------|-------------------|--|------------|--------------|---|---------------------------------------|----------------------|----------------------|---------|
| 684 | 223 | 59 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7602 | CHIN HOI YI | 錢凱怡 | 00:34:24 | 00:33:21 | |
| 93 | 228 | 60 | 5KM GO RUN Individual Race - Female aged 30-39 | 川 | 7563 | KWONG YUEN SHAN | 鄺婉姍 | 00:34:28 | 00:33:51 | |
| 99 706 | 231 235 | 61 62 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海浪 | 7639 7493 | LEE YAN CHEUNG KIT YU | 李茵 張潔愉 | 00:34:36 00:34:42 | 00:33:42 00:33:58 | |
| 14 | 240 | 63 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7487 | HUI CHI YUI | | 00:34:47 | 00:33:34 | |
| 15 | 241 | 64 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7585 7505 | CHAN TZE CHING JESSICA | 陳芷晴 | 00:34:48 | 00:33:15 | |
| 17 30 | 242 249 | 65 66 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7595 7603 | LAU SING YEUNG SUNNIE CHAN KRISTAL VENECIA | 陳詩蘊 | 00:34:49 00:34:57 | 00:33:53 00:33:55 | |
| 32 | 250 | 67 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7531 | WONG HIU TUNG | 黃曉潼 | 00:34:57 | 00:34:18 | |
| 36 | 254 | 68 | 5KM GO RUN Individual Race - Female aged 30-39 | 川 | 7630 | TSANG YAN SIM | | 00:35:00 | 00:34:13 | |
| 743 750 | 258 262 | 69 70 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪海 | 7662 7681 | LEE SUI MAN CHENG YICK LING | 鄭奕寧 | 00:35:06 00:35:14 | 00:31:39 00:35:01 | |
| 763 | 266 | 71 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7513 | CHAN MAN WING | 陳敏穎 | 00:35:33 | 00:34:57 | |
| 764 778 | 267 275 | 72 73 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7631 7478 | LEE SZE MAN QIAN WENXIN | | 00:35:33 00:35:45 | 00:34:45 00:34:53 | |
| 779 | 276 | 74 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7640 | KWAN TSZ YING CRYSTAL | | 00:35:45 | 00:34:33 | |
| 780 | 277 | 75 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7518 | LAM MAN TAN | 林文丹 | 00:35:45 | 00:34:55 | |
| 789 796 | 283 289 | 76 77 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7677 7526 | TSANG WING CHU SO LAI YIN | 普 蘇 養 養 | 00:35:55 00:36:04 | 00:34:53 00:35:32 | |
| 797 | 290 | 78 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7554 | LO KA CHEUK | 盧珈卓 | 00:36:05 | 00:34:58 | |
| 798 | 291 | 79 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7704 | LAI WING KI | 黎詠棋 | 00:36:06 | 00:35:16 | |
| 799 800 | 292 293 | 80 81 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪滝 | 7621 7700 | CHAN MEI KEI FUNG KA MAN | 原美琪 馮嘉雯 | 00:36:07 00:36:08 | 00:35:04 00:35:56 | |
| 811 | 299 | 82 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7688 | CHAN PUI SI | ///5/JH.A. | 00:36:21 | 00:36:12 | |
| 818 | 304 | 83 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7571 | PUADOD VALERIE | | 00:36:26 | 00:35:57 | |
| 819 820 | 305 306 | 84 85 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | JII JII | 7676 7539 | TANG YUEN CHI SO YUEN YAN | | 00:36:27 00:36:27 | 00:35:25 00:35:57 | |
| 821 | 307 | 86 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7653 | LEUNG SUI YAN | 梁瑞恩 | 00:36:28 | 00:35:48 | |
| 830 | 311 | 87 | 5KM GO RUN Individual Race - Female aged 30-39 | 海油 | 7537 | SO MAN TING | 蘇汶婷 | 00:36:37 | 00:36:10 | |
| 836 837 | 314 315 | 88 89 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪海 | 7594 7489 | LEE EVA MAN YU CHAN PUI TING | 陳佩婷 | 00:36:40 00:36:40 | 00:36:05 00:36:37 | |
| 838 | 316 | 90 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7583 | CHUNG WAI YIN | 鍾卉妍 | 00:36:41 | 00:35:43 | |
| 841 | 318 | 91 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7622 | MAN CHUNG YAN | 文頌欣 | 00:36:44 | 00:36:44 | |
| 844 852 | 320 325 | 92 93 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7667 7675 | CHU TING TING MAK HOI MING | 麥凱明 | 00:36:50 00:36:55 | 00:36:40 00:35:55 | |
| 860 | 331 | 94 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7492 | YIM NELLY | 嚴穎德 | 00:37:03 | 00:35:35 | |
| 862 | 333 | 95 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7651 | CABACUNGAN VANESSA | | 00:37:04 | 00:36:46 | |
| 863 867 | 334 338 | 96 97 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海浪 | 7559 7606 | KWOK MUNG SING WONG WING MAN | 黃詠雯 | 00:37:05 00:37:09 | 00:36:34 00:36:49 | |
| 873 | 341 | 98 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7609 | CHOW YUEN TUNG | 周苑彤 | 00:37:12 | 00:36:15 | |
| 876 | 343 | 99 | 5KM GO RUN Individual Race - Female aged 30-39 | Ш | 7635 | KWONG CHUI YEE | 鄺翠儀 | 00:37:15 | 00:36:24 | |
| 877 880 | 344 347 | 100 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7636 7490 | IP WING CHU WONG SZE CHUN | | 00:37:15 00:37:18 | 00:37:07 00:37:04 | |
| 883 | 349 | 102 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7614 | LEE YI WING EDITH | | 00:37:23 | 00:34:07 | |
| 886 | 351 | 103 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7593 | KWOK KAREN | +B wire /# | 00:37:26 | 00:36:02 | |
| 891 893 | 355 357 | 104 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7617 7619 | YEUNG PO YEE LEE RUBY WING YEE | 楊寶儀 | 00:37:30 00:37:30 | 00:37:03 00:37:03 | |
| 901 | 364 | 106 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7607 | LAU KA YAN | 劉嘉欣 | 00:37:36 | 00:36:42 | |
| 916 | 372 | 107 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7683 | TONG ON NI | Pir do TA | 00:37:45 | 00:36:51 | |
| 926 927 | 381 382 | 108 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7627 7541 | CHAN KA YING LEUNG WING SUM | 陳家盈 梁詠芯 | 00:37:55 00:37:55 | 00:36:57 00:37:26 | |
| 929 | 384 | 110 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7689 | CHAN WAI YING | 陳偉英 | 00:37:55 | 00:37:10 | |
| 932 | 387 | 111 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7498 | SZETO YUEN YEE | | 00:37:57 | 00:36:49 | |
| 936 943 | 391 398 | 112 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7523 7475 | KU LOK KI WU YIN MING | 古樂琪 胡嫣明 | 00:38:05 | 00:37:07 00:37:24 | |
| 944 | 399 | 114 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7472 | LUN TIN YAN | 倫天茵 | 00:38:09 | 00:37:26 | |
| 946 | 401 | 115 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7516 | CHAN YUEN PING | +71 ** ** | 00:38:13 | 00:37:16 | |
| 947 948 | 402 403 | 116 117 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪海 | 7685 7565 | CHIU CHOR YING WONG WAI YAN SALLY | 招楚瑩 黃慧欣 | 00:38:16 00:38:17 | 00:37:45 00:37:41 | |
| 956 | 407 | 118 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7598 | CHEUNG CHOI MEI | 張彩媚 | 00:38:26 | 00:38:14 | |
| 966 | 414 | 119 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7524 | CHUNG CHAU YUNG | VE at Ar | 00:38:34 | 00:38:12 | |
| 967 971 | 415 | 120 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7542 7568 | FUNG HIU KWAN HO YIN TING | 馮曉筠 何茶婷 | 00:38:35 | 00:38:06 | |
| 973 | 420 | 122 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7508 | LAU SANA WAI YIN | 劉蕙妍 | 00:38:41 | 00:37:37 | |
| 974 | 421 | 123 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪油 | 7666 | FUNG LOK TING | 馮樂婷 開発注 | 00:38:41 | 00:37:43 | |
| 982 983 | 426 427 | 124 125 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪浪 | 7646 7669 | KWAN HOI KEI CHAN YU LING | 開鎧淇 陳裕玲 | 00:38:55 00:38:58 | 00:38:32 00:38:32 | |
| 984 | 428 | 126 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7532 | PANG IVY | 彭緁翎 | 00:38:59 | 00:38:47 | |
| 988 | 429 | 127 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7633 | ZHANG YANPING | SR THO CA | 00:39:03 | 00:38:00 | |
| 990 991 | 430 431 | 128 129 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7697 7654 | YIM KA YAN KAREN PANG HEI MAN | 嚴珈欣 | 00:39:05 00:39:05 | 00:36:23 00:38:50 | |
| 992 | 432 | 130 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7479 | CHAN YUK YI | | 00:39:08 | 00:37:59 | |
| 997 | 437 | 131 | 5KM GO RUN Individual Race - Female aged 30-39 | Ш | 7599 | HO CHUI YING | 何翠螢 | 00:39:13 | 00:38:30 | |
| 1008 1010 | 443 445 | 132 133 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7587 7615 | LOW JUSTINE HUI MIN WONG CHI LAI | 黃芝麗 | 00:39:25 00:39:32 | 00:38:55 00:38:23 | |
| 1017 | 452 | 134 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7643 | CHAN HIU KUEN | 陳曉娟 | 00:39:44 | 00:39:00 | |
| 020 | 454 | 135 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7634 | YEUNG MEI FUNG | | 00:39:48 | 00:38:44 | |
| L024 L031 | 457 461 | 136 137 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海浪 | 7611 7647 | WONG TSZ CHING JULIA MAN TING FONG | | 00:39:50 00:39:54 | 00:39:16 00:39:31 | |
| 037 | 466 | 138 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7564 | CHEUNG WING KI | 張穎琪 | 00:40:01 | 00:39:22 | |
| 039 | 468 | 139 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7530 | LI KA YING | 李嘉瑩 | 00:40:01 | 00:39:23 | |
| L045 L057 | 471 481 | 140 141 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海浪 | 7608 7616 | CHOW MIKO LAM MEI LOK | | 00:40:08 00:40:21 | 00:39:34 00:36:49 | |
| 072 | 492 | 142 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7625 | LO MAN YI | 盧敏兒 | 00:40:34 | 00:39:07 | |
| 074 | 494 | 143 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7694 | LAI WING HAN | 黎詠嫻 | 00:40:39 | 00:39:35 | |
| .077 .080 | 497 499 | 144 145 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海滝 | 7497 7613 | WAN SHUK YING CHAN WING YU | 陳泳瑜 | 00:40:41 00:40:48 | 00:40:16 00:39:47 | |
| 1083 | 502 | 146 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7623 | SO YUEN LING | | 00:40:51 | 00:37:20 | |
| 1086 | 504 | 147 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7491 | YEE KA LAI | 余嘉麗 | 00:40:53 | 00:40:27 | |
| 1089 1094 | 505 510 | 148 149 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海浪 | 7686 7692 | CHEUNG NGAI YIU WANG KA LI | 張藝瑤 王嘉莉 | 00:41:01 00:41:04 | 00:39:39 | |
| 1094 | 510 | 150 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7642 | HO FIONA SIN HANG | 上海不 | 00:41:04 | 00:40:02 | |
| 1109 | 520 | 151 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7703 | WONG MAN KI | 王敏棋 | 00:41:59 | 00:40:53 | |
| 112 | 521 | 152 | 5KM GO RUN Individual Race - Female aged 30-39 | 海油 | 7538 7514 | LAU KA YI | 劉嘉怡 | 00:42:04 | 00:40:58 | |
| 114 | 522 523 | 153 154 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7514 7512 | CHENG XI WONG SKY | | 00:42:05 00:42:08 | 00:41:10 00:41:33 | |
| 1116 | 524 | 155 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7701 | MAK TSZ SHAN | 麥芷珊 | 00:42:08 | 00:41:57 | |
| 1125 1127 | 531 | 156 | 5KM GO RUN Individual Race - Female aged 30-39 | 海油 | 7485 | CHAN PUI SZE | ************************************* | 00:42:21 | 00:42:04 | |
| | 533 | 157 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7661 | CHUA HEI TUNG | 蔡曦桐 | 00:42:22 | 00:41:56 | |

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| Overall | | itegory | idual Race Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|------------------|------------|----------------|--|------|--------------|--|--------------|----------------------|----------------------|--------------------|
| oosition 1143 | | osition 159 | 5KM GO RUN Individual Race - Female aged 30-39 | JII | 7604 | KO KA MAN | 高嘉敏 | 00:42:49 | 00:42:02 | Kentarks |
| 1143 | | 160 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7473 | CHEUNG WAI YIN | 向新 製 | 00:42:49 | 00:42:02 | |
| 1149 | | 161 | 5KM GO RUN Individual Race - Female aged 30-39 | JII | 7628 | YU MAN CHI | 余汶姿 | 00:42:58 | 00:42:01 | |
| 1156 | | 162 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7502 | YIU WING MAN | T-76 | 00:43:14 | 00:39:38 | |
| 1163 | | 163 | 5KM GO RUN Individual Race - Female aged 30-39 | 川油 | 7480 | MA HO YEE | 馬可兒 | 00:43:27 | 00:43:25 | |
| 1166 1170 | | 164 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪滝 | 7575 7569 | LO SZE MEI WONG FUK YING | 羅斯薇 王馥盈 | 00:43:36 00:43:44 | 00:42:56 00:42:34 | |
| 1177 | | 166 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7545 | HUI KWAN YIK | 許君憶 | 00:44:05 | 00:43:03 | |
| 1178 | | 167 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7547 | HUI KWAN MEI | 許君美 | 00:44:05 | 00:43:04 | |
| 1181 | | 168 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7501 | LAU SZE YAN | este este | 00:44:13 | 00:40:35 | |
| 1189 1193 | | 169 170 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪海 | 7590 7551 | LEI WEN CHAN LAI TUNG | 雷雯 | 00:45:00 00:45:19 | 00:44:50 | |
| 1200 | | 171 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7471 | MA KA HIM | | 00:45:39 | 00:45:24 | |
| 1206 | | 172 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7570 | CHEUK WAN TING | 卓韻婷 | 00:45:44 | 00:44:30 | |
| 1212 | | 173 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7510 | POON CHI YAN JOANNA | 潘祉欣 | 00:45:57 | 00:44:43 | |
| 1219 1228 | | 174 175 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪浪 | 7648 7550 | NG WING YU CHAN ELIZABETH HUE TUNG | 陳曉彤 | 00:46:23 | 00:42:57 00:45:30 | |
| 1244 | | 176 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7511 | CHAN YEE CHUN EUGENIA | 外 砂元/12/ | 00:48:40 | 00:43:30 | |
| 1251 | | 177 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7555 | WAI LAI LAI | 衛麗麗 | 00:49:11 | 00:48:59 | |
| 1254 | | 178 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7668 | HUI KA YIN | 許嘉妍 | 00:49:36 | 00:48:28 | |
| 1268 | | 179 | 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7655 | MAN MELISSA PUI SHAN | | 00:50:14 | 00:49:40 | |
| 1269 1277 | | 180 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 川 | 7656 7509 | MAN PRISCILLA PUI LING WONG SHUK WA | | 00:50:15 00:51:13 | 00:49:40 00:48:59 | |
| 1280 | | 182 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7481 | WONG CHIN WAH | 黃展華 | 00:51:55 | 00:51:36 | |
| 1295 | | 183 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7658 | LEUNG WING YI | 梁詠宜 | 00:55:23 | 00:53:48 | |
| 1296 | | 184 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7659 | FUNG HEI MAN | 馮晞雯 | 00:55:24 | 00:53:49 | |
| 1298 1299 | | 185 186 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪浪 | 7663 7507 | CHEN YUSI NG KA MAN | 吳嘉敏 | 00:55:48 00:57:15 | 00:52:22 | |
| 1314 | | 187 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7624 | KAM PUI KWAN | 2C 2017 SIX | 01:44:52 | 01:41:22 | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7482 | YEUNG WING PO | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7484 | MOK KA MAN | 莫嘉敏 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7495 7496 | LO HOI YAN YEUNG PO LING | 盧海欣 楊寶玲 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7500 | LAW HING KA | 物具以 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7504 | HO HOI YAN | 何凱欣 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7505 | TANG WAI SHAN | TANG | 00:32:16 | 00:31:55 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪海 | 7515 7517 | TONG MEI PO | 唐美寶 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 川 | 7517 | KONG SAU CHING CHAN CHI KA | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7520 | TONG SAU WAI | 唐秀慧 | 00:34:50 | 00:33:43 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7521 | LAM SIU YING | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪油 | 7533 | PO WING YU | 蒲詠瑜 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪海 | 7534 7536 | SZETO PUI LUN KAREN YIP KA YU | 葉家如 | DNS DQ | DNS DQ | DQ Miss Checkpoint |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7540 | LAU TSZ YAN | THE SECOND | 00:37:39 | 00:36:54 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7543 | CHENG WAI HA | 鄭惠霞 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7544 | CHOY YEE LING | 蔡綺玲 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海浪 | 7549 7553 | CHU KA LAI KWOK HIU LAAM | 朱嘉麗 | DNS 00:30:26 | DNS 00:29:38 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7556 | CHEN XIAOYAN | | 01:49:06 | 00:25:08 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7557 | TAM TAMMY TSZ CHING | 譚芷晴 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7558 | WONG TSZ YU | 王紫瑜 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪海 | 7560 7561 | KAN CHEUK MEI LIU ON YU | 簡卓薇 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7562 | YEUNG HANG SIM | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7566 | WONG WING SZE | 黃詠詩 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7567 | LEE HAU CHING | 李巧晴 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7572 7573 | JIM LOK HIN DU TOIT JADE | 詹洛騫 | 00:38:28 DNS | 00:38:13 DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7574 | HON KATHERINE | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7577 | NG CHUNG NGA CHEERY | 吳中雅 | 00:39:53 | 00:38:48 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7626 | CHAN KA MAN | 陳嘉敏 | 00:32:21 | 00:31:30 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 川 | 7629 | LUI HO SHAN | 呂可珊 | 00:27:05 | 00:26:14 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7641 7645 | MAK SZE YIU YU CHING MAN | 麥斯堯 茹靖雯 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 海 | 7664 | WONG HIU YAN | 黃曉欣 | DQ | DQ | DQ |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 滝 | 7665 | KI SHUN YU | 祁順如 | 00:36:18 | 00:35:50 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7671 | LIU KATHY | 廖愷瑩 | 00:33:47 | 00:33:09 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 浪浪 | 7673 7674 | LEUNG CHARLOTTE SZETO HIU LAM | 梁嘉瑜 司徒曉霖 | 00:33:45 DNS | 00:33:06 DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7679 | ENDIZA APRIL | 5.50000 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | Л | 7687 | CHAN YIN LOK | Chan | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7695 | GURUNG SUPECCHHYA | Supecchhya | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 5KM GO RUN Individual Race - Female aged 30-39 | 海海 | 7696 7698 | NG KA PO LU YICHUN | 伍嘉寶 | DNS DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 30-39 | 浪 | 7702 | NGAI YUK HA | 魏鈺霞 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female Aged 30-39 | 滝 | 7706 | MAI MORIWAKI | 森脇舞 | DNS | DNS | |
| 91 | 4 | 1 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7760 | YUEN COEY | All note of | 00:23:46 | 00:23:46 | |
| 117 154 | 7 | 3 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪海 | 7833 | CHUNG HIU YAN YEUNG MAN YEE | 鍾曉欣 | 00:24:48 00:25:46 | 00:24:43 | |
| 168 | 17 20 | 4 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7751 7715 | CHOY YUK KING | Yeung 蔡玉琼 | 00:25:46 | 00:25:39 | |
| 208 | 27 | 5 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7852 | YAU WAI MUN | 游慧敏 | 00:27:18 | 00:26:49 | |
| 228 | 33 | 6 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7810 | MAK FUNG TING | | 00:27:42 | 00:27:39 | |
| 261 | 38 | 7 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪海 | 7754 | KWOK YIM FAI | 鄧鳳梅 | 00:28:22 | 00:27:53 | |
| 264 344 | 39 62 | 9 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海海 | 7777 7861 | TANG FUNG MUI YAU LAI CHING | 部鳥悔 邱麗貞 | 00:28:27 | 00:28:00 00:29:27 | |
| 362 | 69 | 10 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7744 | POON YEE WAI | ~~/8625 | 00:29:57 | 00:29:49 | |
| 364 | 71 | 11 | 5KM GO RUN Individual Race - Female aged 40-49 | Л | 7791 | LAM WING MAN | 林詠敏 | 00:29:59 | 00:29:55 | |
| 396 | 76 | 12 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7817 | CHAN SZE WAN | 陳詩韻 | 00:30:23 | 00:30:12 | |
| 399 | 78 | 13 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪海 | 7853 | TSANG MAN LEE | 曾文莉 | 00:30:27 | 00:29:58 | |
| 409 418 | 80 82 | 14 15 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海海 | 7775 7787 | NAM KWOK WAI WONG KIT MING EMILY | 藍幗慧 黄潔明 | 00:30:32 00:30:39 | 00:30:01 00:30:07 | |
| 437 | 90 | 16 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7796 | TANG LAI MING | 鄧麗鳴 | 00:30:59 | 00:30:07 | |
| 444 | 92 | 17 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7832 | LEE KOEUN | | 00:31:04 | 00:30:23 | |
| 450 | 95 | 18 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7727 | LAI CHAU YUET | 黎秋月 | 00:31:10 | 00:31:06 | |
| 482 | 106 | 19 | 5KM GO RUN Individual Race - Female aged 40-49 | 滝 | 7855 | NG JOEY | 吳棗兒 | 00:31:42 | 00:30:57 | |
| 490 493 | 110 111 | 20 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海海 | 7731 7753 | CHONG WAN LAI CHEUNG MUNG SZE | 莊韻麗 | 00:31:49 00:31:52 | 00:31:30 00:31:38 | |
| | | 22 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7747 | SZETO SUI YAN | | 00:31:52 | 00:31:38 | |
| 506 | 113 | | | | | | | | | |

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| erall sition | Gender position | Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|-----------------|-----------------|-------------------|--|---------------|--------------|---|--|----------------------|----------------------|---------|
| 540 | 130 | 24 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7729 | CHAN KIT KI | 陳潔琪 | 00:32:34 | 00:31:35 | |
| 553 | 139 | 25 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7774 | LK FL | Chi de l'On | 00:32:44 | 00:31:42 | |
| 57 59 | 142 144 | 26 27 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪海 | 7860 7718 | LAU CHING HAN MONG LOK YEE | 製 | 00:32:45 00:32:48 | 00:32:21 | |
| 62 | 147 | 28 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7780 | LO OI LING | 羅藹玲 | 00:32:50 | 00:32:22 | |
| 88 | 163 | 29 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7841 | TIN HUNG NG | 吳天虹 | 00:33:14 | 00:32:48 | |
| 91 94 | 165 168 | 30 31 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 滝 浪 | 7854 7772 | TSE WING CHAU TONG ANGIE | 謝詠秋 | 00:33:15 00:33:18 | 00:32:30 00:33:16 | |
| 98 | 169 | 32 | 5KM GO RUN Individual Race - Female aged 40-49 | 滝 | 7800 | LIU WAI YEE | 廖慧儀 | 00:33:20 | 00:32:05 | |
| 03 | 172 | 33 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7756 | LEUNG KIT YING | 梁潔盈 | 00:33:22 | 00:32:25 | |
| 06 12 | 174 177 | 34 35 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | JII JII | 7835 7769 | WONG MEI LING MA VINCI | 黄美玲 馬懷思 | 00:33:24 | 00:32:42 | |
| 25 | 184 | 36 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7713 | LEUNG YUEN SHAN | 梁婉珊 | 00:33:36 | 00:33:14 | |
| 26 | 185 | 37 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7797 | KWAN MEI YEE | 關美儀 | 00:33:36 | 00:33:24 | |
| 32 33 | 187 188 | 38 39 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海滝 | 7736 7862 | TONG YAN LOK CHAN SUK HA | 唐殷樂 陳淑霞 | 00:33:40 00:33:40 | 00:33:24 | |
| 41 | 194 | 40 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7842 | CHAN CHING YEE | 陳靜儀 | 00:33:48 | 00:33:34 | |
| 50 | 204 | 41 | 5KM GO RUN Individual Race - Female aged 40-49 | JII | 7849 | WU PIK SHAN | 胡碧珊 | 00:34:06 | 00:33:57 | |
| 52 58 | 206 | 42 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪浪 | 7829 7771 | CHAN TSZ IN YEUNG WING YAN | 陳芷妍 楊詠欣 | 00:34:07 00:34:09 | 00:33:21 00:33:07 | |
| 74 | 214 | 44 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7850 | YEUNG PUI KWAN | 楊佩君 | 00:34:13 | 00:33:29 | |
| 78 | 218 | 45 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7776 | AU ANGEL | 牛Д南 | 00:34:20 | 00:34:05 | |
|)2 13 | 232 | 46 47 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海浪 | 7740 7834 | CHU PUI MAN CARMAN CHAU YEE MAN | 朱佩雯 | 00:34:38 00:34:47 | 00:33:52 00:34:42 | |
| 25 | 247 | 48 | 5KM GO RUN Individual Race - Female aged 40-49 | Л | 7788 | NG CHUI HIG | 吳翠卿 | 00:34:54 | 00:33:57 | |
| 51 | 263 | 49 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7789 | LAW PUI CHING POON MUN NEI EMILY | 羅佩清 | 00:35:16 | 00:35:06 | |
| 55 76 | 264 274 | 50 51 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海浪 | 7712 7725 | HO SZE WAN | | 00:35:22 00:35:44 | 00:35:08 00:34:49 | |
| 33 | 278 | 52 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7726 | LUO CHAN | | 00:35:50 | 00:34:55 | |
| 37 | 281 | 53 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7805 | MAK LEE KWAN QUEENIE WONG POLLY | 工士47 | 00:35:53 00:35:58 | 00:35:53 | |
| 92 | 285 294 | 54 55 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海浪 | 7793 7821 | CHUNG HIU YING | 王志紅 鍾曉瑩 | 00:35:58 | 00:35:01 00:36:07 | |
| 09 | 298 | 56 | 5KM GO RUN Individual Race - Female aged 40-49 | Л | 7739 | LEUNG SHUK LING | 梁淑玲 | 00:36:21 | 00:36:02 | |
| 13 23 | 300 308 | 57 58 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 滝 | 7768 7782 | LAM YING CHI LEUNG SIU YIN | 梁小燕 | 00:36:22 00:36:31 | 00:36:09 00:36:29 | |
| 25 | 308 | 58 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 滝 | 7859 | LEE CHRISTY | 米小熊 | 00:36:31 | 00:36:29 | |
| 26 | 310 | 60 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7761 | NG YEE MAN | 吳綺雯 | 00:36:34 | 00:32:55 | |
| 31 | 312 313 | 61 62 | 5KM GO RUN Individual Race - Female aged 40-49 | 海海 | 7845 7846 | WONG WAI PING FOK WING SZE | 黄慧萍 霍詠詩 | 00:36:37 00:36:39 | 00:35:56 00:35:58 | |
| 32 39 | 317 | 63 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 川 | 7781 | LAM LAIWAH | 林麗華 | 00:36:39 | 00:35:36 | |
| 59 | 330 | 64 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7779 | NG KA YING | | 00:37:03 | 00:36:32 | |
| 51 | 332 | 65 | 5KM GO RUN Individual Race - Female aged 40-49 | 海海 | 7778 | YIU JOEY | 朱慧怡 | 00:37:03 | 00:36:34 | |
| 75 78 | 342 345 | 66 67 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7819 7830 | CHU WAI YEE MONIQUE JANG JIIEUN | ∧忌□ | 00:37:15 00:37:16 | 00:37:06 00:36:36 | |
| 95 | 359 | 68 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7758 | LAU HOI YAN KIMBERLEY | | 00:37:32 | 00:37:18 | |
| 21 | 376 | 69 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7847 | LAM LAI YEE | 林麗儀 | 00:37:50 | 00:36:44 | |
| 23 31 | 378 386 | 70 71 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7858 7714 | LAM SIN MANW WONG MEI PO | 大善 大善 大善 大善 大善 大善 大善 大善 大善 大善 | 00:37:51 00:37:56 | 00:36:49 00:37:05 | |
| 59 | 410 | 72 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7856 | LIU MAN LAM | | 00:38:29 | 00:37:55 | |
| 52 | 412 | 73 | 5KM GO RUN Individual Race - Female aged 40-49 | Ш | 7717 | CHAU WING MAN VIVIEN | 鄒詠雯 | 00:38:31 | 00:38:04 | |
| 53 59 | 413 416 | 74 75 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7763 7749 | LAM TSZ TANG GLORIA CHENG MEI CHI | | 00:38:32 00:38:36 | 00:37:45 00:38:08 | |
| 99 | 438 | 76 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7820 | LAM KA LI | 林嘉莉 | 00:39:14 | 00:39:02 | |
| 01 | 440 | 77 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7803 | TANG YEE KWAN | 丁凯莲 | 00:39:16 | 00:38:12 | |
| 112 | 447 453 | 78 79 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海浪 | 7765 7840 | WONG HOI YEE TING MICHELLE | 王凱儀 丁麗敏 | 00:39:32 | 00:38:42 | |
| 123 | 456 | 80 | 5KM GO RUN Individual Race - Female aged 40-49 | Л | 7827 | WAI KA YING | | 00:39:50 | 00:39:30 | |
| 26 | 458 | 81 | 5KM GO RUN Individual Race - Female aged 40-49 | 海油 | 7711 | MAN HELEN | 初書私 | 00:39:52 | 00:38:35 | |
| 34 46 | 464 472 | 82 83 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪海 | 7785 7801 | LEUNG KA YI CHAN YUK SIM SHARON | 梁嘉怡 陳玉嬋 | 00:39:57 00:40:10 | 00:39:20 | |
| 62 | 484 | 84 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7848 | LEUNG LAI YING | 1112271 | 00:40:25 | 00:39:19 | |
| 71 | 491 | 85 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7720 | FONG LAI SHAN LISA | | 00:40:33 | 00:39:19 | |
| 90 04 | 506 517 | 86 87 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7826 7792 | LAM TSZ MAN SHEA WAI TSANG | 余惠錚 | 00:41:01 00:41:41 | 00:40:33 | |
| 05 | 518 | 88 | 5KM GO RUN Individual Race - Female aged 40-49 | Л | 7783 | CHAN KAI YUET | 陳皆悅 | 00:41:43 | 00:40:23 | |
| 28 | 534 | 89 | 5KM GO RUN Individual Race - Female aged 40-49 | 海川 | 7838 | CHU NGAN KING | 朱雁琼 | 00:42:22 | 00:41:57 | |
| 34 35 | 539 540 | 90 91 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7721 7738 | LAU NGAR YEE CHAN WING YI | 劉雅儀 陳穎兒 | 00:42:32 00:42:33 | 00:41:27 00:42:04 | |
| 42 | 546 | 92 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7799 | TSE LOK MAN | 謝樂雯 | 00:42:46 | 00:42:02 | |
| 47 | 549 | 93 | 5KM GO RUN Individual Race - Female aged 40-49 | 川 | 7814 | YEUNG SZE WING | 楊詩詠 | 00:42:57 | 00:42:01 | |
| 53 57 | 555 559 | 94 95 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7825 7735 | CHAN KA YEE CHONG YEE MAN | 陳嘉兒 | 00:43:11 00:43:14 | 00:43:03 00:39:38 | |
| 64 | 565 | 96 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7759 | CHAN HIN KEI APRIL | | 00:43:28 | 00:42:34 | |
| 75 | 571 | 97 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7798 | KONG YUEN HANG | 江苑恒 | 00:44:02 | 00:43:49 | |
| 82 83 | 576 577 | 98 99 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海海 | 7752 7746 | SIU MAY KUEN CHAN WAI TUNG | 陳煒彤 | 00:44:17 00:44:25 | 00:43:17 00:44:18 | |
| 84 | 578 | 100 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7806 | LO SZE MAN | | 00:44:30 | 00:44:02 | |
| 85 | 579 | 101 | 5KM GO RUN Individual Race - Female aged 40-49 | 川 | 7831 | CHEUNG SIN PING | 梅林林 | 00:44:43 | 00:43:38 | |
| 86 88 | 580 582 | 102 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海浪 | 7839 7794 | LU KUIYING LAI KIN YU | 鷹葵英 黎見愉 | 00:44:55 00:45:00 | 00:44:02 00:44:50 | |
| 98 | 591 | 104 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7811 | CHU CHEONG YEE | | 00:45:26 | 00:45:26 | |
| 09 | 602 | 105 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪油 | 7773 | FUNG YUK FAN | 馮玉芬 | 00:45:50 | 00:44:47 | |
| 15 34 | 608 623 | 106 107 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪海 | 7816 7730 | LEONG PENG HEONG KWAN HOI SHAN | 嗣凱珊 | 00:46:12 00:47:23 | 00:42:47 | |
| 37 | 626 | 108 | 5KM GO RUN Individual Race - Female aged 40-49 | Л | 7828 | WONG YUK KUEN | 王育娟 | 00:47:32 | 00:46:27 | |
| 39 | 628 | 109 | 5KM GO RUN Individual Race - Female aged 40-49 | 海油 | 7716 | MAK PUI LING | 麥佩玲 | 00:47:50 | 00:47:26 | |
| 42 53 | 630 639 | 110 111 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪海 | 7822 7844 | WU PUI YEE LEUNG KIT SUM | 梁潔心 | 00:48:32 00:49:31 | 00:44:31 00:49:27 | |
| 59 | 644 | 111 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7770 | WONG MAN KI MAGGIE | 王敏其 | 00:49:31 | 00:49:27 | |
| 75 | 658 | 113 | 5KM GO RUN Individual Race - Female aged 40-49 | Л | 7741 | CHENG FONG TING | 鄭芳婷 | 00:50:39 | 00:50:02 | |
| 78 70 | 661 | 114 | 5KM GO RUN Individual Race - Female aged 40-49 | 滝 | 7815 7863 | TSAI YEE NI JACQUELINE | 本小彗 | 00:51:37 | 00:50:50 | |
| 79 81 | 662 664 | 115 116 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7863 7802 | LEE SIU WAI CHEUNG YIM MAN | 李小慧 張艷雯 | 00:51:41 00:52:00 | 00:51:33 00:50:51 | |
| 84 | 667 | 117 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7804 | LOW HOI LAM | 51,505 | 00:52:19 | 00:48:59 | |
| 97 | 674 | 118 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7818 | LOI SIO | 8年 207 6年 | 00:55:48 | 00:52:23 | |
| 05 | 680 | 119 0 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7742 7719 | CHAN CHUI SHEUNG CHU WEI YEE PANDORA | 陳翠嫦 朱慧儀 | 01:01:04 DNS | 01:00:58 DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 滝 | 7719 | YAN SIN YEE | 八尼俄 | DNS | DNS | |
| | | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 滝 | 7723 | LAW CLARA | Clara | DNS | DNS | |

Date: 1 Dec 2024 (Sun)

| Overall osition | Gender Ca | ategory osition | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|-----------------|------------|--------------------|--|------------|--------------|--|----------------|----------------------|----------------------|--------------------|
| 0 0 | position p | 0 osition | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7728 | WONG SIEW FOONG | 黃秀鳳 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 滝 | 7732 | LAU JUNE | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 滝 | 7733 | HUI KAR BIK | 許家碧 | 00:30:33 | 00:30:29 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪滝 | 7734 7737 | LEE IRIS CHUNG LAI HA | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | Л | 7743 | CHAN ANNISE | | DQ | DQ | DQ |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 海油 | 7745 | SARAH NG | 陈女仏 | DNS | DNS | Manage Charle |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪川 | 7748 7750 | CHAN MAN YAN LESLEY CHAN CHI LAI | 陳文欣 | 00:36:39 DNS | 00:35:28 DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7755 | LAW FUNG LAM | 羅鳳琳 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 川油 | 7757 | NG WING YAN | 伍詠欣 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪海 | 7762 7764 | CHUNG KAM PING JOLLY CHUNG SHEK SHEK | 鍾錦萍 | DNS 02:02:13 | DNS 00:35:22 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 滝 | 7766 | TAI LUN | 戴麟 | DQ | DQ | DQ Miss Checkpoint |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7767 | CHOY WING LAM | 蔡詠琳 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海浪 | 7784 7786 | POON YUK YI CHAN CHING CHING | 潘鈺宜 | DNS 01:34:49 | DNS 01:33:53 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7790 | CHENG PO SHAN | cobby | 00:42:02 | 00:41:07 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪浪 | 7795 7807 | SIU YIN LING | 蕭燕凌 | DNS | DNS | M/see a Chark |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7808 | LAM PUI YEE CHIU KA YAN CLARA | | DQ DNS | 00:08:38 DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7809 | WONG YING SAI | 王影茜 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7812 | LEE YUK MING | /जा क्र्स प्रक | DQ | DQ | DQ Miss Checkpoint |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7813 7823 | HO MEI YUNG LEE HOI LUN | 何美容 | 00:30:20 DNS | 00:29:29 DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 浪 | 7824 | CHAN MELODY | 陳依雯 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7836 | CHEUNG YU YING | 78 N. 4+ | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7837 7843 | MAK WING CHI HO YEE MAN | 麥泳枝 何綺雯 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | 海 | 7851 | CHAN JOANNE | 陳素珍 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Female aged 40-49 | Ш | 7864 | CHAN PUI MAN | 陳佩雯 林佩珊 | DNF | DNF | |
| 36 219 | 3 29 | 2 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7915 7896 | LAM PUI SHAN CARY YEUNG SINKIU | 林佩珊 楊倩橋 | 00:20:06 00:27:33 | 00:20:06 00:27:30 | |
| 221 | 31 | 3 | 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7962 | CHAN ANNIE | | 00:27:34 | 00:27:18 | |
| 232 236 | 34 35 | 5 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7914 7876 | KWOK KA LING LILLIAN CHOW KWOK LAI | 郭嘉玲 周國麗 | 00:27:48 00:27:52 | 00:27:48 00:27:33 | |
| 277 | 42 | 6 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | JII | 7924 | JAN SIU MEI | 问题應 | 00:27:32 | 00:27:33 | |
| 300 | 46 | 7 | 5KM GO RUN Individual Race - Female aged 50 or above | Л | 7926 | MOK PO CHU | 莫寶珠 | 00:28:57 | 00:28:10 | |
| 422 | 84 | 9 | 5KM GO RUN Individual Race - Female aged 50 or above | 海浪 | 7897 | CHAN YEE LIN | 陳綺蓮 | 00:30:42 | 00:30:39 | |
| 465 474 | 97 103 | 10 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | JII | 7927 7961 | TSANG FUNG PING LAI HAU YEE | 曾鳳萍 | 00:31:28 00:31:38 | 00:31:15 00:31:20 | |
| 475 | 104 | 11 | 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7923 | OHASHI AYAKO | 大桥文子 | 00:31:39 | 00:31:25 | |
| 510 | 115 | 12 | 5KM GO RUN Individual Race - Female aged 50 or above | 川油 | 7910 | AU SIU MUI REBECCA | 歌少梅 | 00:32:07 | 00:31:16 | |
| 511 537 | 116 128 | 13 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 浪川 | 7943 7911 | HUI KIM MING CAMMIE AU SIU MEI POLLY | 許劍明 歐少薇 | 00:32:08 00:32:32 | 00:31:56 00:31:41 | |
| 584 | 161 | 15 | 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7967 | WONG KAM MAN | 黃錦文 | 00:33:09 | 00:32:55 | |
| 599 | 170 | 16 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7871 | CHONG GABRIELA | 莊師樂 | 00:33:21 | 00:33:07 | |
| 602 620 | 171 182 | 17 18 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 海海 | 7930 7972 | YIU SHUK FONG HU RACHEL | 姚淑芳 Weinian | 00:33:22 00:33:32 | 00:33:18 00:33:26 | |
| 629 | 186 | 19 | 5KM GO RUN Individual Race - Female aged 50 or above | Л | 7898 | MAN SUET HING | | 00:33:39 | 00:32:57 | |
| 654 | 199 | 20 | 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7900 | AU YEUNG CHUI YING | 歐陽翠瑩 | 00:34:02 | 00:33:16 | |
| 661 665 | 205 | 21 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7940 7918 | CHEUNG SHUK KUEN TAI CHIN ENG | 戴金瑩 | 00:34:07 00:34:08 | 00:34:04 00:33:04 | |
| 667 | 211 | 23 | 5KM GO RUN Individual Race - Female aged 50 or above | Л | 7942 | CHU CONNIE | y 04 mil mil | 00:34:08 | 00:33:38 | |
| 705 | 234 | 24 | 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7919 | TSANG TAI PUI | 曾帝佩 | 00:34:41 | 00:34:14 | |
| 719 739 | 243 256 | 25 26 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 浪滝 | 7889 7888 | LAM PIK SHAN CHU ESTELLA | 藍碧珊 朱麗芳 | 00:34:50 00:35:04 | 00:34:11 | |
| 746 | 260 | 27 | 5KM GO RUN Individual Race - Female aged 50 or above | JII | 7958 | LAM YUK LIN | 林玉蓮 | 00:35:10 | 00:35:03 | |
| 747 | 261 | 28 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7913 | WONG KIT MOON | 黄潔滿 | 00:35:11 | 00:34:39 | |
| 765 766 | 268 269 | 30 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 海浪 | 7906 7895 | NG SZE KIU, BILLIE KONG CHOI CHING MAGGIE | 吳斯翹 江賽清 | 00:35:33 00:35:33 | 00:34:46 00:34:26 | |
| 785 | 279 | 31 | 5KM GO RUN Individual Race - Female aged 50 or above | ЛÌ | 7908 | 譚 玉成 | Pamela Tam | 00:35:52 | 00:35:41 | |
| 786 | 280 | 32 | 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7969 | LEE KOOI LIAN | 李桂蓮 | 00:35:52 | 00:35:01 | |
| 788 817 | 282 303 | 33 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7939 7885 | HO WAN LIN CHOI SANG | 何云 連再生 | 00:35:55 00:36:24 | 00:35:36 00:35:57 | |
| 843 | 319 | 35 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7891 | LEE SZE WAN ANGEL | | 00:36:47 | 00:36:08 | |
| 854 | 327 | 36 | 5KM GO RUN Individual Race - Female aged 50 or above | 川 | 7937 | CHUK WA LEUNG | 祝華良 | 00:36:59 | 00:36:41 | |
| 871 885 | 340 350 | 37 38 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 海海 | 7950 7968 | YIP LAI MING CHOW HOI YAN | 葉麗明 | 00:37:12 00:37:26 | 00:36:59 00:36:14 | |
| 888 | 352 | 39 | 5KM GO RUN Individual Race - Female aged 50 or above |)II | 7933 | HUI MEI LING | 許美玲 | 00:37:28 | 00:36:16 | |
| 889 | 353 | 40 | 5KM GO RUN Individual Race - Female aged 50 or above | 海川 | 7883 | TSANG PEON LAI YI | 曾麗儀 | 00:37:29 | 00:37:05 | |
| 902 | 365 366 | 41 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7979 7901 | CHUI YIN LUEN WONG SHUK WING SHARON | | 00:37:37 00:37:37 | 00:37:04 00:36:35 | |
| 903 | 367 | 43 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7954 | CHENG CHOR YING | 鄭楚英 | 00:37:37 | 00:36:33 | |
| 907 | 368 | 44 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7976 | TANG SHUK YI | 鄧滑宜 | 00:37:42 | 00:37:29 | |
| 917 | 373 375 | 45 46 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 浪浪 | 7916 7955 | TSANG KAM FA, IRIS CHENG TSUI FONG | 当金花 鄭翠芳 | 00:37:45 00:37:48 | 00:37:21 00:37:31 | |
| 922 | 377 | 47 | 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7955 | LEE WAI FUNG | 李慧鳳 | 00:37:48 | 00:37:31 | |
| 938 | 393 | 48 | 5KM GO RUN Individual Race - Female aged 50 or above | 滝 | 7975 | YICK WAI LAN BETSY | 易惠蘭 | 00:38:06 | 00:37:18 | |
| 942 949 | 397 404 | 49 50 | 5KM GO RUN Individual Race - Female aged 50 or above | 海海 | 7902 7959 | LUI ALICE NG NIKKI | Nice | 00:38:09 | 00:37:06 00:37:44 | |
| 949 954 | 404 | 50 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7959 | POON LAI SHAN | Ng 潘麗珊 | 00:38:17 00:38:26 | 00:37:44 | |
| 972 | 419 | 52 | 5KM GO RUN Individual Race - Female aged 50 or above | Л | 7894 | TSUI CHI LING FLORENCR | 徐芝玲 | 00:38:41 | 00:37:59 | |
| 976 | 423 | 53 | 5KM GO RUN Individual Race - Female aged 50 or above | JII III | 7947 | LO SZE MAN | 庙妻廷 | 00:38:44 | 00:38:27 | |
| 979 996 | 425 436 | 54 55 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 川 滝 | 7899 7966 | CHAN SO KAMAPE YEUNG MEI LING | 陳素琴 楊美玲 | 00:38:47 00:39:13 | 00:38:29 00:38:31 | |
| 000 | 439 | 56 | 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7929 | WONG YELLOW | 黃慧廉 | 00:39:15 | 00:38:22 | |
| .002 | 441 | 57 | 5KM GO RUN Individual Race - Female aged 50 or above | 川油 | 7880 | ZHANG QIAOYAN | 張巧雁 | 00:39:16 | 00:38:35 | |
| .003 | 442 446 | 58 59 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 浪海 | 7956 7944 | FUNG SUK WAI LAM CHIN SUN JIENE | 林仟宸 | 00:39:19 00:39:32 | 00:33:45 00:38:22 | |
| .021 | 455 | 60 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7944 | KAN KWAN YUK | PP II /IX | 00:39:32 | 00:36:24 | |
| .042 | 469 | 61 | 5KM GO RUN Individual Race - Female aged 50 or above | Л | 7963 | LI MUI | 李梅珍 | 00:40:03 | 00:39:43 | |
| 043 | 470 | 62 | 5KM GO RUN Individual Race - Female aged 50 or above | JII | 7907 7934 | CHEUNG SIU YIN | 張少賢 | 00:40:04 | 00:39:53 | |
| 050 051 | 476 477 | 63 64 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | JII | 7934 7938 | POON HON FONG POON HON FUN | | 00:40:13 00:40:14 | 00:39:01 00:39:01 | |
| 067 | 488 | 65 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7890 | HO LAI FONG SUKI | | 00:40:28 | 00:39:50 | |
| 1082 | 501 | 66 | 5KM GO RUN Individual Race - Female aged 50 or above | Ш | 7974 | CHAN LAI KWAN ABBY | 陳麗群 | 00:40:51 | 00:40:45 | |
| .092 .093 | 508 | 67 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪浪 | 7960 | CHAN WENDY | Wendy 百主茶 | 00:41:01 | 00:40:15 | |
| | 509 | 68 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 浪海 | 7917 7904 | SHA MEI YIN KWOK SUI SUM | 夏美燕 Sui Sum | 00:41:03 00:41:23 | 00:40:38 00:41:09 | |

Date: 1 Dec 2024 (Sun)

| osition po sition po 1102 11103 11103 11103 11103 11103 11104 11106 | position p 515 515 516 519 525 527 532 536 542 552 553 554 557 560 666 609 621 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | ategory position 70 71 72 73 74 75 76 77 78 80 81 82 83 84 85 86 87 88 89 90 91 992 993 94 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Fem | Club川川海浪海浪海滝海海川浪海海川浪海川海浪浪川浪浪浪浪海海川浪海川海浪泉川浪浪浪浪海海川 | 818 7892 7921 7903 7905 7970 7976 7874 7878 7893 7909 7975 7928 7931 7941 7952 7881 7877 7886 7977 7965 7878 7879 7887 | Engish Name CHEN CHANYU KWOK PUI SHAN LAU SO CHUN TSANG CHERI DIU KA WAI CHU LAI HAN CANDY LAU MAY YEE CHAN YUK CHUN HILDA WONG LAI CHING FUNG WING YEE WONG SAU LUEN YEUNG LAI CHING LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAY YEE CHAN PO SHAN TAM HOI HUNG LO MEE HO LO MEE H | Chinese Name 陳燁玉 劉素珍曾與素珍曾與琴琴 司素經典 劉東聖琴 司素經典 劉東王 京 京 京 京 京 京 京 京 京 京 京 京 京 京 京 京 京 京 京 | Official Time 00:41:39 00:41:50 00:42:12 00:42:12 00:42:12 00:42:22 00:42:29 00:42:29 00:43:07 00:43:07 00:43:07 00:43:13 00:43:07 00:45:21 00:45:23 00:45:45 00:46:50 00:46:14 00:46:57 00:47:50 00:47:30 00:47:30 00:47:30 | Chip Time 00:40:57 00:40:57 00:40:20 00:41:17 00:42:02 00:41:17 00:42:02 00:41:55 00:42:07 00:42:33 00:41:55 00:42:47 00:41:50 00:42:52 00:42:52 00:42:52 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:53 00:45:55 00:47:02 00:46:30 00:47:51 00:49:17 | Remarks |
|--|---|---|--|---|--|--|---|--|--|--------------------|
| 1103 1107 11108 11108 1120 11151 1152 11151 1152 11151 1152 1155 | 516 519 519 525 527 532 536 536 536 537 550 553 554 557 560 606 606 606 607 600 600 000 000 000 0 | 71 72 73 74 75 76 77 78 80 81 81 82 83 84 85 86 87 88 89 90 91 92 92 93 94 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Fem | 川海浪海滝海海川浪海海川浪海川海浪浪川浪浪浪浪海海川浪海川浪海川 | 7921 7903 7905 7907 7904 7874 7878 7893 7909 7973 7951 7928 7932 7941 7952 7881 7877 7886 7977 7965 7873 7949 7948 7872 | KWOK PUI SHAN LAU SO CHUN TSANG CHERI DIU KA WAI CHU LAI HAN CANDY LAU MAY YEE CHAN YUK CHUN HILDA WONG LAI CHING FUNG WING YEE WONG SAU LUEN YEUNG LAI CHING LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAY YEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TAM GUI KING LO MEE HO TAMG PUI KING IRENE MAK SIU KING MA NGAN CHI | 劉素珍 曾發聽 朱麗 宗 明 明 明 明 明 明 明 明 明 明 明 明 明 | 00:41:39 00:41:50 00:42:12 00:42:13 00:42:29 00:42:29 00:42:35 00:43:07 00:43:07 00:43:13 00:45:21 00:45:23 00:45:23 00:45:45 00:46:00 00:46:14 00:46:57 00:47:51 00:47:51 00:49:38 00:49:38 | 00:40:20 00:41:36 00:41:17 00:42:02 00:41:55 00:42:07 00:42:33 00:41:55 00:42:47 00:41:56 00:42:52 00:42:52 00:44:55 00:44:55 00:45:34 00:45:36 00:45:36 00:47:02 00:46:30 00:47:51 00:47:51 00:49:17 | |
| 1107 1118 1110 11118 1110 11118 1110 11118 1110 11118 1110 11118 1115 115 1115 1115 1115 1115 1115 1115 1115 1115 1115 | 519 525 527 532 536 542 552 553 554 557 560 606 609 621 624 625 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 72 73 74 75 76 77 78 80 81 81 82 83 84 85 86 87 90 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Fem | 海浪海流海海川浪海河浪海川海浪浪川浪浪浪海海 | 7903 7905 7906 7970 7964 7874 7878 7893 7909 7973 7951 7928 7931 7941 7952 7881 7877 7866 7977 7965 7873 7949 7948 7872 7875 | LAU SO CHUN TSANG CHERI DIU KA WAI CHU LAI HAN CANDY LAU MAYYEE CHAN YUK CHUN HILDA WONG LAI CHING FUNG WING YEE WONG SAU LUEN YEUNG LAI CHING LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAYYEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 曾翠琴 一刀 那麼 樂 順 一 一 一 一 一 一 一 一 一 一 一 一 一 一 一 一 一 一 | 00:41:50 00:42:12 00:42:18 00:42:22 00:42:29 00:42:35 00:43:00 00:43:07 00:43:07 00:43:13 00:43:13 00:45:21 00:45:23 00:45:45 00:46:57 00:47:30 00:47:31 00:47:33 00:47:33 00:47:33 00:47:33 | 00:41:36 00:41:17 00:42:02 00:42:07 00:42:07 00:42:33 00:41:55 00:42:33 00:41:55 00:42:52 00:42:52 00:42:52 00:42:52 00:44:55 00:44:55 00:45:56 00:47:02 00:45:56 00:47:51 00:47:51 00:47:51 00:47:51 | |
| 1118 1110 11116 11126 11130 11131 11150 11151 11150 11151 11150 11151 11155 11158 11158 11155 11158 | 525 527 532 536 542 552 553 554 557 560 588 589 601 606 609 621 624 625 629 641 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 | 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 90 91 92 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Fem | 浪海浪海滝海海川浪海河浪海川海浪浪川浪浪浪海海 | 7905 7970 7970 7964 7874 7878 7893 7909 7973 7951 7928 7931 7941 7952 7881 7877 7865 7977 7965 7879 7948 7877 | TSANG CHERI DIU KA WAI CHU LAI HAN CANDY LAU MAY YEE CHAN YUK CHUN HILDA WONG LAI CHING FUNG WING YEE WONG SAU LUEN YEUNG LAI CHING LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAY YEE CHAN PO SHAN TAM HO I HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 曾翠琴 一刀 那麼 樂 順 一 一 一 一 一 一 一 一 一 一 一 一 一 一 一 一 一 一 | 00:42:12 00:42:13 00:42:22 00:42:29 00:42:39 00:43:07 00:43:07 00:43:07 00:43:15 00:45:23 00:45:23 00:45:23 00:46:00 00:46:14 00:46:57 00:47:51 00:47:51 00:49:38 00:52:07 | 00:41:17 00:42:02 00:41:55 00:42:07 00:42:33 00:41:55 00:42:47 00:41:56 00:42:52 00:42:52 00:42:52 00:42:52 00:45:53 00:45:53 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1120 1126 1130 1126 1130 1138 1138 1150 1151 1151 1152 1155 1152 1155 11 | 527 532 536 542 553 554 555 556 560 588 601 606 609 621 624 625 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 | 74 75 76 77 78 80 81 82 83 84 85 86 87 88 89 90 91 92 92 93 94 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Fem | 海浪海滝海海川浪海海川浪海川海浪浪川浪浪浪海海 | 7970 7964 7874 7878 7878 7893 7909 7973 7951 7928 7932 7941 7952 7881 7877 7866 7977 7965 7873 7948 7875 | DIU KA WAI CHU LAI HAN CANDY LAU MAY YEE CHAN YUK CHUN HILDA WONG LAI CHING FUNG WING YEE WONG SAU LUEN YEUNG LAI CHING LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI YUK LAI MAY YEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 刁嘉慧 朱雕婵爾 劉美 孫 孫 孫 | 00:42:18 00:42:22 00:42:29 00:42:29 00:43:07 00:43:07 00:43:07 00:43:13 00:45:21 00:45:23 00:45:23 00:46:00 00:46:14 00:46:57 00:47:30 00:47:33 00:47:33 | 00:42:02 00:42:07 00:42:07 00:42:07 00:42:33 00:41:55 00:42:52 00:42:52 00:42:52 00:44:55 00:44:55 00:45:34 00:45:34 00:45:01 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1130 1138 1138 1139 1139 1150 1151 1150 1151 1155 1158 1155 1158 1155 1158 1156 11 | 536 542 552 553 554 557 560 588 601 606 609 621 6624 6625 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 76 77 78 79 80 81 82 83 84 85 86 87 90 91 92 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN individual Race - Fem | 海滝滝海川浪海川浪海川海浪浪川浪浪浪海海 | 7874 7878 7893 7909 7973 7951 7928 7931 7941 7952 7881 7877 7865 7977 7965 7873 7949 7948 7875 | LAU MAYYEE CHAN YUK CHUN HILDA WONG LAI CHING FUNG WING YEE WONG SAU LUEN YEUNG LAI CHING LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAYYEE CHAN PO SHAN TAM PU HUNG LO MEE HO TANG PU IKING IRENE MAK SIU KING MA NGAN CHI | 劉美儀 陳玉珍 馮詠儀 楊麗貞 隆美寶 梁溥美華 甘麗麗 黎美儀 譚凱鴻 盧美 | 00:42:29 00:42:35 00:43:07 00:43:07 00:43:07 00:43:13 00:43:15 00:45:23 00:45:23 00:45:25 00:46:00 00:46:14 00:46:57 00:47:23 00:47:30 00:47:30 | 00:42:07 00:42:33 00:41:55 00:42:47 00:41:55 00:42:52 00:42:52 00:42:52 00:42:52 00:44:17 00:44:58 00:45:34 00:45:36 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1138 1130 1131 1151 1151 1152 1155 11 | 542 552 553 554 557 560 588 589 601 602 602 622 624 625 666 0 0 0 0 0 0 0 0 0 0 0 0 0 | 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 92 90 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Fem | 淹淹海海川浪海川浪海川海浪浪川浪浪浪海海 | 7878 7893 7909 7973 7951 7928 7932 7931 7941 7952 7881 7877 7866 7977 7965 7873 7949 7948 7872 7875 | CHAN YUK CHUN HILDA WONG LAICHING FUNG WING YEE WONG SAU LUEN YEUNG LAI CHING LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAY YEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 陳玉珍 馮詠儀 楊麗貞 陸美寶 深溥加 譚美 甘麗盤 黎美儀 譚凱樂儀 | 00:42:35 00:43:07 00:43:07 00:43:07 00:43:13 00:45:21 00:45:23 00:45:23 00:45:45 00:46:00 00:46:14 00:46:23 00:47:30 00:47:33 00:47:33 | 00:42:33 00:41:55 00:42:47 00:42:52 00:42:52 00:42:52 00:44:55 00:44:55 00:44:53 00:45:34 00:45:01 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1150 1151 1152 1155 1158 11 | 552 553 554 557 560 588 589 601 606 609 621 624 625 629 641 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 | 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Fem | 淹海海川浪海海川浪海川海浪浪川浪浪浪海海 | 7893 7909 7973 7951 7928 7932 7931 7941 7952 7881 7877 7886 7977 7965 7873 7949 7948 7872 7875 | WONG LAI CHING FUNG WING YEE WONG SAU LUEN YEUNG LAI CHING LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAY YEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 馮詠儀 楊麗貞 陸美 河 深溥美 甘麗 報 美 儀 | 00:43:00 00:43:07 00:43:07 00:43:13 00:43:15 00:45:21 00:45:23 00:45:45 00:46:00 00:46:14 00:46:57 00:47:23 00:47:30 00:47:51 00:49:38 00:52:07 | 00:41:55 00:42:47 00:42:52 00:42:52 00:42:52 00:42:24 00:44:55 00:44:57 00:45:01 00:45:01 00:45:01 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1151 1152 1155 1155 1158 1155 1158 1155 1158 1195 1155 1158 1195 1196 1208 1208 1213 1216 1208 1213 1216 1232 12136 1232 1236 1240 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 553 554 557 560 588 601 606 609 621 625 629 661 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 79 80 81 81 82 83 84 85 86 87 88 89 91 92 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Fem | 海海川浪海川浪海川海浪浪川浪浪浪海海 | 7909 7973 7951 7952 7931 7952 7881 7877 7886 7977 7886 7977 7965 7873 7949 7948 7872 | FUNG WING YEE WONG SAU LUEN YEUNG LAI CHING LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAY YEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 楊麗貞 陸美寶 梁溥加 譚美 甘麗盤 黎美儀 譚凱鴻 盧美好 | 00:43:07 00:43:07 00:43:13 00:43:15 00:45:21 00:45:23 00:45:45 00:46:00 00:46:14 00:46:57 00:47:23 00:47:30 00:47:51 00:49:38 | 00:42:47 00:41:56 00:42:52 00:42:52 00:42:52 00:44:55 00:44:17 00:44:58 00:45:34 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1152 1155 11 | 554 557 560 588 589 601 602 622 624 625 629 641 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 | 80 81 82 83 84 85 86 87 88 89 90 91 92 92 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Fem | 海川浪海川海浪浪川浪浪浪海海川浪海川 | 7973 7951 7928 7932 7931 7941 7952 7881 7877 7886 7977 7965 7873 7949 7948 7872 7875 | WONG SAU LUEN YEUNG LAI CHING LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAY YEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 楊麗貞 陸美寶 梁溥加 譚美 甘麗盤 黎美儀 譚凱鴻 盧美好 | 00:43:07 00:43:13 00:43:13 00:45:21 00:45:23 00:45:25 00:45:45 00:46:00 00:46:14 00:46:57 00:47:23 00:47:50 00:47:51 00:49:38 00:52:07 | 00:41:56 00:42:52 00:42:24 00:44:55 00:44:17 00:44:58 00:45:34 00:45:01 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1158 1195 1196 1196 1298 1298 1213 1216 1298 1213 1216 1232 1216 1232 1236 1240 1235 1240 1235 1282 1283 1200 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 560 588 589 601 606 609 621 622 625 629 641 665 00 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 82 83 84 85 86 87 88 89 90 91 92 93 94 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Fem | 浪海海川浪海川海浪浪川浪浪浪海海 | 7928 7932 7931 7941 7952 7881 7877 7886 7977 7965 7873 7949 7948 7872 | LOK MEI POU KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAY YEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 陸美寶 梁溥加 譚美華 甘麗麗 黎美儀 譚凱鴻 盧美好 | 00:43:15 00:45:21 00:45:23 00:45:45 00:46:00 00:46:14 00:46:57 00:47:23 00:47:30 00:47:51 00:49:38 | 00:42:24 00:44:55 00:44:17 00:44:58 00:45:34 00:45:01 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1195 1196 1197 1198 11 | 588 589 601 601 606 609 621 622 624 625 629 641 665 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 83 84 85 86 87 88 89 90 91 92 93 94 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Fem | 海海川浪海川海浪浪川浪浪浪海海 | 7932 7931 7941 7952 7881 7877 7886 7977 7965 7873 7949 7948 7872 | KWOK WAI MAN LEUNG PO KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAY YEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 梁溥加 譚美華 甘麗瑩 黎美儀 譚凱鴻 盧美好 | 00:45:21 00:45:23 00:45:45 00:46:00 00:46:14 00:46:57 00:47:23 00:47:30 00:47:51 00:49:38 00:52:07 | 00:44:55 00:44:17 00:44:58 00:45:34 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1196 1208 1210 12 | 589 601 606 609 621 624 625 629 641 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 84 85 86 87 88 89 90 91 92 93 94 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Fem | 海川浪海川海浪浪川浪浪浪海海 | 7931 7941 7952 7881 7877 7886 7977 7965 7873 7949 7948 7872 | LEUNG P O KA TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAY YEE CHAN P O SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 薄美華 甘麗瑩 黎美儀 譚凱鴻 盧美好 | 00:45:23 00:45:45 00:46:00 00:46:14 00:46:57 00:47:23 00:47:30 00:47:51 00:49:38 00:52:07 | 00:44:17 00:44:58 00:45:34 00:45:01 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1208 1208 1213 1216 1216 1217 1218 12 | 601 606 609 621 622 625 629 641 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 85 86 87 88 89 90 91 92 93 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above | 川浪海川海浪浪川浪浪浪海海 | 7941 7952 7881 7877 7886 7977 7965 7873 7949 7948 7872 | TAM MEI WAH TSOI MEI SHU KAM LAI YING LUI SIU YUK LAI MAYYEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAKS IU KING MA NGAN CHI | 薄美華 甘麗瑩 黎美儀 譚凱鴻 盧美好 | 00:45:45 00:46:00 00:46:14 00:46:57 00:47:23 00:47:30 00:47:51 00:49:38 00:52:07 | 00:44:58 00:45:34 00:45:01 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1216 | 609 621 624 625 629 641 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 87 88 89 90 91 92 93 94 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above | 海川海浪浪川浪浪浪海海 | 7881 7877 7886 7977 7965 7873 7949 7948 7872 | KAM LAI YING LUI SIU YUK LAI MAYYEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 黎美儀 譚凱鴻 盧美好 | 00:46:14 00:46:57 00:47:23 00:47:30 00:47:51 00:49:38 00:52:07 | 00:45:01 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1232 1235 1236 1236 1236 1236 1236 1236 1240 1255 1282 1283 0 | 621 624 625 629 641 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 88 89 90 91 92 93 94 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above | 川海浪泉川浪浪浪海海 | 7877 7886 7977 7965 7873 7949 7948 7872 7875 | LUI SIU YUK LAI MAY YEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 黎美儀 譚凱鴻 盧美好 | 00:46:57 00:47:23 00:47:30 00:47:51 00:49:38 00:52:07 | 00:45:56 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1235 1236 1237 1240 1240 1255 1282 1283 12 | 624 625 629 641 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 89 90 91 92 93 94 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above | 海浪川浪浪浪海海 | 7886 7977 7965 7873 7949 7948 7872 7875 | LAI MAYYEE CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 譚凱鴻 盧美好 | 00:47:23 00:47:30 00:47:51 00:49:38 00:52:07 | 00:47:02 00:46:30 00:47:51 00:49:17 | |
| 1236 1240 1255 1282 1283 100 00 00 00 00 00 00 | 625 629 641 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 90 91 92 93 94 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 浪浪川浪浪浪浪海海 | 7977 7965 7873 7949 7948 7872 7875 | CHAN PO SHAN TAM HOI HUNG LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 譚凱鴻 盧美好 | 00:47:30 00:47:51 00:49:38 00:52:07 | 00:46:30 00:47:51 00:49:17 | |
| 1255 1282 1283 1233 1283 12 | 641 665 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 92 93 94 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 浪浪浪海海 | 7873 7949 7948 7872 7875 | LO MEE HO TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | 盧美好 | 00:49:38 00:52:07 | 00:49:17 | |
| 1282 | 665 666 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 93 94 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above SKM GO RUN Individual Race - Female aged 50 or above | 浪浪浪浪海海 | 7949 7948 7872 7875 | TANG PUI KING IRENE MAK SIU KING MA NGAN CHI | | 00:52:07 | | |
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| 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 浪海海 | 7872 7875 | MA NGAN CHI | | 00:52:08 | 00:48:35 | |
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| 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 | SKM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | | 7882 | TANG DEBBIE | | DNS | DNS | |
| 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | | 7884 7887 | NG CHUK YING PANDORA NGAR YUEN PANG | | DNS DNS | DNS | |
| 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7887 | TANG SIO IN | 鄧小燕 | DNS | DNS | DQ Miss Checkpoint |
| 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 | 0 0 0 0 0 | | 海 | 7920 | 瑞英 YIP | 葉 | DNS | DNS | |
| 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 | 0 0 0 0 | 5KM (st.) RLIN Individual Race - Female ared 50 or above | 滝 | 7922 | LAU REBECCA | Quint no | DNS | DNS | |
| 0 0 0 0 0 0 0 0 122 26 | 0 0 0 0 0 0 37 | 0 0 0 0 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪浪 | 7925 7935 | LAU SZE WAN WILLIAMS HELEDD | 劉詩韻 | 01:45:02 DNS | 01:44:06 DNS | Wrong Start |
| 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 | 0 0 0 0 0 37 | 0 0 0 | 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7935 | WOO LILLIAN | | DNS | DNS | |
| 0 0 4 40 58 73 120 120 187 73 120 120 187 711 93 120 120 120 120 120 120 120 120 120 120 | 0 0 37 | 0 | 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7945 | TSANG CHI MAN | 曾志雯 | DNS | DNS | |
| 0 40 558 73 120 1187 193 202 370 1807 191 191 191 191 191 191 191 191 191 19 | 0 37 | | 5KM GO RUN Individual Race - Female aged 50 or above | 浪 | 7953 | LEE YEE MAY | 10.40.40 | DQ | DQ | DQ Miss Checkpoint |
| 40 58 73 120 187 73 120 187 193 202 370 370 1494 637 711 807 827 870 981 11168 11226 0 0 0 0 0 5 6 12 17 23 24 26 | 37 | | 5KM GO RUN Individual Race - Female aged 50 or above | 海 | 7957 | YEUNG PUI SHAN ROTA | 楊佩珊 | 00:35:28 | 00:35:04 | Wrong Start |
| 58 73 120 187 193 202 202 370 494 637 711 887 827 8870 981 1168 0 0 0 0 0 0 5 6 117 23 24 24 | | 0 | 5KM GO RUN Individual Race - Female aged 50 or above 5KM GO RUN Individual Race - Male aged 12-13 | 浪 | 7978 7006 | CHAN CELINE FUNG-YEE CHAN TSZ LONG | 陳鳳兒 陳子朗 | 01:59:45 00:20:19 | 01:44:17 00:20:19 | Wrong Start |
| 120 187 193 202 370 370 494 494 637 711 807 827 870 981 1168 11226 0 0 0 0 0 5 6 117 23 24 24 | 55 | 2 | 5KM GO RUN Individual Race - Male aged 12-13 | 浪 | 7011 | WONG LIK HANG | 黄力衡 | 00:22:06 | 00:22:06 | |
| 187 | 70 | 3 | 5KM GO RUN Individual Race - Male aged 12-13 | 滝 | 7021 | ZHUI KWING HEI | 朱炯熙 | 00:23:12 | 00:23:12 | |
| 193 202 3370 494 637 711 807 198 198 198 198 198 198 198 198 198 198 | 113 | 4 | 5KM GO RUN Individual Race - Male aged 12-13 | 滝 | 7014 | TSANG CHEUK NAM | 曾卓楠 | 00:24:52 | 00:24:52 | |
| 202 370 4494 494 494 637 711 711 711 711 711 711 711 711 711 7 | 162 168 | 5 6 | 5KM GO RUN Individual Race - Male aged 12-13 5KM GO RUN Individual Race - Male aged 12-13 | 滝 | 7016 7022 | LUO YU SHING CHUNG HOI TIN | 羅宇城 鍾凱天 | 00:26:48 00:26:56 | 00:26:37 00:26:56 | |
| 370 | 177 | 7 | 5KM GO RUN Individual Race - Male aged 12-13 | 滝 | 7018 | IP CHEUK HANG | 葉卓珩 | 00:27:05 | 00:26:54 | |
| 637 | 299 | 8 | 5KM GO RUN Individual Race - Male aged 12-13 | 海 | 7012 | POON KAI CHING | 潘啓程 | 00:30:04 | 00:29:24 | |
| 711 | 383 | 9 | 5KM GO RUN Individual Race - Male aged 12-13 | 海 | 7010 | LAU YEE HANG | 劉以行 | 00:31:52 | 00:31:11 | |
| 807 | 446 474 | 10 11 | 5KM GO RUN Individual Race - Male aged 12-13 5KM GO RUN Individual Race - Male aged 12-13 | 滝 | 7013 7019 | XU HUNG YUNG CHENG WING KAN | 許洪榕 鄭穎勤 | 00:33:43 00:34:46 | 00:33:33 00:34:46 | |
| 827 | 511 | 12 | 5KM GO RUN Individual Race - Male aged 12-13 | 浪 | 7015 | CHAN YEE HIM | 陳以謙 | 00:34:40 | 00:34:40 | |
| 980 981 981 981 981 981 981 981 981 981 981 | 517 | 13 | 5KM GO RUN Individual Race - Male aged 12-13 | Л | 7002 | CHEUNG YAT HEI | 蔣日希 | 00:36:34 | 00:35:21 | |
| 981 : 1168 : 0 : 0 : 0 : 0 : 0 : 0 : 0 : 0 : 0 : | 531 | 14 | 5KM GO RUN Individual Race - Male aged 12-13 | 浪 | 7009 | CHEUNG LEONG YIN | 張朗然 | 00:37:10 | 00:36:56 | |
| 1168 0 0 0 0 0 0 0 0 5 6 12 17 23 24 26 | 555 | 15 | 5KM GO RUN Individual Race - Male aged 12-13 5KM GO RUN Individual Race - Male aged 12-13 | 浪 | 7017 | TSE SZE LOK TSUI TSZ HEI | 謝思樂 徐梓熙 | 00:38:53 | 00:38:43 | |
| 1226 0 0 0 0 0 0 0 5 6 12 17 23 24 | 556 600 | 16 17 | 5KM GO RUN Individual Race - Male aged 12-13 | 浪 | 7023 7007 | TSUI TSZ HEI | 徐子皓 | 00:38:54 00:43:42 | 00:38:47 | |
| 0 0 0 0 5 6 12 17 23 24 | 611 | 18 | 5KM GO RUN Individual Race - Male aged 12-13 | Л | 7015 | CHENG CHUN YAN LUCAS | 鄭竣恩 | 00:46:37 | 00:46:30 | |
| 0 0 0 5 6 12 17 23 24 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 12-13 | 海 | 7001 | 浩峰 LO HO FUNG RICK | 羅 | DNS | DNS | |
| 0 0 5 6 12 17 23 24 26 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 12-13 | 川 | 7003 | NOAH LIANG | 百工油 | DNS | DNS | |
| 0 5 6 12 17 23 24 26 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 12-13 5KM GO RUN Individual Race - Male aged 12-13 | 海浪 | 7004 7008 | HA TIN YAT LEE CHUNG HAN JOHAN | 夏天逸 李頌衡 | DNS DNS | DNS | |
| 6 12 17 23 24 26 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 12-13 | 滝 | 7020 | LEUNG SZE CHIT | 梁思捷 | DNS | DNS | |
| 12 17 23 24 26 | 5 | 1 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7037 | KWAN HOHIN | Daniel | 00:17:55 | 00:17:54 | |
| 17 23 24 26 | 6 | 2 | 5KM GO RUN Individual Race - Male aged 14-15 | 海油 | 7036 | LEUNG ZAC | 梁旭名 | 00:18:03 | 00:18:03 | |
| 23 24 26 | 12 17 | 3 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 浪川 | 7049 7033 | TSE HEI YIU WONG MAN HANG | 黃敏行 | 00:18:27 00:18:51 | 00:18:27 00:18:51 | |
| 24 26 | 23 | 5 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7033 | NG TSZHO | 吳 與 和 J 吳 梓 豪 | 00:18:51 | 00:18:51 | |
| | 24 | 6 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7031 | NG HEI CHIT | 吳晞捷 | 00:19:09 | 00:19:09 | |
| | 26 | 7 | 5KM GO RUN Individual Race - Male aged 14-15 | 滝 | 7081 | LAU ELVIS YEE HONG | 劉懿康 | 00:19:25 | 00:19:25 | |
| | 29 | 9 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 海浪 | 7051 | LI HOSAN CHEN KAI LOK | 陳佳濼 | 00:19:38 | 00:19:36 00:20:44 | |
| 44 | 41 | 10 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7052 7032 | CHEN KAI LOK CHENG SHEUNG CHI | 鄭尚志 | 00:20:47 00:20:53 | 00:20:44 | |
| | 51 | 11 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7056 | WONG YAT SHUN | 黃溢信 | 00:21:46 | 00:21:34 | |
| 57 | 54 | 12 | 5KM GO RUN Individual Race - Male aged 14-15 | 滝 | 7055 | YIP HO YIN | 葉浩然 | 00:22:04 | 00:22:04 | |
| | 59 | 13 | 5KM GO RUN Individual Race - Male aged 14-15 | 滝 | 7080 | CHEUNG WING HO | 張穎豪 | 00:22:38 | 00:22:36 | |
| | 66 71 | 14 15 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 浪川 | 7092 7073 | MAN HOK HEI MARCUS WANG YU SHUN | 文學稀 王昱舜 | 00:22:57 00:23:12 | 00:22:57 00:23:12 | |
| | 82 | 16 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7079 | WU DICK HO | 胡迪皓 | 00:23:40 | 00:23:40 | |
| 89 | 86 | 17 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7040 | KWOK CHEUK HEI | | 00:23:45 | 00:23:45 | |
| | 98 | 18 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7054 | 黎晉傑 | 黎晉傑 | 00:24:14 | 00:23:38 | |
| | 109 110 | 19 20 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 浪浪 | 7066 7043 | NG KIN NGOK CHEUNG JASON | 伍鍵岳 張子超 | 00:24:41 00:24:45 | 00:24:38 00:24:40 | |
| | 125 | 21 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7045 | LUK CHO WING | 陸祖榮 | 00:24:43 | 00:24:40 | |
| 145 | 132 | 22 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7053 | LO CHING HIN | 盧靖軒 | 00:25:37 | 00:25:01 | |
| | | 23 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7057 | CHEN HO FAI | 陳浩輝 | 00:25:40 | 00:25:00 | |
| | 136 | 24 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7059 | FUNG LAI HIN | 馮禮軒 ※※四 | 00:26:15 | 00:26:10 | |
| | 145 | 25 26 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 滝 | 7071 7082 | LEUNG YAT CHIU CHAN CHI KIN | 梁溢昭 陳子健 | 00:26:45 00:27:37 | 00:26:45 00:27:37 | |
| | 145 159 | 27 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7074 | YAN ZI LOK | 頭子樂 | 00:27:37 | 00:27:37 | |
| | 145 | 28 | 5KM GO RUN Individual Race - Male aged 14-15 | Л | 7039 | SHEK TSZ YEUNG IAN | 石梓暘 | 00:28:21 | 00:28:19 | |
| | 145 159 191 | 29 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7044 | LEE LAP HIN | 李立軒 | 00:28:31 | 00:28:16 | |
| | 145 159 191 218 222 227 | 30 | 5KM GO RUN Individual Race - Male aged 14-15 | 海海 | 7045 | HUNG TIN LONG | 洪天朗 林廣早 | 00:28:52 | 00:28:37 | |
| | 145 159 191 218 222 227 251 | | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7061 7076 | LAM KWONG HO TSANG CHING TUNG | 林廣昊曾靖童 | 00:30:03 00:30:08 | 00:29:21 00:30:05 | |
| | 145 159 191 218 222 227 251 297 | 31 | 5KM GO RUN Individual Race - Male aged 14-15 | 川 | 7065 | NG TSZ LONG | 日村土 | 00:30:20 | 00:30:03 | |
| 441 | 145 159 191 218 222 227 251 | | 5KM GO RUN Individual Race - Male aged 14-15 | 滝 | 7068 | CHEUNG CHING KEUNG | 張政權 | 00:31:01 | 00:30:59 | |
| | 145 159 191 218 222 227 251 297 304 316 350 | 31 32 33 34 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7047 | CHU TSUN KI | 朱俊麒 | 00:32:20 | 00:31:40 | |
| 528 4 529 4 | 145 159 191 218 222 227 251 297 304 316 | 31 32 33 | | 滝 | 7084 7069 | YUAN SEN | 表展 劉埻 | 00:32:20 00:32:21 | 00:32:16 00:32:17 | |

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| Overall osition | position | Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|-----------------|------------|-------------------|--|------------|--------------|--|--------------|----------------------|----------------------|-------------|
| 545 | 411 | 38 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7064 | PARK SUNWOO | | 00:32:37 | 00:31:57 | |
| 595 | 427 | 39 | 5KM GO RUN Individual Race - Male aged 14-15 | 滝 | 7048 | LEE CHUN HEI | 李俊熙 | 00:33:19 | 00:33:04 | |
| 648 | 453 | 40 | 5KM GO RUN Individual Race - Male aged 14-15 | 滝 | 7035 | WONG HEI TANG | 王稀籐 | 00:33:54 | 00:33:30 | |
| 671 | 459 | 41 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7067 | LAI TSZ FUNG | 黎梓峰 | 00:34:11 | 00:34:09 | |
| 687 | 463 | 42 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪油 | 7089 | GAN ZHITING | 甘智霆 | 00:34:25 | 00:34:25 | |
| 700 701 | 469 470 | 43 44 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 浪浪 | 7077 7091 | SO PAK HEI LAM WAI HO | 蘇柏晞林偉豪 | 00:34:36 00:34:37 | 00:34:33 00:34:21 | |
| 704 | 470 | 45 | 5KM GO RUN Individual Race - Male aged 14-15 | JII | 7038 | NG YIN HEI | 竹件家 | 00:34:37 | 00:34:21 | |
| 756 | 492 | 46 | 5KM GO RUN Individual Race - Male aged 14-15 | 滝 | 7083 | FUNG KA YEUNG | 馮家洋 | 00:35:23 | 00:35:06 | |
| 771 | 500 | 47 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7058 | LEE YEONHO | | 00:35:40 | 00:35:00 | |
| 964 | 551 | 48 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7090 | HU ZHENGZE | 胡正澤 | 00:38:32 | 00:38:16 | |
| 1007 | 565 | 49 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7075 | YEUNG FUNG YUEN | 楊丰源 | 00:39:25 | 00:39:22 | |
| 1053 | 575 | 50 | 5KM GO RUN Individual Race - Male aged 14-15 | Ш | 7086 | CHENG TSZ POK | 鄭子樸 | 00:40:15 | 00:39:58 | |
| 1144 | 597 | 51 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7088 | YEUNG TSZ YIM | 楊梓炎 | 00:42:50 | 00:42:29 | |
| 1145 0 | 598 | 52 | 5KM GO RUN Individual Race - Male aged 14-15 | JII JII | 7085 | WONG HEI CHING | 黄熙正 | 00:42:50 | 00:42:30 | DO. |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7034 7041 | WONG YAN HON AU ZI YAU | 區子由 | DQ DNS | DQ DNS | DQ |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7042 | CHUNG SHEUNG HEI | 鍾尚希 | 00:34:34 | 00:33:29 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7050 | HUI CHUN | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7060 | CHIU NGAI HEI | 趙倪諆 | 00:23:15 | 00:22:26 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 14-15 | 海 | 7063 | TSE SHUN HOI | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 14-15 | 滝 | 7070 | LAW TSZ FUNG | 羅子鋒 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 14-15 | Л | 7072 | LAU CHI HONG | 劉智康 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 14-15 5KM GO RUN Individual Race - Male aged 14-15 | 浪 | 7078 7087 | LAU HOI TIK TAI CHAK LAI | 劉鎧狄 戴澤禮 | DNS DNS | DNS | |
| 3 | 3 | 1 | 5KM GO RUN Individual Race - Male aged 14-13 | JII | 4121 | LAU TIM HEI | 劉添希 | 00:17:30 | 00:17:30 | |
| 4 | 4 | 2 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4084 | TSOI TSZ CHUN | 3-37-7-11 | 00:17:49 | 00:17:49 | |
| 8 | 8 | 3 | 5KM GO RUN Individual Race - Male aged 16-29 | JII | 4186 | LAU HO YIN | 劉浩賢 | 00:18:05 | 00:18:04 | |
| 10 | 10 | 4 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4215 | LAU YAT HEI | 劉溢熙 | 00:18:19 | 00:18:19 | |
| 13 | 13 | 5 | 5KM GO RUN Individual Race - Male aged 16-29 |)II | 4184 | SO HOI NOK | 蘇凱諾 | 00:18:29 | 00:18:27 | |
| 14 | 14 | 6 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4083 | LAU YAT WANG | 劉溢泓 | 00:18:29 | 00:18:29 | |
| 15 20 | 15 20 | 7 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海浪 | 4009 4089 | CHAN MING CHUN | 陳銘真 鄺弘哲 | 00:18:39 00:18:59 | 00:18:39 00:18:59 | |
| 25 | 25 | 9 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4089 | KWONG TITUS OU JIAFENG | 原弘四 區嘉烽 | 00:18:59 | 00:18:59 | |
| 27 | 27 | 10 | 5KM GO RUN Individual Race - Male aged 16-29 | 川 | 4079 | CHOW CHING SHEN SAM | ≃27月7平 | 00:19:17 | 00:19:17 | |
| 48 | 45 | 11 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4051 | YIU TSZ LEONG | 姚梓量 | 00:13:20 | 00:21:07 | |
| 55 | 52 | 12 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4003 | XU HENG HUN | 許恒琿 | 00:21:56 | 00:21:33 | |
| 60 | 57 | 13 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4020 | TSANG KWUN WONG | 曾冠煌 | 00:22:19 | 00:22:17 | |
| 65 | 62 | 14 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4061 | CHAN TSUN HEI | | 00:22:55 | 00:22:21 | |
| 66 | 63 | 15 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4062 | NG CHUN KIT | 伍俊傑 | 00:22:55 | 00:22:21 | |
| 67 | 64 | 16 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4116 | KONG LOK YIN | 鄺樂賢 | 00:22:57 | 00:22:55 | |
| 68 75 | 65 72 | 17 18 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4004 4194 | YING HO HOI TONG MAN HIN | 那皓凱 唐文軒 | 00:22:57 00:23:14 | 00:22:35 00:22:27 | |
| 79 | 76 | 19 | 5KM GO RUN Individual Race - Male aged 16-29 | 川 | 4194 | 鄭 旭軒 | /A/AfI | 00:23:14 | 00:22:27 | |
| 81 | 78 | 20 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4037 | CHAN SING HOI | 陳星凱 | 00:23:21 | 00:23:15 | |
| 82 | 79 | 21 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4240 | LAM CHI CHING | 林祉程 | 00:23:23 | 00:23:15 | |
| 83 | 80 | 22 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4127 | SHUM KA HO | 岑家豪 | 00:23:26 | 00:23:15 | |
| 90 | 87 | 23 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4175 | YIP NGO LAM | 葉傲藍 | 00:23:45 | 00:23:30 | |
| 93 | 89 | 24 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4095 | LEUNG MAN KIN | r€ 14t | 00:23:48 | 00:23:46 | |
| 94 96 | 90 92 | 25 26 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海海 | 4088 4167 | LO CHUN DE GUZMAN ANDREI LOUIS ERODIAS | 盧俊 古安德 | 00:23:52 00:23:54 | 00:23:50 00:23:28 | |
| 96 | 93 | 27 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4167 | WONG TSZ YUI KODY | 黄梓睿 | 00:23:54 | 00:23:28 | |
| 98 | 94 | 28 | 5KM GO RUN Individual Race - Male aged 16-29 | Л | 4241 | LUI WAN KWAI | 200 | 00:24:04 | 00:24:02 | |
| 102 | 97 | 29 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4253 | NG CHUN SING | 吳鎮昇 | 00:24:14 | 00:23:53 | |
| 104 | 99 | 30 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4208 | YAU CHUN YIN CHRIS | 丘俊賢 | 00:24:14 | 00:23:52 | |
| 105 | 100 | 31 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4183 | YIP HO CHEUNG | 葉浩祥 | 00:24:20 | 00:24:03 | |
| 107 | 102 | 32 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪油 | 4075 | CHUI CHUN HUNG | 徐鎮鴻 | 00:24:25 | 00:23:58 | |
| 108 | 103 | 33 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4248 | LAU CHUN MING | 劉俊銘 | 00:24:27 | 00:24:23 | |
| 109 125 | 104 | 34 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4171 | CHAN TAK KA | 陳德嘉 吳宏卓 | 00:24:30 | 00:24:27 | |
| 127 | 117 118 | 35 36 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4099 4042 | NG WANG CHEUK WONG HONG YIP | 黄康業 | 00:25:00 00:25:01 | 00:24:43 | |
| 133 | 124 | 37 | 5KM GO RUN Individual Race - Male aged 10-29 | 海 | 4011 | SOM CHUNG MING | 岑仲銘 | 00:25:14 | 00:24:37 | |
| 136 | 126 | 38 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4022 | YIP KAI FUNG | 葉啓鋒 | 00:25:23 | 00:24:30 | |
| 138 | 127 | 39 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4119 | CHAN KIN HEI | | 00:25:25 | 00:25:13 | |
| 146 | 133 | 40 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4023 | CHENG CHUNG HIM | 鄭仲謙 | 00:25:37 | 00:24:45 | |
| 147 | 134 | 41 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4056 | NG PAK FUNG | 吳栢鋒 | 00:25:37 | 00:24:45 | |
| 157 | 139 | 42 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4233 | TANG CHUN HEI | 鄧俊熹 | 00:25:51 | 00:25:15 | |
| 158 159 | 140 141 | 43 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海浪 | 4162 4246 | KWOK SIU WA LAU HIN YEUNG CHRIS | 劉顯揚 | 00:25:53 00:25:55 | 00:25:45 00:25:50 | |
| 161 | 141 | 45 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4246 | CHAN CHAK WAI | 動服物 陳澤偉 | 00:25:58 | 00:25:50 | |
| 163 | 144 | 46 | 5KM GO RUN Individual Race - Male aged 16-29 | JII | 4179 | CHAN KIN HEI | 陳建曦 | 00:26:03 | 00:25:48 | |
| 165 | 146 | 47 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4027 | TO NGAI FUNG | 杜毅鋒 | 00:26:18 | 00:26:12 | |
| 171 | 150 | 48 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4156 | CHEUNG HOI HO | 張海豪 | 00:26:27 | 00:25:49 | |
| 172 | 151 | 49 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4212 | LI YU HON | | 00:26:27 | 00:25:54 | |
| 180 | 157 | 50 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4102 | AU KA CHUN ANDY | in the on | 00:26:42 | 00:26:30 | |
| 196 198 | 171 | 51 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 滝浪 | 4036 | KO SZE MING | 高釶銘 林譜生 | 00:27:00 | 00:26:39 | |
| 198 203 | 173 178 | 52 53 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4090 4059 | LAM MOSES WONG YAT HO | 林讃生 王逸豪 | 00:27:01 00:27:06 | 00:26:35 00:26:21 | |
| 212 | 184 | 54 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4192 | BILO MATTHEW | 工化學 | 00:27:06 | 00:26:21 | |
| 213 | 185 | 55 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4043 | LEUNG CHUN HEI | 梁駿熙 | 00:27:24 | 00:27:17 | |
| 214 | 186 | 56 | 5KM GO RUN Individual Race - Male aged 16-29 | Л | 4096 | LAW HIU SHING | | 00:27:25 | 00:27:16 | |
| 217 | 189 | 57 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4220 | SHUM MAN HEI | 沈文熙 | 00:27:28 | 00:26:58 | |
| 225 | 194 | 58 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4114 | CHIU TSZ HONG | 趙梓康 | 00:27:41 | 00:27:26 | |
| 233 | 199 | 59 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4256 | LO CHAK FUNG | 盧澤鋒 | 00:27:49 | 00:27:41 | |
| 237 | 202 | 60 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4132 | LAU CHUN MAN | 劉俊汶 | 00:27:52 | 00:27:48 | |
| 241 244 | 206 | 61 62 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海浪 | 4258 4218 | LAW NOK KI CHENG HUK YIN | 羅諾祺 | 00:27:55 00:27:59 | 00:27:42 00:27:37 | |
| 253 | 209 | 63 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4218 | CHENG HUK YIN CHU LOK HEI | 新 集樂熹 | 00:27:59 | 00:27:37 | |
| 255 | 217 | 64 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4047 | LAU TUNG YIU | 不栄煮 劉東堯 | 00:28:11 | 00:28:03 | |
| 260 | 223 | 65 | 5KM GO RUN Individual Race - Male aged 10-29 | 浪 | 4126 | MONG CHI SHING | 20010/10 | 00:28:21 | 00:28:10 | |
| 265 | 226 | 66 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4222 | LEUNG KIN TO | 梁楗濤 | 00:28:31 | 00:26:34 | |
| 268 | 229 | 67 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4032 | MA KA FAI | 馬家暉 | 00:28:32 | 00:28:13 | |
| 270 | 230 | 68 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4247 | KWOK TSZ WAI | | 00:28:33 | 00:27:57 | |
| 282 | 240 | 69 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4060 | CHAN HO HIN | 陳瀬軒 | 00:28:42 | 00:27:59 | |
| 285 | 242 | 70 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4201 | YONG CHEUK YIN | 楊卓賢 | 00:28:45 | 00:27:59 | |
| 287 | 244 | 71 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4234 | SZE YAU KARSTEN CHAN | 陳思祐 | 00:28:47 | 00:28:20 | |
| 288 | 245 | 72 73 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪川 | 4033 4235 | CHEUNG SHUN HIM WONG YEE NOK | 張信謙 黄以諾 | 00:28:47 | 00:28:26 | |
| | | 13 | Skivi GO KON iliulviuual Race - Male ageu 16-29 | 711 | 4433 | VVOING TEE INUN | 奥以帕 | 00:28:49 | 00.20.40 | |
| 290 298 | 246 253 | 74 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4159 | LAW CHING TSUN | | 00:28:56 | 00:28:36 | |

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| erall sition | position | Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|-----------------|------------|-------------------|--|---------------------------------------|--------------|---|-----------------|----------------------|----------------------|---------|
| 306 | 258 | 76 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4133 | TSOI PUI KI | 蔡培圻 | 00:29:04 | 00:28:42 | |
| 307 | 259 | 77 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4045 | CHEUNG HO TSUNG ANGUS | 張皓淙 | 00:29:06 | 00:29:00 | |
| 311 314 | 262 265 | 78 79 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4028 4001 | CHAN SIN WING SNG YIU LEUNG | 陳倩榮 | 00:29:12 00:29:15 | 00:28:31 | |
| 315 | 266 | 80 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4136 | TAM TSZ KIN | 譚子健 | 00:29:15 | 00:28:17 | |
| 16 | 267 | 81 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4135 | LAM KIN WA | 林健華 | 00:29:15 | 00:28:17 | |
| 19 | 268 | 82 | 5KM GO RUN Individual Race - Male aged 16-29 | 海油 | 4148 | CHAN TSAN KWAN | 陳讚堃 | 00:29:20 | 00:28:36 | |
| 21 24 | 270 272 | 83 84 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪浪 | 4125 4070 | TAM CHING WAI LEE YIK MAN AXEL | 李翊民 | 00:29:22 | 00:29:12 00:29:06 | |
| 25 | 273 | 85 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4035 | LAU TSZ HEI | 劉梓浠 | 00:29:24 | 00:29:03 | |
| 26 | 274 | 86 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4250 | ROH YOUNGSOO | | 00:29:25 | 00:29:15 | |
| 28 | 276 | 87 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4249 | LAM HOK CHUN | 林學駿 | 00:29:26 | 00:29:20 | |
| 33 35 | 278 279 | 88 89 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪 海 | 4239 4105 | TAM TSUN HANG | 譚浚亨 林子健 | 00:29:31 00:29:32 | 00:28:55 | |
| 38 | 282 | 90 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4069 | LIN TSZ KIN CHAI KA YAT | 蔡家逸 | 00:29:34 | 00:29:16 | |
| 15 | 283 | 91 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4098 | YUEN RON | | 00:29:37 | 00:29:17 | |
| 6 | 284 | 92 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4097 | MAK KA WAI | 麥家瑋 | 00:29:37 | 00:29:18 | |
| 3 | 287 | 93 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4050 | YU CHO WAI | 余祖威 | 00:29:44 | 00:29:36 | |
| 7 | 290 291 | 94 95 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | · · · · · · · · · · · · · · · · · · · | 4255 4081 | LAU KA HO TANG CLEMENT KAI WAH | 鄧啟華 | 00:29:50 00:29:50 | 00:29:22 | |
| 1 | 293 | 96 | 5KM GO RUN Individual Race - Male aged 16-29 | ЛÌ | 4013 | LAM WAI YIN | | 00:29:57 | 00:29:30 | |
| 5 | 294 | 97 | 5KM GO RUN Individual Race - Male aged 16-29 | Л | 4204 | LI YAT SING | 李逸昇 | 00:29:59 | 00:29:43 | |
| 6 | 295 | 98 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4064 | LEUNG HO FUNG | 梁浩峰 | 00:30:01 | 00:29:26 | |
| 2 | 301 309 | 99 100 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海海 | 4100 4231 | LAM PING YUK YUEN CHUN KIT | 林炳旭 | 00:30:05 00:30:10 | 00:29:26 00:30:05 | |
| 5 | 320 | 101 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4226 | YU WING KIN | 170 MX DIX | 00:30:23 | 00:30:33 | |
| 2 | 323 | 102 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4252 | LAM KA FUK | 林嘉福 | 00:30:28 | 00:29:52 | |
| 4 | 325 | 103 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4236 | CHIU MAN CHUN | N. 17 | 00:30:29 | 00:29:55 | |
| 5 7 | 326 328 | 104 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪川 | 4153 4242 | SHUM PAK HEI DONNY | 沈柏熹 馮朗知 | 00:30:29 00:30:30 | 00:29:36 00:30:17 | |
| 8 | 328 | 105 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4242 | FUNG LANG ZHI LI KWOK LEUNG | 一 | 00:30:30 | 00:30:17 | |
| 0 | 330 | 107 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4173 | KONG WAI CHUN | 江偉俊 | 00:30:33 | 00:29:56 | |
| 1 | 331 | 108 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4039 | CHU HIM LAM | 朱衍霖 | 00:30:34 | 00:30:12 | |
| 9 | 337 | 109 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4139 | CHENG CHUN YIN GABRIEL | 鄭俊言 | 00:30:39 | 00:30:06 | |
| 9 | 339 343 | 110 111 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪浪 | 4103 4155 | OR HO LAM LI WAI HIN | 李瑋軒 | 00:30:45 00:30:49 | 00:30:08 00:30:12 | |
| 8 | 348 | 112 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4115 | WANG YEE CHU | 3 -++1 | 00:30:59 | 00:30:27 | |
| 0 | 349 | 113 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4076 | TSE SHUN KWONG | 謝順光 | 00:31:00 | 00:30:19 | |
| 6 | 354 | 114 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4066 | TAM SUM YIU | 譚森耀 | 00:31:04 | 00:30:52 | |
| 9 | 355 365 | 115 | 5KM GO RUN Individual Race - Male aged 16-29 | 海滝 | 4026 4031 | NG KWOK LEONG | | 00:31:06 00:31:27 | 00:30:25 00:31:07 | |
| 1 | 366 | 116 117 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4259 | HUANG KING TANG LEE NGO YIN | 李敖然 | 00:31:27 | 00:31:07 | |
| 7 | 369 | 118 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4006 | CHAN TSZ KEUNG | 陳梓強 | 00:31:30 | 00:31:04 | |
| 6 | 372 | 119 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4168 | CHUI SAI NOK | 徐世諾 | 00:31:40 | 00:30:43 | |
| 7 | 373 | 120 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4163 | CHUNG KA WING | 鍾家榮 | 00:31:40 | 00:30:43 | |
| 4 7 | 378 379 | 121 122 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海海 | 4187 4166 | WONG JEMSON JUN PENG WONG CHEUK FUNG | 王鵬翔 黃卓峰 | 00:31:44 00:31:48 | 00:30:41 00:31:39 | |
| 5 | 384 | 123 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4197 | LI CHO FAI | 李祖輝 | 00:31:52 | 00:31:35 | |
| 3 | 391 | 124 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4093 | LAU SUM YIN SUNNY | 劉深弦 | 00:32:00 | 00:31:55 | |
| 8 | 394 | 125 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4068 | YU MUK KIU | 余睦喬 | 00:32:06 | 00:31:15 | |
| 9 | 395 406 | 126 127 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海海 | 4058 4164 | LAI YAN KIN NG SHUM WING | 類仁健 吳岑榮 | 00:32:07 00:32:28 | 00:31:16 00:32:13 | |
| 4 | 408 | 128 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4049 | LEE HO NAM ADDISON | 李浩楠 | 00:32:30 | 00:32:24 | |
| 6 | 409 | 129 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4048 | CHENG TSZ HO | 鄭梓皓 | 00:32:31 | 00:32:23 | |
| 5 | 415 | 130 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4112 | MOK RONG YIN | Rong Yin | 00:32:45 | 00:31:51 | |
| 3 8 | 416 419 | 131 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪海 | 4063 4057 | CHAN CHO HO LAI KAI LAM | 陳祖豪 黎啓霖 | 00:32:52 00:32:57 | 00:32:34 | |
| 5 | 424 | 133 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4211 | NG CHAK MAN | 吳澤民 | 00:32:37 | 00:32:58 | |
| 0 | 426 | 134 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4144 | WONG CHI KIN | 黃智健 | 00:33:15 | 00:32:29 | |
| 6 | 428 | 135 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4245 | LEUNG CHING LUN | 梁靖麟 | 00:33:19 | 00:33:06 | |
| 4 | 432 | 136 | 5KM GO RUN Individual Race - Male aged 16-29 | 711 | 4054 | SO KA DE | 蘇嘉廸 | 00:33:23 | 00:33:00 | |
| 3 0 | 436 444 | 137 138 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海浪 | 4087 4141 | KWOK WING HO YAU CHUN KUEN | 郭穎豪 | 00:33:27 00:33:40 | 00:33:12 00:33:18 | |
| 2 | 448 | 139 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4219 | NG HO FUNG | 伍浩豐 | 00:33:48 | 00:33:25 | |
| 5 | 450 | 140 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4138 | TANG HOI FAI | 鄧凱徽 | 00:33:51 | 00:32:54 | |
| 6 | 451 | 141 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4181 | WU NOK TSING | 胡諾呈 | 00:33:52 | 00:32:55 | |
| 9 | 457 | 142 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪海 | 4123 | CHIU YAT SING | 招日昇 | 00:34:10 | 00:33:14 | |
| 3 9 | 460 464 | 143 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4190 4007 | MAN HO HIM LIN YANG | | 00:34:13 00:34:26 | 00:33:17 00:33:58 | |
| 9 | 481 | 145 | 5KM GO RUN Individual Race - Male aged 16-29 | Л | 4150 | CHIU MAN LOK | | 00:34:57 | 00:34:04 | |
| 7 | 483 | 146 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4232 | CHENG HO YUEN | 鄭皓元 | 00:35:02 | 00:34:56 | |
| 3 | 490 | 147 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4216 | LAM HO YAN | 林昊忻 | 00:35:21 | 00:35:16 | |
| 4 8 | 491 493 | 148 149 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | · · · · · · · · · · · · · · · · · · · | 4108 4104 | HOSANEN MICHAEL LAU KA LOK JOHN | 劉家洛 | 00:35:22 00:35:24 | 00:35:09 00:34:19 | |
| 2 | 505 | 150 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4185 | CHEUNG TING HONG | 張廷匡 | 00:35:50 | 00:34:47 | |
| 4 | 506 | 151 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4206 | JIANG KA PAN | 江嘉濱 | 00:35:51 | 00:34:58 | |
| 0 | 507 | 152 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4180 | CHAU JESSE | (# T ±₩ | 00:35:56 | 00:35:03 | |
| 4 5 | 510 514 | 153 154 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4172 4038 | CHAN TIN NOK WU MAN HIM | 陳天諾 吳文謙 | 00:36:14 00:36:23 | 00:35:30 00:36:02 | |
| 8 | 514 | 155 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4146 | LAW YAT HUNG | 羅日雄 | 00:36:25 | 00:36:02 | |
| 3 | 520 | 156 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4052 | LAU TSZ LUEN | 劉祉聯 | 00:36:39 | 00:35:31 | |
| 5 | 522 | 157 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4053 | CHAN WAI ON | 陳偉安 | 00:36:40 | 00:35:29 | |
| 7 | 536 | 158 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4191 | WONG KIN | 黃健 | 00:37:27 | 00:36:40 | |
| 5 3 | 538 543 | 159 160 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海浪 | 4002 4030 | CHENG MAO SIN LEE WING LEUNG | | 00:37:40 00:37:44 | 00:36:53 00:36:51 | |
| 1 | 547 | 161 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4188 | LI CHEUK ON | 李卓安 | 00:38:23 | 00:37:20 | |
| 0 | 550 | 162 | 5KM GO RUN Individual Race - Male aged 16-29 | Л | 4092 | HOKAPO | 何家寶 | 00:38:31 | 00:38:16 | |
| 5 | 552 | 163 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4193 | KWAN LONG KI | 關朗棋 | 00:38:34 | 00:37:47 | |
| 5 | 557 | 164 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4137 | CHOI HO KEUNG | | 00:39:00 | 00:38:02 | |
| 6 16 | 558 564 | 165 166 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海海 | 4174 4189 | WONG YIN HANG LAI CHIN HONG | 黎展康 | 00:39:02 00:39:24 | 00:38:02 00:38:22 | |
| 27 | 569 | 167 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4080 | WONG CHUN ON | 黄俊安 | 00:39:52 | 00:38:22 | |
| 10 | 572 | 168 | 5KM GO RUN Individual Race - Male aged 16-29 | Л | 4113 | LEE CHI LUNG | | 00:40:02 | 00:39:06 | |
| 11 | 573 | 169 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4134 | LAM WONG HING | 林旺興 | 00:40:02 | 00:39:04 | |
| 70 | 580 | 170 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪川 | 4094 | LAW YUN TAK | 本知光 | 00:40:32 | 00:39:54 | |
| 00 06 | 587 588 | 171 172 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4177 4025 | LEE CHI CHEUNG LUK KING YEUNG | 李智祥 陸景楊 | 00:41:30 00:41:50 | 00:41:14 00:41:18 | |
| | 592 | 173 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4101 | LAU CHUN KIT | 1 may 20 x 1997 | 00:42:04 | 00:41:09 | |
| 13 | | | | | | | 林 | | | |
| 13 17 | 593 | 174 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 浪 | 4067 | LAM KWAN HON | 張偉信 | 00:42:11 | 00:41:58 | |

Date: 1 Dec 2024 (Sun)

| rerall sition | | Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|------------------|------------|----------------------|--|---------------------------------------|--------------|------------------------------------|---------------|----------------------|----------------------|----------------------------|
| 172 | 603 | 176 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4147 | NG YIN TAI | 吳彥泰 | 00:43:52 | 00:43:08 | |
| 191 | 607 | 177 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4024 | LAM CHUN HIN | 林雋軒 | 00:45:09 | 00:44:16 | |
| 249 | 613 | 178 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪浪 | 4046 | MA YUI HEI | 馬鋭熙 | 00:49:00 | 00:48:53 00:48:53 | |
| .250 .292 | 614 623 | 179 180 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4041 4111 | KWONG CHI HIN AU PUI YIN | <u> </u> | 00:49:01 00:55:10 | 00:48:53 | |
| 303 | 624 | 181 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4254 | 何 皓楠 | 何皓楠 | 00:59:48 | 00:59:48 | |
| 316 | 631 | 182 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4289 | TANG GLENN | 鄧梓康 | 01:47:54 | 00:21:01 | Wrong Start |
| 318 | 632 | 183 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4293 | TSO OSCAR | 曹顥鏹 | 01:51:16 | 00:24:18 | Wrong Start |
| .319 | 633 634 | 184 185 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海海 | 4290 4044 | CHAN WING KI AU CHUN NGAI | 陳永祺 歌俊毅 | 01:51:40 01:52:15 | 00:24:49 | Wrong Start Wrong Start |
| 321 | 635 | 186 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4260 | WU TSZ HIN | 胡子軒 | 01:52:15 | 00:25:19 | Wrong Start |
| 322 | 636 | 187 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4282 | WANG KIT SUN | 王杰森 | 01:52:34 | 00:25:43 | Wrong Start |
| 323 | 637 | 188 | 5KM GO RUN Individual Race - Male aged 16-29 | 川 | 4277 | CHAU YU HIN | 周宇軒 | 01:52:41 | 00:25:48 | Wrong Start |
| .324 | 638 639 | 189 190 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪浪 | 4082 4065 | CHAN KA SING CHAN CHIU CHUN HEI | 陳嘉勝 趙俊熙 | 01:53:00 01:53:20 | 00:25:11 00:26:29 | Wrong Start Wrong Start |
| 326 | 640 | 191 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4196 | CHAN PUI LAM | 陳沛林 | 01:53:20 | 00:27:31 | Wrong Start |
| 327 | 641 | 192 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4279 | POON WANG YU | 潘泓宇 | 01:54:45 | 00:27:54 | Wrong Start |
| 329 | 643 | 193 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4263 | MA SZE HANG, ETHAN | 馬思衡 | 01:55:37 | 00:28:41 | Wrong Start |
| 331 333 | 645 647 | 194 195 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海海 | 4230 4017 | CHAU KIN POK WAI PAK HEI ALEX | 周健博 | 01:55:41 01:56:00 | 00:28:12 00:28:34 | Wrong Start Wrong Start |
| 337 | 651 | 196 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4268 | WEN HO KEUNG | 温浩强 | 01:57:50 | 00:30:56 | Wrong Start |
| 338 | 652 | 197 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4273 | CHAN CHIN | 陳前 | 01:58:14 | 00:31:15 | Wrong Start |
| 340 | 653 | 198 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4229 | LAM CHUN KIT | 林晉傑 | 01:58:41 | 00:31:12 | Wrong Start |
| 341 342 | 654 655 | 199 200 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 滝川 | 4284 4276 | LEE TINLOK LIU KONG | 李天樂 劉港 | 01:58:50 01:58:56 | 00:31:56 00:32:04 | Wrong Start Wrong Start |
| 347 | 660 | 201 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4152 | LAM CHEUK FUNG | 林卓楓 | 01:59:51 | 00:32:04 | Wrong Start |
| 354 | 666 | 202 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4143 | KIM YE SUNG | | 02:01:13 | 00:34:02 | Wrong Start |
| 356 | 668 | 203 | 5KM GO RUN Individual Race - Male aged 16-29 | Л | 4203 | LAM YIU TING | 林耀霆 | 02:01:59 | 00:34:44 | Wrong Start |
| 357 | 669 | 204 | 5KM GO RUN Individual Race - Male aged 16-29 | 海海 | 4274 | CHAN CHUN TUNG | 陳俊同 王卓昇 | 02:02:15 02:02:42 | 00:35:08 | Wrong Start |
| 858 863 | 670 675 | 205 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 川 | 4165 4287 | WONG CHEUK SING LI CHUN MING | 工早开 李俊銘 | 02:02:42 | 00:35:12 00:36:55 | Wrong Start Wrong Start |
| 69 | 681 | 207 | 5KM GO RUN Individual Race - Male aged 16-29 | Л | 4198 | LEE SHING HONG | 李丞康 | 02:04:54 | 00:36:53 | Wrong Start |
| 370 | 682 | 208 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4071 | LO KAM HUNG | 羅錦鴻 | 02:04:58 | 00:37:30 | Wrong Start |
| 71 | 683 | 209 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4010 | CHIU KA LUN | 趙家麟 | 02:05:13 | 00:38:03 | Wrong Start |
| 372 378 | 684 690 | 210 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪海 | 4199 4209 | KWONG WAI YIN YIU TSUN HO | | 02:05:32 | 00:37:43 00:38:46 | Wrong Start Wrong Start |
| 379 | 691 | 212 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4170 | LAU FOR NING | 劉科寧 | 02:07:00 | 00:38:51 | Wrong Start |
| 381 | 693 | 213 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4018 | CHENG HO WAI | | 02:08:11 | 00:40:36 | Wrong Start |
| 385 | 697 | 214 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4078 | MOK HO TIN | 莫浩天 | 02:09:03 | 00:41:57 | Wrong Start |
| 388 391 | 700 703 | 215 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 滝 浪 | 4266 4142 | LO YAU SEN MAK KA CHAI OSCAR | 盧宥辰 | 02:10:00 02:10:56 | 00:42:59 00:40:30 | Wrong Start Wrong Start |
| 100 | 712 | 217 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4288 | LAU TIN LOK | 劉天樂 | 02:10:30 | 00:50:15 | Wrong Start |
| 102 | 714 | 218 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4145 | LAU CHEUK HEI | 劉卓熙 | DQ | DQ | DQ |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4012 | LEUNG KA CHUN | 梁嘉俊 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4014 4015 | LAW HAU YIN | 羅孝賢葉坦鑫 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4015 | YIP TAN HING WU YIU TSUN | 胡耀浚 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4019 | YAU KA LONG | 邱嘉朗 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4021 | KWOK CHING FAI | 郭正暉 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4029 | CHUNG CHEUK YIN CARLOS | 公元分 (EX | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | · · · · · · · · · · · · · · · · · · · | 4034 4040 | WENG TSUNYIN CHOI HON LEUNG | 新浚賢 蔡瀚樑 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4055 | FUNG CHUN TIK | 馮俊荻 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4072 | FUNG ASAPH | 馮奧思 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪滝 | 4073 | LI KWUN TING | 李冠霆 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | JII | 4074 4077 | LEUNG HO FUNG ADRIAN LAM KA LOK | 梁可鋒 林家樂 | DNS 01:59:33 | DNS 00:31:51 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4085 | WONG YUN CHAK | 1113111 | 00:39:27 | 00:39:23 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4086 | CHOW CHEUK FUNG | 周卓鋒 | 00:30:47 | 00:30:43 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海油 | 4091 | CHAN CHUNG YIN | 陳頌賢 | 00:38:16 | 00:37:41 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪海 | 4106 4107 | TANG LAP SHUN TSANG CHRISTOPHER | 鄧立信 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4109 | CHAN PAK YU FELIX | 陳柏渝 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4110 | LAM KAYEUNG | 林嘉洋 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4118 | NI MINGYI | 倪銘毅 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海滝 | 4120 4122 | YEUNG KAI YIN YEUNG HO NAM | 楊祭然楊浩楠 | DNS DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4122 | TSE KI CHUN DEREK | 謝其臻 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4128 | CHEN HANG SING | 陳鏗昇 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4129 | WU TSZ YEUNG | 胡子洋 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 浪海 | 4130 4131 | NG TSZ FUNG LEE TSZ KIN | 吳梓峰 李梓健 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4131 | CHAN HAU YIN | 字件班 陳孝然 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4149 | TANG KAM KWAN | 鄧錦坤 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4151 | YUEN KA HUNG | page 4 to the | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4154 | HO MING YIN | 何銘言 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海浪 | 4157 4158 | POON TSZ MING CHAN CHUN WING | 潘梓銘 陳俊榮 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | Л | 4161 | CHIU WANG TAT TAT | 趙弘達 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4169 | IP LAP KAN | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4176 | LUXIANGWAN | 生味本 | 00:36:23 | 00:35:15 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 滝浪 | 4178 4182 | WONG HIU TUNG LEE KWAN HO | | DNS DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4195 | CHAN CHUN KIT | 東俊傑 陳俊傑 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4202 | LEE CHUN HEI | 李俊羲 | 00:33:24 | 00:32:09 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 |) | 4205 | WILLIAMS JAMIE | Det Ada, www | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4207 | CHAN KA WING | 陳鎵榮 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海海 | 4210 4213 | CHAN HIN YUE WAN YU CHIU | 陳衍宇 温宇釗 | DNS DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4213 | YIU KING HEI WALTON | 姚憬羲 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4223 | LAI CHI WA | 黎志華 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4224 | CHAN CHUN YIK | 陳俊易 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4225 | FERNALDY FELIX ALPIN | 唐金龍 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 海 滝 | 4227 4228 | OU JIARONG NGAN CHI HIN | 區嘉榮 | DNS DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4228 | LI ER XING | 李兒杏 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 海 | 4238 | MA LI CHENG | 馬立承 | DNS | DNS | |
| | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4243 | LAU SZEYUEN | 劉思遠 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4244 | WU MING HIN | 吳銘軒 | DNF | DNF | Wrong Start |

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| verall osition | Gender position | position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|-------------------|-------------------|----------|--|---------------------------------------|--------------|-----------------------------------|-----------------------|----------------------|----------------------|----------------------------|
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4261 | LAI SUI FUNG | 黎瑞鋒 | 00:37:53 | 00:37:47 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4262 | LAM SIU CHEUNG | 林兆樟 | 00:31:48 | 00:31:43 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4264 | SO LIK HANG | 蘇力恆 | 00:25:54 | 00:25:54 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 川 | 4265 | LING HO CHING | 凌浩正 | 00:25:47 | 00:25:44 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 滝 川 | 4267 4269 | LEUNG NGO HIN SZE KA WING | 梁傲軒 施嘉榮 | 00:38:56 00:36:16 | 00:38:53 | Wrong Start Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4270 | LEE YU HIN | 李宇軒 | 00:34:43 | 00:34:39 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4271 | FONG SUI FUNG | 方瑞鋒 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4272 | ZHUANG JIA YU | 莊佳煜 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4275 | YANG LIERAN | 楊烈燃 | 00:25:43 | 00:25:41 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 浪 | 4278 | LUO HONG BAO | 羅弘寶 | 00:32:15 | 00:32:14 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4280 | ZHUANG FU YUEN | 莊富源 | 00:33:02 | 00:32:52 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4281 | LAU CHUN SHING | 劉俊誠 | 00:43:10 | 00:43:00 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4283 4285 | LAI CHUN LOK LIN LUNG KIT | 黎俊諾 林龍杰 | 00:24:26 00:31:59 | 00:24:26 00:31:56 | Wrong Start Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4286 | XU LOK HANG | 徐樂恆 | 00:31:02 | 00:35:59 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4291 | LI JIAQI | 李嘉祺 | 00:38:46 | 00:38:43 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 16-29 | 滝 | 4292 | YIP KWOK SHING | 葉國誠 | DNS | DNS | |
| 1 | 1 | 1 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4389 | HO KA HEI | | 00:17:15 | 00:17:15 | |
| 2 | 2 | 2 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4526 | MIU HIN KIU | 苗衍喬 | 00:17:15 | 00:17:15 | |
| 7 | 7 | 3 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4370 | TSE MO PANG | 謝武鵬 | 00:18:04 | 00:18:04 | |
| 9 11 | 9 | 5 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海滝 | 4329 4375 | CHEUNG YIU CHUN WONG CHUNG WAI | 張耀俊 | 00:18:08 00:18:22 | 00:18:08 00:18:22 | |
| 16 | 16 | 6 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4375 | CHEUNG KIN LOK | | 00:18:22 | 00:18:22 | |
| 18 | 18 | 7 | 5KM GO RUN Individual Race - Male aged 30-39 | JII | 4305 | CHAN LAI CHIU | | 00:18:53 | 00:18:53 | |
| 19 | 19 | 8 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4538 | WONG YIP POK | | 00:18:54 | 00:18:54 | |
| 21 | 21 | 9 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4457 | YUEN CAYDEN | 袁逸軒 | 00:18:59 | 00:18:59 | |
| 22 | 22 | 10 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4495 | CHU KA HO | | 00:18:59 | 00:18:59 | |
| 28 | 28 | 11 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4303 | KAM KAI MING | | 00:19:36 | 00:19:35 | |
| 31 | 30 | 12 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4393 | TONG PUI HUNG | | 00:19:44 | 00:19:44 | |
| 33 | 31 | 13 | 5KM GO RUN Individual Race - Male aged 30-39 | · · · · · · · · · · · · · · · · · · · | 4440 | HUNG IVAN HOI FAI | 陳彥樂 | 00:19:53 | 00:19:53 | |
| 35 37 | 33 34 | 14 15 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4471 4490 | CHAN YIN LOK Yim Wing To | 展 服 服 服 源 | 00:19:59 00:20:13 | 00:19:59 00:20:12 | |
| 38 | 35 | 16 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4536 | HO CHI YUEN | ANY NAV (1923 | 00:20:15 | 00:20:12 | |
| 41 | 38 | 17 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4351 | TANG GORDON VIRGIL | | 00:20:30 | 00:20:30 | |
| 46 | 43 | 18 | 5KM GO RUN Individual Race - Male aged 30-39 | ЛI | 4415 | LAW SHUN KIT | 羅遜傑 | 00:20:57 | 00:20:57 | |
| 47 | 44 | 19 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4319 | KWONG CHUN TAI | 鄺俊泰 | 00:20:58 | 00:20:38 | |
| 52 | 49 | 20 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4469 | LAW KAI LOK | 羅繼樂 | 00:21:29 | 00:21:29 | |
| 53 | 50 | 21 | 5KM GO RUN Individual Race - Male aged 30-39 | 川 | 4528 | WONG LAI CHAK | | 00:21:40 | 00:21:39 | |
| 59 | 56 | 22 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪浪 | 4461 4407 | LAM YAU | Yau ≉osaes | 00:22:09 | 00:21:36 | |
| 63 70 | 60 67 | 23 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4382 | LAI KWUN YIN CHEUNG KA WAI | 黎冠賢 張嘉偉 | 00:22:48 | 00:22:44 | |
| 72 | 69 | 25 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4511 | SHUI WAI TO | 褚偉滔 | 00:23:11 | 00:23:01 | |
| 77 | 74 | 26 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4476 | LEE KA KWAN | 161176 | 00:23:17 | 00:23:14 | |
| 78 | 75 | 27 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4353 | HUANG KENG | | 00:23:19 | 00:23:16 | |
| 38 | 85 | 28 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4468 | SHUM CHI CHUNG | 沈志聰 | 00:23:44 | 00:23:22 | |
| 92 | 88 | 29 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4316 | AU KAI HONG | 區啟康 | 00:23:47 | 00:23:36 | |
| 01 | 96 | 30 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4315 | HO WA HEI | *** | 00:24:12 | 00:24:01 | |
| 06 | 101 | 31 | 5KM GO RUN Individual Race - Male aged 30-39 | 川 | 4400 | CHENG KA YIU | 鄭嘉堯 | 00:24:23 | 00:23:35 | |
| 12 19 | 106 112 | 32 33 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪海 | 4354 4520 | PANG YIU FAI FUNG HON LAM | 彭耀輝 馮瀚林 | 00:24:38 00:24:51 | 00:24:31 | |
| 23 | 115 | 34 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4540 | LIJACKY | 李志賢 | 00:24:54 | 00:24:47 | |
| 24 | 116 | 35 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4408 | CHAN HO MAN | 陳浩文 | 00:24:59 | 00:24:29 | |
| 28 | 119 | 36 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4509 | CHAN BLESSON | 陳信生 | 00:25:03 | 00:25:00 | |
| 29 | 120 | 37 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4516 | HO CHUNG HO | 何仲豪 | 00:25:08 | 00:25:05 | |
| 30 | 121 | 38 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4384 | CHONG HANG KEI | | 00:25:10 | 00:24:53 | |
| 31 | 122 | 39 | 5KM GO RUN Individual Race - Male aged 30-39 |)II | 4405 | WONG KA CHUN | 黃家俊 | 00:25:12 | 00:24:58 | |
| 32 | 123 | 40 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4349 | YIP KIN HANG | 田台部 | 00:25:14 | 00:24:32 | |
| 39 42 | 128 129 | 41 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪浪 | 4320 | CHAU CHUN SING | 周鎮聲 文偉成 | 00:25:26 | 00:25:12 | |
| 43 | 130 | 43 | 5KM GO RUN Individual Race - Male aged 30-39 | /R | 4456 4391 | MAN WAI SHING WONG YU FUNG | 大牌风 | 00:25:27 00:25:31 | 00:25:03 00:24:58 | |
| 14 | 131 | 44 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4327 | CHEUNG SHING CHI | 張承志 | 00:25:35 | 00:24:50 | |
| 49 | 135 | 45 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4358 | LAU CHI WAH | 劉智華 | 00:25:39 | 00:24:57 | |
| 66 | 147 | 46 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4364 | NG KIN YAN | 伍健因 | 00:26:21 | 00:25:36 | |
| 67 | 148 | 47 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4533 | LAW KIT MAN | | 00:26:22 | 00:25:13 | |
| 70 | 149 | 48 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4545 | YUNG KWUN SING SAMMUEL | 翁冠昇 | 00:26:25 | 00:25:58 | |
| 74 | 152 | 49 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4330 | LAM SUM HO | 林深豪 | 00:26:30 | 00:26:27 | |
| 75 79 | 153 156 | 50 51 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海滝 | 4361 4313 | WONG WAI FAN HO TSZ HO BRIAN | | 00:26:32 00:26:41 | 00:26:11 | |
| 79 36 | 161 | 52 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4313 | CHEUNG KING KIT | | 00:26:41 | 00:26:31 | |
| 38 | 163 | 53 | 5KM GO RUN Individual Race - Male aged 30-39 | JII | 4527 | KO CHEUK MAN | | 00:26:50 | 00:26:13 | |
| 94 | 169 | 54 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4532 | TONG HO TAI | | 00:26:57 | 00:26:27 | |
| 19 | 174 | 55 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4321 | WONG KWAN MAN | 黃君文 | 00:27:02 | 00:26:27 | |
| 00 | 175 | 56 | 5KM GO RUN Individual Race - Male aged 30-39 | Ш | 4401 | CHAN KA SUN | | 00:27:04 | 00:26:49 | |
|)1 | 176 | 57 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4437 | CHAN HOI TSUEN | 14 mm | 00:27:05 | 00:26:38 | |
|)7 | 181 | 58 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4314 | HO CHUN YIN | 何俊賢 | 00:27:17 | 00:26:57 | |
| LO L5 | 182 | 59 | 5KM GO RUN Individual Race - Male aged 30-39 | · · · · · · · · · · · · · · · · · · · | 4416 4496 | POON CHUN WAI | 潘俊維 | 00:27:20 | 00:27:17 00:27:15 | |
| 23 | 187 192 | 60 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4496 | LUI JACOB CHAN WAI CHOI | 陳位財 | 00:27:25 00:27:38 | 00:27:15 | |
| 27 | 195 | 62 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4463 | YIP PAK YAN | IV ILK | 00:27:42 | 00:27:40 | |
| 29 | 196 | 63 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4454 | TSANG NGA KWOK | 曾雅國 | 00:27:42 | 00:27:43 | |
| 4 | 200 | 64 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4340 | WU SHUN LING | 信 | 00:27:50 | 00:27:20 | |
| 12 | 207 | 65 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4441 | TANG HO TUNG | 鄧浩東 | 00:27:56 | 00:27:48 | |
| 15 | 210 | 66 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4324 | TSANG KWUN FUNG | | 00:28:03 | 00:27:34 | |
| 17 | 212 | 67 | 5KM GO RUN Individual Race - Male aged 30-39 | 川 | 4489 | CHEUNG CHING HO | | 00:28:04 | 00:27:56 | |
| 1 | 215 | 68 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4481 | SHARMA AKSHAY | 20174-4 | 00:28:10 | 00:27:32 | |
| 2 | 216 | 69 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4459 | TSE PUI HO | 謝沛豪 | 00:28:11 | 00:27:46 | |
| 8 | 221 | 70 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4451 | KWAN CHI TAK | 關智德 羅健剛 | 00:28:17 | 00:27:34 | |
| 53 57 | 225 | 71 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4334 4374 | LAW KIN KONG | 羅健剛 盧天培 | 00:28:25 | 00:28:08 00:27:51 | |
| 71 | 228 | 72 73 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4374 | LO TIN PUI SUM PAK LUNG | 沈栢龍 | 00:28:32 00:28:33 | 00:27:51 | |
| 73 | 231 | 73 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4522 | LAW CHUNG MING | 羅仲銘 | 00:28:33 | 00:26:34 | |
| 76 | 235 | 75 | 5KM GO RUN Individual Race - Male aged 30-39 | JII | 4493 | CHEUNG CYRUS | H21 11 24m | 00:28:38 | 00:28:34 | |
| 78 | 236 | 76 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4523 | YEUNG WAI FUNG | | 00:28:40 | 00:28:19 | |
| 80 | 238 | 77 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4338 | LI KA CHI | 李家致 | 00:28:41 | 00:28:28 | |
| | 239 | 78 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4318 | SHUM GALEN | | 00:28:41 | 00:27:53 | |
| 81 | | 79 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4494 | CHENG CHI HIM | 鄭智謙 | 00:28:51 | 00:28:47 | |
| 81 93 | 249 | | | | | | | | | |
| | 249 250 252 | 80 81 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海浪 | 4486 4464 | WONG NICOLAS LAM LEUNG HEI | 王立宏 | 00:28:52 00:28:54 | 00:28:45 00:28:23 | |

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| erall sition | Gender position | Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|-----------------|-------------------|-------------------|--|---------------------------------------|--------------|--------------------------------------|--------------|----------------------|----------------------|---------|
| 322 | 271 | 83 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4512 | LAU KWAN CHARK | 劉君澤 | 00:29:23 | 00:28:56 | |
| 327 | 275 | 84 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4472 | MOK KA PO | 莫家寶 | 00:29:26 | 00:29:11 | |
| 336 | 280 | 85 | 5KM GO RUN Individual Race - Male aged 30-39 |)II | 4431 | WONG CHUN MAN | 黃雋文 | 00:29:32 | 00:29:06 | |
| 55 | 288 289 | 86 87 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海海 | 4311 4484 | CHEONG KA FAI CHAN FUNG HIN | 陳俸軒 | 00:29:46 00:29:47 | 00:29:18 00:28:48 | |
| 60 | 292 | 88 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4500 | LAM HOI SHING | P# I++1 | 00:29:56 | 00:29:24 | |
| 73 | 302 | 89 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4485 | LI HO KAM | 李浩鑑 | 00:30:05 | 00:29:59 | |
| 8 | 306 | 90 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4487 | MOK BERTUS | 莫域軒 | 00:30:09 | 00:29:58 | |
| 34 | 310 | 91 | 5KM GO RUN Individual Race - Male aged 30-39 | JII | 4371 | CHAN CHUNG YIN | 陳忠賢 | 00:30:13 | 00:29:56 | |
| 8 | 311 313 | 92 93 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4335 4419 | CHAU KAI HO MAN HO YIN | 問啟豪 | 00:30:14 00:30:17 | 00:29:44 | |
| 0 | 315 | 94 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4362 | CHAN CHI HO | 陳志豪 | 00:30:19 | 00:30:14 | |
| 2 | 317 | 95 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4479 | CHEUNG TSZ KIN | | 00:30:21 | 00:29:42 | |
| 3 | 318 | 96 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4478 | LAM CHUN TSAN | 林振燦 | 00:30:22 | 00:29:42 | |
| 7 | 321 | 97 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4388 | CHUNG YAK CHUN CHALTON | | 00:30:26 | 00:29:38 | |
| 3 5 | 324 335 | 98 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝浪 | 4517 4385 | HAR TING CHUEN | 夏鼎泉 | 00:30:29 00:30:37 | 00:28:29 | |
| 5 | 340 | 100 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4465 | LEUNG YU HIN CHUNG KAM SHING | | 00:30:37 | 00:30:02 | |
| 6 | 341 | 101 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4422 | LAM LAP FUNG | 林立豐 | 00:30:47 | 00:30:29 | |
| 4 | 345 | 102 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4341 | LIU CHUN LAM | 廖俊霖 | 00:30:55 | 00:30:05 | |
| 5 | 346 | 103 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4467 | LEE KWUN TING | 李冠廷 | 00:30:56 | 00:30:22 | |
| 6 2 | 347 | 104 | 5KM GO RUN Individual Race - Male aged 30-39 | 海滝 | 4339 | LIN KING LUN | 例油勒 | 00:30:56 | 00:30:34 | |
| 3 | 351 352 | 105 106 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4356 4337 | LAU TAK KAN HO SIU FUNG | 劉德勤 何兆豐 | 00:31:02 00:31:02 | 00:30:49 00:30:46 | |
| 4 | 359 | 107 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4429 | BERNANDINO BHERNON | 1370 | 00:31:13 | 00:30:26 | |
| 5 | 360 | 108 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4368 | YIP CHUN WAI | | 00:31:14 | 00:30:22 | |
| 7 | 362 | 109 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4510 | TONG HOI KO | 唐凱高 | 00:31:21 | 00:30:55 | |
| 3 | 367 | 110 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4462 | TSANG WAI YEUNG | ± 10 M | 00:31:28 | 00:30:47 | |
| 4 1 | 368 370 | 111 | 5KM GO RUN Individual Race - Male aged 30-39 | · · · · · · · · · · · · · · · · · · · | 4350 4436 | WONG KING SANG MOK CHUN YU | 黃璟笙 | 00:31:28 00:31:34 | 00:30:43 00:31:07 | |
| 3 | 370 | 113 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4436 | LAM PAK YU | 林柏宇 | 00:31:34 | 00:31:07 | |
| 8 | 374 | 114 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4345 | SZETO KING FAI | 司徒敬揮 | 00:31:40 | 00:31:22 | |
| 2 | 382 | 115 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4473 | NG YAT HEI | 吳溢曦 | 00:31:52 | 00:31:22 | |
| 6 | 385 | 116 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4322 | WONG SZE YU | 王思裕 | 00:31:53 | 00:31:27 | |
| 7 | 386 | 117 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4531 | CHAN WING MAN | 陳永文 | 00:31:54 | 00:31:28 | |
| 9 | 387 388 | 118 119 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝川 | 4380 4394 | LAW CHUN KIT WOO CHIN WAI | 羅駿傑 胡展瑋 | 00:31:55 00:31:58 | 00:31:09 00:31:49 | |
| 4 | 392 | 120 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4594 | HO CHI KIN, JACKY | 何知鍵 | 00:31:58 | 00:31:49 | |
| 4 | 396 | 121 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4396 | HO HO MING | | 00:32:12 | 00:31:24 | |
| 6 | 397 | 122 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4355 | LI TSZ CHUN | 李子俊 | 00:32:12 | 00:31:21 | |
| 9 | 398 | 123 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4530 | LAU TSZ FUNG | 劉子豐 | 00:32:16 | 00:31:36 | |
| 1 | 400 401 | 124 125 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4357 4518 | WONG SIU CHUN | 黃少駿 | 00:32:17 00:32:18 | 00:31:52 00:31:43 | |
| 6 | 401 | 126 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | JII | 4402 | LI KA YIN LUI SIDNE | | 00:32:18 | 00:31:43 | |
| 3 | 407 | 127 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4452 | NG KAI FUNG | 吳啟鋒 | 00:32:30 | 00:31:46 | |
| 8 | 410 | 128 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4450 | TAM YIU WAH | 譚耀華 | 00:32:32 | 00:31:31 | |
| 9 | 413 | 129 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4507 | LEUNG TSUN WAI PETER | 梁峻瑋 | 00:32:42 | 00:31:44 | |
| 6 | 417 | 130 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4492 | LEE KA HING | 李家興 | 00:32:56 | 00:32:29 | |
| 7 | 420 422 | 131 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | · · · · · · · · · · · · · · · · · · · | 4387 4491 | KWOK WING YIN LAU KA HUNG | 郭永賢 劉嘉洪 | 00:33:01 00:33:04 | 00:32:16 00:32:01 | |
| 2 | 423 | 133 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4412 | CHUI CHIN CHUE | 徐展注 | 00:33:07 | 00:33:01 | |
| 7 | 429 | 134 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4418 | CHAN WAI CHAK | | 00:33:20 | 00:33:10 | |
| 0 | 430 | 135 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4386 | CHEUNG TING FAI | 張庭暉 | 00:33:21 | 00:33:09 | |
| 8 | 434 | 136 | 5KM GO RUN Individual Race - Male aged 30-39 | 川 | 4515 | CHAN HIU YIN | 佐伯魯 | 00:33:24 | 00:32:13 | |
| 9 | 435 438 | 137 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海浪 | 4455 4392 | SZE WONG WAI TO KING YUK | 施皇偉 杜景煜 | 00:33:24 00:33:31 | 00:33:19 00:33:01 | |
| 1 | 439 | 139 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4435 | WOO DEREK | 胡德樂 | 00:33:34 | 00:33:22 | |
| 3 | 440 | 140 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4304 | KWOK CHI HANG | 郭志鏗 | 00:33:36 | 00:33:24 | |
| 4 | 441 | 141 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4404 | RIGETS ROBERT EDWARD | | 00:33:36 | 00:33:00 | |
| 7 | 442 | 142 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4439 | HUNG CHUN KAI | Brad洪俊佳 | 00:33:38 | 00:33:18 | |
| 0 7 | 447 452 | 143 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪浪 | 4501 | NG GIO | 吳浩然 彭裕林 | 00:33:46 | 00:33:07 | |
| 3 | 452 | 144 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4499 4363 | PANG YU LAM CHARLES YUI CHUNG FUNG | | 00:33:53 00:34:01 | 00:33:47 00:33:25 | |
| 5 | 456 | 146 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4438 | YUNG TSZ CHOI | Yung | 00:34:02 | 00:33:35 | |
| 6 | 462 | 147 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4466 | SO CHUN LAM | 蘇駿林 | 00:34:25 | 00:33:55 | |
| 8 | 468 | 148 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4376 | TAM YU HIN | 譚汝軒 | 00:34:36 | 00:34:15 | |
| 7 | 472 | 149 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4488 | LEUNG MAN TAT | 梁文達 | 00:34:42 | 00:34:30 | |
| 8 8 | 476 480 | 150 151 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海浪 | 4383 4360 | LAU KA WAI LO DANIEL | | 00:34:50 00:34:56 | 00:34:32 00:34:24 | |
| 8 1 | 480 | 151 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4344 | LUNG CHAPMAN | Chapman | 00:34:56 | 00:34:24 | |
| 5 | 486 | 153 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4372 | CHAN KA WAI | 陳嘉偉 | 00:35:09 | 00:34:36 | |
| 9 | 488 | 154 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4453 | CHU YIU FAI | 朱耀輝 | 00:35:12 | 00:35:10 | |
| 2 | 489 | 155 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4427 | LO YU CHAI | 74- Am === | 00:35:17 | 00:34:35 | |
| 0 2 | 495 497 | 156 157 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | JII JII | 4432 4420 | LIN CHAK LAM VICTOR CHAN WING CHEONG | 連澤霖 陳永昌 | 00:35:26 00:35:33 | 00:35:22 00:34:27 | |
| 7 | 497 | 157 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | ЛI | 4420 | YIP TSZ KIT | 葉子傑 | 00:35:33 | 00:34:27 | |
| 2 | 501 | 159 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4307 | LIU MAN SHING MANSON | 廖萬成 | 00:35:41 | 00:35:21 | |
| 4 | 502 | 160 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4347 | WAN KAI SHING | 尹啟成 | 00:35:42 | 00:35:05 | |
| 7 | 503 | 161 | 5KM GO RUN Individual Race - Male aged 30-39 | Ш | 4525 | POON CHUN MAN | 潘雋文 | 00:35:45 | 00:34:35 | |
| 2 | 513 | 162 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪海 | 4458 | HO HON CHI | 何瀚智 | 00:36:22 | 00:35:58 | |
| 2 4 | 515 516 | 163 164 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 |) | 4369 4403 | SHIU TSZ CHING CHAN KA WAI | | 00:36:30 00:36:31 | 00:35:45 00:36:17 | |
| 9 | 519 | 165 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4519 | CHE WING WAI | 謝穎偉 | 00:36:37 | 00:36:01 | |
|) | 523 | 166 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4539 | LEUNG TERENCE | 梁軼倫 | 00:36:43 | 00:35:39 | |
| 5 | 525 | 167 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4373 | SO KA SHING | 蘇嘉成 | 00:36:51 | 00:36:18 | |
| 4 | 533 | 168 | 5KM GO RUN Individual Race - Male aged 30-39 |) >== | 4379 | TAM SHEK KEUNG | 譚石強 | 00:37:15 | 00:36:06 | |
| 9 o | 537 540 | 169 | 5KM GO RUN Individual Race - Male aged 30-39 | · · · · · · · · · · · · · · · · · · · | 4446 | SHUM CHI CHUNG | 沈志聰 | 00:37:33 | 00:37:01 | |
| 9 | 540 | 170 171 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 川 | 4328 4309 | ALVIS CHAN TSE KIN MAN | | 00:37:43 00:37:43 | 00:37:26 00:37:27 | |
| 2 | 542 | 172 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4309 | LEUNG PING YAN PATRICK | 梁秉仁 | 00:37:43 | 00:37:27 | |
| 8 | 545 | 173 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4423 | TSUI HO KWAN | | 00:37:46 | 00:37:04 | |
| 7 | 554 | 174 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4514 | CHENG YUET KING | 鄭月敬 | 00:38:44 | 00:38:40 | |
| _ | 561 | 175 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4397 | CHUI KIN HUNG | 徐健雄 | 00:39:14 | 00:39:07 | |
| | 563 | 176 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪川 | 4482 | CHUI CONAN HIN CHUN | 崔衍雋 | 00:39:24 | 00:38:22 | |
| 05 06 | | 177 | 5KM GO RUN Individual Race - Male aged 30-39 |)II | 4421 | MAN TAO YAU MATTHEW | 游銘銳 | 00:39:53 00:40:00 | 00:38:48 00:39:28 | |
| 05 28 | 570 571 | 178 | | | | | | | | |
| 05 | 570 571 579 | 178 179 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海海 | 4449 4433 | YUNG CHUN LOK | | 00:40:26 | 00:39:54 | |
| 05 28 36 | 571 | | | | | | | | | |

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| Overall osition | | ategory osition | Category | Club | ВІВ | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|-----------------|------------|--------------------|--|---------------------------------------|--------------|--------------------------------------|--------------|----------------------|----------------------|----------------------------|
| 137 | 596 | 183 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4442 | YIU KAI PANG | 姚啟鵬 | 00:42:34 | 00:42:02 | |
| 162 | 599 | 184 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4508 | TUNG LAM | 董林 | 00:43:19 | 00:42:37 | |
| 180 241 | 606 612 | 185 186 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4534 4312 | WU CHI WING LI KAI PONG | | 00:44:07 00:47:56 | 00:42:07 00:47:16 | |
| 261 | 616 | 187 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4306 | TSOI KWOK TUNG | 蔡國東 | 00:50:02 | 00:50:02 | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪油 | 4301 | CHAN YIN | 陳賢 | 00:45:38 | 00:45:23 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪浪 | 4308 4317 | LEUNG YAT CHUN LAM SIU PONG | 梁溢晉 | DNS 02:00:28 | DNS 00:32:43 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4323 | NG KONGHUNG | 吳港雄 | DNS | DNS | , and the second |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝油 | 4325 | WONG CHUN POK | 定偽立 | 02:07:12 | 00:39:59 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪川 | 4331 4332 | CHEUNG WAI MAN LEE KING HONG | 張偉文 李敬康 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4333 | YU KAM WA | 余錦華 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝油 | 4336 | CHAN KA LEUNG | 陳嘉良 | DNS | DNS | W Chart |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪海 | 4342 4343 | HEUNG WAI HANG SI ALFRED | 香煒恒 | 00:57:15 00:42:08 | 00:56:41 00:41:33 | Wrong Start Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4346 | CHENG CHI SHING | 鄭資城 | DNF | DNF | , and the second |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪滝 | 4348 | LEUNG YAN CHI | 江先健 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4352 4365 | KONG SIN KIN SIU HO HIM | 蕭皓謙 | 02:04:23 | DNS 00:37:16 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4366 | YING KA HO | 邢家豪 | DNS | DNS | , in the second |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4367 4377 | YU WING YEUNG WONG CHI HO | 余穎揚 | DNS 02:04:26 | DNS 00:37:13 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4377 | CHUI HIN WAH | 徐顯華 | DNS | DNS | Wrong start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4390 | TSANG KELVIN | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪川 | 4395 | MAK WING SUN LEE KWOK HEI | 麥詠新 - 本國委 | 02:01:38 | 00:34:21 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4399 4406 | SIN CHING KIT | 李國希 洗正傑 | 01:55:33 01:59:53 | 00:28:04 00:31:50 | Wrong Start Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4409 | NG SIU HIN | 吳嘯軒 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4410 | WONG TSUN TO | 黄浚滔 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | <u>Л</u> І | 4413 4414 | CHUNG PUIHUNG HONG HO KONG | 鍾沛雄 項浩江 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4417 | CHEUNG TAK LUN | | 01:56:48 | 00:29:26 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 海油 | 4424 | CHAN SHING YEE | 陳誠義 | DNS | DNS | Weens |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪浪 | 4425 4426 | CHAN YUSUEN CHAN NGO TING | 陳傲庭 | 02:03:31 DNS | 00:36:04 DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | Л | 4428 | FONG KA LOK | 方嘉樂 | 00:37:48 | 00:36:44 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪海 | 4430 4434 | BERNANDINO MENARD CHING CHOR KO ANDY | | DNS | DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4434 | CHAN CHUN TAT | | 02:06:41 | 00:39:15 00:35:26 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4444 | CHEUNG TAK PO | | 01:57:02 | 00:26:41 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪浪 | 4445 4447 | YUM YING CHUN | | 01:38:37 | 00:08:24 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4448 | CHEUNG KA HO POON TIK HO | | 02:00:56 02:04:47 | 00:30:35 00:34:24 | Wrong Start Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4460 | LAM YIK SING | 林奕昇 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4470 | SO PUI CHUNG | 蘇沛聰 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4475 4477 | LAI PING KEI HO WAI HONG | 黎秉基 何偉康 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4480 | HUNG CHUN HEI ERNIE | 洪駿希 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 |)II | 4483 | LAU CHUN PONG EDEN | 劉振邦 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海海 | 4497 4498 | MAN HO YIU LAN KIN KWOK | 競文皓 株健國 | 00:26:23 | 00:25:44 | Wrong Start Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4502 | TANG BARRY | 鄧啓晧 | DNS | DNS | WTOIIg Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4504 | SIU TSUN KIT | 蕭浚傑 | 01:59:13 | 00:31:23 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪海 | 4505 | YUE KAI HONG LAM HO YIN | 林浩然 | DNS 01:59:29 | DNS | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 海 | 4506 4513 | TANG YAN KIT | 鄧欣杰 | 02:10:07 | 00:31:38 00:41:53 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4524 | CHOI TSUN FAI | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | · · · · · · · · · · · · · · · · · · · | 4537 | LOU-HING TYLER | Tyler | DNS | DNS | Mrong Store |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 30-39 | 滝 | 4541 4542 | CHAN VITO JUN HO WONG HOI MAN | 陳俊豪 王凱民 | 02:12:28 | 00:45:25 00:36:45 | Wrong Start Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 | 浪 | 4543 | WONG PAK HEI | 黃栢熙 | 02:03:54 | 00:36:51 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 30-39 |)II | 4544 | NG WAI HO | 伍偉豪 | 02:10:40 | 00:43:39 | Wrong Start |
| 0 42 | 39 | 1 | 5KM GO RUN Individual Race - Male aged 30-39 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4546 4694 | LIU MAN HO LIU BUN | 廖文豪 | 00:32:01 00:20:30 | 00:31:13 | Wrong Start |
| 43 | 40 | 2 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4577 | NG KENNETH | 吳啟業 | 00:20:36 | 00:20:32 | |
| 49 | 46 | 3 | 5KM GO RUN Individual Race - Male aged 40-49 | Л | 4591 | WONG MARTIN | 黃頌廷 | 00:21:13 | 00:21:00 | |
| 50 51 | 47 48 | 5 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 浪滝 | 4589 4698 | HO SIU FUNG YIP JOHNNY | 何少楓 葉家俊 | 00:21:16 00:21:19 | 00:21:11 00:21:19 | |
| 64 | 61 | 6 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4645 | CHEUNG TAK SUM | 張德森 | 00:21:19 | 00:21:19 | |
| 84 | 81 | 7 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4714 | CHANG SIK FAI | 張錫輝 | 00:23:36 | 00:23:24 | |
| 86 87 | 83 84 | 9 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 浪浪 | 4676 4587 | TSANG YIP KEI LEUNG KA HUNG | 曾業基 梁家雄 | 00:23:40 00:23:43 | 00:23:39 00:23:23 | |
| 99 | 95 | 10 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4635 | LAM CHUNG WAI | 林仲偉 | 00:23:43 | 00:23:23 | |
| 110 | 105 | 11 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4569 | LEUNG SIU HO | 梁肇豪 | 00:24:31 | 00:24:25 | |
| 155 | 138 | 12 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4622 | YUE HIN HANG NG SHING CHI | 余顯恒 | 00:25:46 | 00:25:38 | |
| 176 178 | 154 155 | 13 14 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | · · · · · · · · · · · · · · · · · · · | 4649 4617 | CHAN TAK CHOI | 吳承知 吳承知 | 00:26:33 | 00:26:32 00:26:31 | |
| 189 | 164 | 15 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4652 | LAI KA WAI | | 00:26:53 | 00:26:14 | |
| 190 | 165 | 16 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪海 | 4588 | LEE CHUN HUNG JORDI | 李俊雄 | 00:26:53 | 00:26:47 | |
| 191 195 | 166 170 | 17 18 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | ——海 川 | 4606 4590 | KWOK KAM TAI FUNG KA WING | 第金泰 馮家榮 | 00:26:54 | 00:25:46 00:26:16 | |
| 197 | 172 | 19 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4576 | CHIU KAI HO | | 00:27:00 | 00:26:22 | |
| 205 | 180 | 20 | 5KM GO RUN Individual Race - Male aged 40-49 | Л | 4601 | MA SIU WAI | 馬紹偉 | 00:27:14 | 00:27:07 | |
| 211 | 183 193 | 21 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 海海 | 4671 4615 | TANG KWOK WAI MAN KIN PING | 型國威 文建平 | 00:27:23 | 00:27:10 00:27:33 | |
| 230 | 193 | 23 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4568 | WONG CHI HANG | 王志恒 | 00:27:41 | 00:27:33 | |
| 235 | 201 | 24 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4605 | LEE WING LUN | 李詠麟 | 00:27:51 | 00:27:12 | |
| 238 | 203 | 25 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4636 | LI WING HO | \$/r ±= == | 00:27:52 | 00:27:35 | |
| 240 | 205 | 26 27 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 海海 | 4633 4704 | HUI CHI HO NG JONATHAN | 許志豪 | 00:27:54 00:27:57 | 00:27:12 00:27:41 | |
| 246 | 211 | 28 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4715 | WONG KAM KONG | 王錦江 | 00:28:04 | 00:27:52 | |
| 249 | 213 | 29 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4646 | LO CHI SHUN | + /b /- | 00:28:09 | 00:28:06 | |
| 257 262 | 220 224 | 30 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 浪浪 | 4663 4647 | WONG WAI SHUN LEE SAI HO | 黄偉信 李世豪 | 00:28:16 00:28:24 | 00:28:07 00:27:59 | |
| 272 | 232 | 32 | 5KM GO RUN Individual Race - Male aged 40-49 | JII | 4683 | LAM SZE CHUN SAMSON | 林思進 | 00:28:34 | 00:28:13 | |
| 274 | 234 | 33 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4658 | NG NGOK HANG | 吳岳恒 | 00:28:36 | 00:28:31 | |
| 279 291 | 237 247 | 34 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4625 | FU HO | 符豪 | 00:28:41 | 00:27:41 | |
| | /4/ | 35 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4695 | CHAN CHIU TING | 陳昭廷 | 00:28:49 | 00:28:26 | |

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| osition | position | Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|--------------|------------|-------------------|--|------------|--------------|------------------------------------|---------------|----------------------|----------------------|----------------------------|
| 308 | 260 | 37 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4561 | TANG KWOK WING | | 00:29:07 | 00:28:39 | |
| 309 | 261 | 38 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4604 | PHIEU PHOUMIN | | 00:29:08 | 00:28:42 | |
| 312 | 263 | 39 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4627 | WONG YIU WAH | 黃耀華 | 00:29:14 | 00:29:08 | |
| 313 | 264 | 40 | 5KM GO RUN Individual Race - Male aged 40-49 | 川 | 4643 | LEUNG YUK YAN | - 田士田 | 00:29:15 | 00:28:54 | |
| 332 337 | 277 281 | 41 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 海川 | 4578 4630 | TAM ZHI GANG LIM TSZ MAN | 譚志剛 林子敏 | 00:29:30 00:29:33 | 00:28:56 00:28:50 | |
| 351 | 285 | 43 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4581 | HE FUJUN | 77 J 9X | 00:29:42 | 00:28:30 | |
| 352 | 286 | 44 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4668 | YIP KA WING | 葉家穎 | 00:29:44 | 00:28:51 | |
| 367 | 296 | 45 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4709 | TAM SIU KIT | 譚兆傑 | 00:30:01 | 00:29:40 | |
| 371 | 300 | 46 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4701 | LEUNG YAT MING | 梁日明 | 00:30:05 | 00:29:58 | |
| 374 | 303 | 47 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4629 | LUI YUET SUM | 呂悅琛 | 00:30:07 | 00:29:22 | |
| 379 | 307 | 48 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4603 | YU CHI CHUNG | 余智聰 | 00:30:09 | 00:29:38 | |
| 389 | 314 | 49 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4598 | CHEUNG KA MAN | 蔣嘉民 麥偉林 | 00:30:19 | 00:29:51 | |
| 394 400 | 319 322 | 50 51 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4675 4571 | MAK WAI LAM WONG CHI WAI | 王志偉 | 00:30:22 00:30:28 | 00:29:53 | |
| 406 | 327 | 52 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4655 | LAM YU HIN ALAN | 林宇軒 | 00:30:30 | 00:30:16 | |
| 413 | 333 | 53 | 5KM GO RUN Individual Race - Male aged 40-49 | Л | 4712 | LAM MCMAN | 林棋鋒 | 00:30:34 | 00:30:18 | |
| 414 | 334 | 54 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4678 | YEH KIN MAN KEVIN | 葉堅汶 | 00:30:35 | 00:30:16 | |
| 417 | 336 | 55 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4584 | YIU SHE WING | | 00:30:39 | 00:30:16 | |
| 421 | 338 | 56 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4657 | SHEA WAI MAN | 余惠民 | 00:30:41 | 00:30:36 | |
| 428 430 | 342 344 | 57 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4619 | SHUM LAP PING | 沈立平 | 00:30:49 | 00:30:25 00:30:08 | |
| 445 | 353 | 58 59 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | JII | 4607 4686 | LAM SZE WAI LAI KWAN WAI | 黎君偉 | 00:30:50 00:31:04 | 00:30:08 | |
| 452 | 357 | 60 | 5KM GO RUN Individual Race - Male aged 40-49 | Л | 4684 | LAU KOON SING | 劉冠聲 | 00:31:12 | 00:31:06 | |
| 453 | 358 | 61 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4651 | TANG CHUN WEN JOHN | 25/0- | 00:31:13 | 00:31:08 | |
| 456 | 361 | 62 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4624 | YAU WAI SANG | | 00:31:19 | 00:31:08 | |
| 458 | 363 | 63 | 5KM GO RUN Individual Race - Male aged 40-49 | Л | 4707 | CHAN CHUN KIT | 陳俊傑 | 00:31:21 | 00:31:15 | |
| 459 | 364 | 64 | 5KM GO RUN Individual Race - Male aged 40-49 |) | 4650 | CHUNG DAVID | Chimi, 117 | 00:31:25 | 00:30:56 | |
| 481 | 376 | 65 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4592 | LAU KAN BUN | 劉耿彬 | 00:31:42 | 00:31:37 | |
| 488 500 | 380 389 | 66 67 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 海川 | 4582 4593 | WONG KA FAI LAM KWAN HO REGAL | 黃嘉輝 | 00:31:49 00:31:59 | 00:31:48 00:31:49 | |
| 501 | 390 | 68 | 5KM GO RUN Individual Race - Male aged 40-49 | JII | 4618 | KONG CHO ON JAMES | 江祖安 | 00:31:59 | 00:31:49 | |
| 505 | 393 | 69 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4580 | NG TSZ BUN EDMOND | 吳子斌 | 00:32:02 | 00:31:23 | |
| 520 | 399 | 70 | 5KM GO RUN Individual Race - Male aged 40-49 | Ш | 4620 | CHENG PO HANG | 鄭甫恆 | 00:32:16 | 00:31:52 | |
| 546 | 412 | 71 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4682 | SO CHI LUNG | 蘇智龍 | 00:32:38 | 00:32:21 | |
| 551 | 414 | 72 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4564 | LAM ANDYSON | 振強林 | 00:32:43 | 00:32:20 | |
| 586 | 425 | 73 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4648 | CHEUNG WAI KWAN | 張偉坤 | 00:33:10 | 00:32:45 | |
| 644 650 | 449 454 | 74 75 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 浪浪 | 4612 4689 | WONG YUEN WAI KONG SEK HO | 黄遠威 鄺碩豪 | 00:33:49 00:33:58 | 00:33:12 00:32:58 | |
| 679 | 461 | 76 | 5KM GO RUN Individual Race - Male aged 40-49 | JII | 4680 | KAN KWOK MAN | Bub nactale | 00:33:38 | 00:32:58 | |
| 690 | 465 | 77 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4642 | SZE CHUN KIT | | 00:34:26 | 00:33:54 | |
| 694 | 466 | 78 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4608 | LUK KA KWAN | 陸家坤 | 00:34:30 | 00:33:59 | |
| 710 | 473 | 79 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4594 | KAM YUK FAI | | 00:34:45 | 00:34:38 | |
| 721 | 477 | 80 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4621 | CHUNG KWAI CHEUNG | | 00:34:52 | 00:34:42 | |
| 742 | 485 | 81 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4596 | LIKAHO | 李家豪 | 00:35:05 | 00:34:03 | |
| 759 | 494 | 82 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4626 | LEUNG KA WING | 梁嘉榮 | 00:35:26 | 00:34:52 | |
| 770 781 | 499 504 | 83 84 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 浪川 | 4690 4600 | LAW CHI WAH KEVIN LO FAI | 羅智華 | 00:35:37 00:35:45 | 00:35:17 00:34:51 | |
| 802 | 509 | 85 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4687 | NG WAI KIT | 吳偉傑 | 00:35:43 | 00:34:31 | |
| 810 | 512 | 86 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4697 | LEUNG SHEUNG CHUN | 梁尚進 | 00:36:21 | 00:36:18 | |
| 848 | 526 | 87 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4623 | AU CHUN TUNG | | 00:36:52 | 00:36:43 | |
| 850 | 527 | 88 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4696 | LOK SIU | 蕭俊樂 | 00:36:54 | 00:36:44 | |
| 856 | 528 | 89 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4699 | LEUNG SHEUNG MAN | 梁尚文 | 00:37:01 | 00:36:58 | |
| 858 | 529 | 90 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4708 | TUNG CHIU WO | 童昭和 | 00:37:03 | 00:36:34 | |
| 868 872 | 530 532 | 91 92 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | <u>Л</u> І | 4597 4659 | SUEN MAN YEE KING SHAN LAU | 孫文義 劉瓊山 | 00:37:09 00:37:12 | 00:36:44 00:37:07 | |
| 906 | 539 | 93 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4716 | WAN YU TSUNG | 30 ASC LL4 | 00:37:12 | 00:37:07 | |
| 915 | 544 | 94 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4692 | SIM CHIWAI | 詹志威 | 00:37:44 | 00:37:17 | |
| 952 | 548 | 95 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4573 | TANG YIU MING MIKE | 鄧耀明 | 00:38:23 | 00:38:11 | |
| 955 | 549 | 96 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4574 | LAM HO TAK | | 00:38:26 | 00:37:51 | |
| 968 | 553 | 97 | 5KM GO RUN Individual Race - Male aged 40-49 | Ш | 4677 | WONG CHI CHEUNG | Wong | 00:38:35 | 00:37:53 | |
| 1004 | 562 | 98 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4575 | PANG CHUNG KEUNG | - | 00:39:24 | 00:39:21 | |
| 1044 | 574 | 99 | 5KM GO RUN Individual Race - Male aged 40-49 | Л | 4672 | LEE HSIN CHEN | 李 | 00:40:08 | 00:39:54 | |
| 1060 1061 | 577 578 | 100 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4710 4632 | YAN CHI KIN SIMON TONG WAI HO | 甄致堅 唐偉豪 | 00:40:22 00:40:23 | 00:40:12 00:39:26 | |
| 1108 | 578 | 101 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4656 | LEUNG WING HO LAURENCE | 選 | 00:40:23 | 00:39:26 | |
| 1110 | 590 | 103 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4563 | MAN HON KUEN | 215-21-105 | 00:41:30 | 00:41:41 | |
| 1111 | 591 | 104 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4654 | WAT TZE LUNG | 屈子龍 | 00:42:04 | 00:41:08 | |
| 1171 | 602 | 105 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4644 | CHENG WAI SUEN | 鄭維選 | 00:43:46 | 00:43:01 | |
| 1179 | 605 | 106 | 5KM GO RUN Individual Race - Male aged 40-49 |)II | 4614 | TSUI HO MING HERMAN | | 00:44:05 | 00:43:52 | |
| 1218 | 608 | 107 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4688 | FONG KA MING | 方家銘 | 00:46:18 | 00:45:16 | |
| 1223 1289 | 610 621 | 108 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 浪浪 | 4691 4602 | CHIANG WING YIN LAI YIN NAM | 蔣永賢賴燕南 | 00:46:32 00:54:18 | 00:46:02 00:53:27 | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4562 | WONG JOE | 模無判 | 00:54:18 | 00:53:27 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 川 | 4565 | TSEUNG SAI KIT | 蔣世杰 | DQ | 00:58:55 | Wrong start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4566 | CHENG KA WAI REX | 鄭嘉偉 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4567 | LIN YING WAI | 連英偉 | 00:28:19 | 00:27:57 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4570 | CHAN CHEUK MAN HUDSON | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4572 | LAI KAM HUNG | 賴錦雄 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4579 | LO ANTHONY | 盧冠聰 ※事性 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪滝 | 4583 | LEUNG KA CHUN | 梁嘉振 王鹿为 | DNS | DNS | Mrong Chart |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4585 4586 | WONG HING WAI CHOY KI CHEUNG | 王慶為 蔡祺祥 | 00:43:19 01:59:26 | 00:42:54 00:31:37 | Wrong Start Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4595 | CHOW HO MAN | मर । गरी 🕇 | DQ | DQ | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4599 | TO CHAN WAH | 杜燦華 | DQ | 00:42:20 | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4609 | LEUNG CHUN WAI | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | Л | 4610 | CHAN SIU ON | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | Ш | 4611 | SO DENNIS CHEE FAI | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4613 | LAW KA HO | D-1- A.D. 1-1 | 02:02:51 | 00:35:30 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4616 | CHAN WAI PAN | 陳維斌 | DNS | DNS | Mas C++ |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 海浪 | 4628 4631 | WONG CHEUK HEI MATTHEW SEE HOK WAI | 史學偉 | DQ DNS | 01:06:56 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4634 | YIM SIU KEI | 展兆基 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | JII | 4637 | SUNG CHI MAN | 宋治民 | DQ | DQ | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4638 | CHAN DAVID MAN HIM | | DNS | DNS | . 0, |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4639 | WU KAI YIN | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4640 | CHAN WAI KIT | | DNS | DNS | |
| | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 海海 | 4641 | LAU KIN MING | 劉健明 | DNS | DNS | Wrong Start |
| 0 | 0 | 0 | | | 4653 | KWOK KA HEI | 郭嘉曦 | 02:22:51 | 01:56:27 | |

Date: 1 Dec 2024 (Sun)

| verall sition | Gender (position | Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|------------------|----------------------|-------------------|--|---------------------------------------|--------------|---|--------------|----------------------|----------------------|----------------------------|
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4661 | WONG HON YU | 黄漢如 | 02:18:51 | 00:50:52 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4664 | LI MAN HON | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4665 | NGAN SIU KEUNG | | 01:59:51 | 00:29:36 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4666 | MAK HO YEE | | 01:55:55 | 00:25:40 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4667 | YEUNG PUI FUNG | | DQ | DQ | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4669 | ANWAR PATRICK ADRIAN | | 01:55:39 | 00:28:48 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | ——海 川 | 4670 4673 | BIGCAS JOSHUA MA KONG CHING | 馬光程 | DNS | DNS | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4674 | WONG MAN LUNG | 黄文龍 | DQ | 00:53:13 | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4679 | MAN CHI CHUN | 文子俊 | DNS | DNS | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4681 | LYONS KEITH | | DNS | DNS | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4685 | LIU CHUN MAN PETER | | 02:12:16 | 00:45:25 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 海 | 4693 | CHAN KWUN CHEONG | 陳冠昌 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4700 | CHAK YUN HEI | 翟潤熙 | DNF | DNF | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4702 | LAI KA CHUN | 賴家駿 | 02:16:28 | 00:48:29 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 5KM GO RUN Individual Race - Male aged 40-49 | 浪滝 | 4703 4705 | TSE TIN CHI LAU WAI SHING | 劉偉誠 | 02:04:41 | 00:32:17 00:44:26 | Wrong Start Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 浪 | 4705 | CHAN FUNG KIT | 陳峰杰 | DQ | 01:11:22 | Wiongstart |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4711 | ROBERTS PHILIP JAMES | 1-11-4-7-111 | DNF | DNF | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | Л | 4713 | YUEN HO TAK | | 00:31:17 | 00:30:29 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4717 | IP HO WANG | 葉浩宏 | 01:57:31 | 00:30:37 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 40-49 | 滝 | 4718 | LEE CHUN CHING | 李俊青 | 02:08:50 | 00:40:53 | Wrong Start |
| 4 | 32 | 1 | 5KM GO RUN Individual Race - Male aged 50-59 | ĴΠ. | 4755 | WONG YAT CHEE | | 00:19:59 | 00:19:59 | |
| 6 | 73 | 2 | 5KM GO RUN Individual Race - Male aged 50-59 | 海油 | 4760 | LUI MOSES | | 00:23:16 | 00:23:14 | |
| 5 13 | 91 107 | 4 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 浪海 | 4747 4768 | MAO WING KEUNG WONG PO WAI | | 00:23:53 | 00:23:47 00:23:44 | |
| 14 | 107 | 5 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4749 | WONG YU HANG | 黃汝鏗 | 00:24:39 | 00:23:44 | |
| 18 | 111 | 6 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4765 | AU SUI KEUNG | 區瑞強 | 00:24:48 | 00:24:40 | |
| 52 | 143 | 7 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4739 | WAI PETER | | 00:26:02 | 00:25:42 | |
| 35 | 160 | 8 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4789 | CHEUNG YIU MAN | 張耀文 | 00:26:45 | 00:26:44 | |
| 92 | 167 | 9 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4745 | TSUI KOON KEUNG THOMAS | 崔冠強 | 00:26:55 | 00:26:46 | |
| 16 | 188 | 10 | 5KM GO RUN Individual Race - Male aged 50-59 | 川 | 4735 | LEUNG PING KONG | 梁炳江 | 00:27:26 | 00:27:21 | |
| 18 31 | 190 | 11 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪川 | 4800 4788 | HO KIN YU WONG LI IM BEN | Kin | 00:27:30 | 00:27:21 | |
| 31 39 | 198 204 | 12 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 滝 | 4788 4761 | WONG U IM BEN CHAN YIU MAN BONO | Wong 陳耀文 | 00:27:45 00:27:53 | 00:27:05 00:27:21 | |
| 50 | 214 | 14 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4794 | 邱 俊榮 | [小麻.人 | 00:27:33 | 00:27:21 | |
| 34 | 241 | 15 | 5KM GO RUN Individual Race - Male aged 50-59 | Ш | 4732 | TAM HOK LEUNG ALAN | 譚學良 | 00:28:44 | 00:28:22 | |
| 36 | 243 | 16 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4770 | LAI CHI YUEN | 黎智遠 | 00:28:46 | 00:28:10 | |
| 92 | 248 | 17 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4736 | HO CHUN WING | 何振榮 | 00:28:51 | 00:28:23 | |
|)3 | 256 | 18 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4781 | IP KA WAH | 葉嘉華 | 00:28:58 | 00:28:34 | |
|)4 | 257 | 19 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4748 | CHENG LAWRENCE | 鄭家樂 | 00:29:01 | 00:28:16 | |
| 69 76 | 298 305 | 20 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 浪川 | 4751 4740 | TURNER DAVID C. MAK PUI HING HARRIS | 麥沛興 | 00:30:03 | 00:28:56 00:29:51 | |
| 30 | 308 | 22 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4746 | CHAK CHI KWAN | 交:小小头 | 00:30:10 | 00:29:33 | |
| 36 | 312 | 23 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4733 | MO PUI HONG | 毛沛匡 | 00:30:16 | 00:29:57 | |
| 30 | 375 | 24 | 5KM GO RUN Individual Race - Male aged 50-59 | 滝 | 4753 | PANG CODY | 彭智榮 | 00:31:42 | 00:31:29 | |
| 33 | 377 | 25 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4797 | MAH TIN HONG | 馬天航 | 00:31:44 | 00:30:55 | |
| 57 | 418 | 26 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4744 | CHEUNG HEI LUNG CYKILL | 張喜龍 | 00:32:57 | 00:32:22 | |
| 76 | 421 | 27 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4737 | LUI WAI CHOR | 呂偉初 | 00:33:04 | 00:32:42 | |
|)7 | 433 | 28 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4754 | NG CHIN LUN ALAN | 吳志倫 | 00:33:24 | 00:33:00 | |
| 28 | 443 | 29 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4731 | HOSTANLEY | 何海志 | 00:33:38 | 00:32:20 | |
| 31 95 | 445 467 | 30 31 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4795 4791 | LEE CHUN YIP KENNETH LEUNG MAN CHUNG SIMON | 李振業 梁敏聰 | 00:33:40 00:34:31 | 00:33:03 00:33:37 | |
| 16 | 475 | 32 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4793 | WAN YUEN KONG | 温遠江 | 00:34:49 | 00:34:01 | |
| 23 | 478 | 33 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4775 | HO HON TO | 何侃濤 | 00:34:53 | 00:34:35 | |
| 27 | 479 | 34 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4776 | LAI DIK MAN | 黎狄文 | 00:34:55 | 00:34:08 | |
| 48 | 487 | 35 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4738 | CHOI YIU HANG | | 00:35:11 | 00:34:53 | |
| 51 | 496 | 36 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4785 | KWOK CHI MAN | 郭志文 | 00:35:28 | 00:35:04 | |
|)1 | 508 | 37 | 5KM GO RUN Individual Race - Male aged 50-59 | 滝 | 4796 | CHAN CHI HUNG | 陳志雄 | 00:36:12 | 00:35:17 | |
| 34 | 521 | 38 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4750 | KAN WAI HUNG | 簡偉鴻 | 00:36:39 | 00:35:31 | |
| 12 | 524 | 39 | 5KM GO RUN Individual Race - Male aged 50-59 | 川 | 4783 | CHOW TSZ HON PETER | 鄒梓漢 | 00:36:46 | 00:36:15 | |
| 31 37 | 534 559 | 40 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 浪海 | 4759 4774 | MA CHI YIN FRANCIS CHEUNG KWONG FAI FRANCIS | | 00:37:21 00:39:03 | 00:36:56 00:37:33 | |
| 39 | 560 | 42 | 5KM GO RUN Individual Race - Male aged 50-59 | 滝 | 4774 | CHENG TAT FAI ALEX | | 00:39:03 | 00:37:33 | |
| 22 | 567 | 43 | 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4799 | CHING YAN CHAU | 程潤秋 | 00:39:49 | 00:39:18 | |
| 54 | 576 | 44 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4766 | HUNG HING FUNG | 洪慶鋒 | 00:40:15 | 00:40:15 | |
| 97 | 586 | 45 | 5KM GO RUN Individual Race - Male aged 50-59 | Ш | 4758 | WONG KING KWONG | 敬光 | 00:41:17 | 00:40:50 | |
| 31 | 595 | 46 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4762 | LEONG SIU LONG | 梁兆龍 | 00:42:30 | 00:42:16 | |
| 74 | 604 | 47 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4792 | WOO DICK WAI | 胡狄偉 | 00:43:55 | 00:43:14 | |
| 20 | 609 | 48 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4763 | TO KA FAI | 陶家輝 | 00:46:26 | 00:45:42 | |
| 56 74 | 615 617 | 49 50 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | · · · · · · · · · · · · · · · · · · · | 4769 4757 | HO WAICHUN TIN KWOK CHUNG MARTIN | 一 何偉俊 田國忠 | 00:49:40 | 00:49:36 00:50:10 | |
| 74 90 | 622 | 50 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4757 | LAW WAI KEUNG | 羅偉強 | 00:50:30 | 00:50:10 | |
| 09 | 628 | 52 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4782 | SZE CHI KEUNG | AT HI sen | 01:14:18 | 01:14:18 | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | Л | 4734 | CHEUNG KWEI WING JOE | 張貴榮 | DNS | DNS | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | 滝 | 4742 | FU TZU YUAN | | 02:08:50 | 00:58:11 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | Ш | 4743 | LAU TSZ YIU MICHAEL | 劉子耀 | 02:03:11 | 00:36:02 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | 滝 | 4752 | POON PO MAN | 潘保文 | DNS | DNS | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | Ш | 4756 | CHAN ON TAK ANDRE | 陳安德 | 02:05:33 | 00:46:12 | Wrong Start |
|)) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4764 4771 | LEUNG KA KIU DICK CHIU WAI KEUNG | 趙偉强 | 02:08:36 DNS | 00:40:25 DNS | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 海 | 4771 | YEUNG YAN | KQ 1年7世 | 02:12:11 | 00:44:54 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4772 | CHEUNG TIMMY | | DNS | DNS | A Cong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4777 | LEE KWOK WING TONY | 李國榮 | DNS | DNS | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4778 | YIP HON WAH | | DNS | DNS | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4779 | LEE SHU WUN | | DNS | DNS | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4780 | YUEN CHIU PING | | DNS | DNS | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 |) >== | 4784 | AU CHEUK YUE STEPHEN | | DNS | DNS | |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4786 | FOK KA MING JACK | SX 7 41. | 02:09:15 | 00:38:27 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | 滝 | 4787 | KU TZE CHAU | 顧子秋 | 02:14:46 | 00:46:46 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 浪川 | 4790 4798 | NG KWOK LEUNG | | DNS 02:06:40 | DNS 00:39:00 | Mrone Ctert |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 浪 | 4798 | NG PO YUET CHENG CHI MAN | 鄭志文 | 02:06:40 | 00:39:00 | Wrong Start Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 | 滝 | 4802 | TSE TO HUNG | 謝道鴻 | 01:59:55 | 00:34:53 | Wrong Start |
|) | 0 | 0 | 5KM GO RUN Individual Race - Male aged 50-59 5KM GO RUN Individual Race - Male aged 50-59 | 滝 | 4803 | LEE CHI SHING | 李志誠 | 01:39:33 | 00:32:52 | Wrong Start |
| 9 | 36 | 1 | 5KM GO RUN Individual Race - Male aged 60 or above | JII | 4812 | NG DAVID | 3 /UNHW | 00:20:18 | 00:20:18 | ong otal t |
| | 53 | 2 | 5KM GO RUN Individual Race - Male aged 60 or above | JII | 4834 | LAW TO SANG | 羅杜生 | 00:22:02 | 00:22:01 | |
| | | | | | | | | | | |
| 6 | 58 | 3 | 5KM GO RUN Individual Race - Male aged 60 or above | 浪 | 4814 | WONG TAI CHUN MARK | | 00:22:33 | 00:22:33 | |

Date: 1 Dec 2024 (Sun)

| Overall position | Gender position | Category position | Category | Club | BIB | Engish Name | Chinese Name | Official Time | Chip Time | Remarks |
|------------------|-----------------|-------------------|--|------|------|-----------------------|--------------|---------------|-----------|-------------|
| 122 | 114 | 6 | 5KM GO RUN Individual Race - Male aged 60 or above | Л | 4817 | LUI WAI KONG | | 00:24:54 | 00:24:54 | |
| 152 | 137 | 7 | 5KM GO RUN Individual Race - Male aged 60 or above | Л | 4822 | WONG SIU KEUNG | 王少強 | 00:25:41 | 00:25:40 | |
| 183 | 158 | 8 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4831 | CHIU PUI WAH | 趙沛華 | 00:26:45 | 00:26:42 | |
| 204 | 179 | 9 | 5KM GO RUN Individual Race - Male aged 60 or above | Л | 4823 | WONG LUNG PO ALEX | 黃龍波 | 00:27:11 | 00:27:10 | |
| 412 | 332 | 10 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4825 | HO WAI PING | 何偉 | 00:30:34 | 00:29:59 | |
| 451 | 356 | 11 | 5KM GO RUN Individual Race - Male aged 60 or above | Ш | 4844 | CHAN KOON FAI | 陳冠輝 | 00:31:10 | 00:31:01 | |
| 491 | 381 | 12 | 5KM GO RUN Individual Race - Male aged 60 or above | 浪 | 4836 | MAK WAH KAM | | 00:31:51 | 00:31:40 | |
| 601 | 431 | 13 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4833 | 方 志明 | | 00:33:21 | 00:33:02 | |
| 617 | 437 | 14 | 5KM GO RUN Individual Race - Male aged 60 or above | Ш | 4818 | CHEUNG WAI LEUNG | 張偉良 | 00:33:30 | 00:33:00 | |
| 670 | 458 | 15 | 5KM GO RUN Individual Race - Male aged 60 or above | Ш | 4819 | CHAN SUNG FAN | 陳崇帆 | 00:34:10 | 00:33:41 | |
| 741 | 484 | 16 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4838 | MAK KAM YUEN | 麥錦原 | 00:35:05 | 00:34:30 | |
| 884 | 535 | 17 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4840 | CHEUNG CHARLIE | | 00:37:25 | 00:36:46 | |
| 950 | 546 | 18 | 5KM GO RUN Individual Race - Male aged 60 or above | 浪 | 4837 | CHEUNG WAI LEUNG | 張偉良 | 00:38:22 | 00:38:08 | |
| 1018 | 566 | 19 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4827 | LO CHENG SAM | cheng sam | 00:39:44 | 00:39:30 | |
| 1025 | 568 | 20 | 5KM GO RUN Individual Race - Male aged 60 or above | Л | 4839 | CHEUNG PO SHU | 張寶樹 | 00:39:52 | 00:38:53 | |
| 1085 | 582 | 21 | 5KM GO RUN Individual Race - Male aged 60 or above | 滝 | 4816 | GRAHAM ALAN | | 00:40:52 | 00:40:52 | |
| 1087 | 583 | 22 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4832 | LAW PETER | | 00:40:55 | 00:40:24 | |
| 1285 | 618 | 23 | 5KM GO RUN Individual Race - Male aged 60 or above | 浪 | 4829 | NG YAT WAI | 吳日偉 | 00:53:09 | 00:53:09 | |
| 1304 | 625 | 24 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4824 | LEE HOW CHUNG | 李孝聰 | 01:00:34 | 00:59:46 | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | Ш | 4811 | KAN SUNG KEE | 簡崇基 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | Л | 4813 | LEE YAU KONG, MICHAEL | 李祐江 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | Л | 4815 | SO PUI SANG | | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4821 | CHOW WAI CHEONG | 周偉昌 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | Л | 4826 | SHEK WAI HUNG, TONY | 石偉雄 | 02:00:17 | 00:33:09 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4830 | WONG KWOK CHUN | 黃國忠 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | Л | 4835 | JIN WAI SHING | 詹偉成 | 02:12:16 | 00:44:18 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4841 | MAN RICKY YING KEUNG | | 02:17:05 | 00:49:40 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | Л | 4842 | WU CHAU SING | 胡就誠 | DNS | DNS | |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | 海 | 4843 | NG KAM CHEONG MICHAEL | 吳錦昌 | 02:09:45 | 00:41:42 | Wrong Start |
| 0 | 0 | 0 | 5KM GO RUN Individual Race - Male aged 60 or above | 滝 | 4845 | LIU YIK KEUNG | 廖奕強 | 00:32:00 | 00:31:10 | Wrong Start |